Hand Washing & Restrooms Coronavirus/COVID-19



- Maxton Brown Park
 500 Laguna Drive
- 2. Magee Park 258 Beach Ave.
- Roosevelt Parking Lot*
 Between Carlsbad Village Drive and Grand Ave.
- 4. State Street Parking Lot* South of Carlsbad Village Drive
- Cole Library Parking Lot* 1250 Carlsbad Village Drive
- **6. City Hall** 1200 Carlsbad Village Drive

- 7. Ocean Street
- Pine Avenue Park755 Chestnut Ave.
- 9. Holiday Park 1055 Chestnut Ave.
- Carlsbad Blvd Seawall* Carlsbad Blvd between Tamarack and Cannon
- 11. Harding Street Bus Stop* South of Carlsbad Village Drive
- **12. Washington Street Parking Lot**South of Carlsbad Village Drive

*Hand washing + restrooms

How to Fight COVID-19

Know the symptoms

- Symptoms may appear 2-14 days after exposure
- Trouble breathing*
- Persistent pain or pressure in chest*
- New confusion or inability to arouse*
- Bluish lips or face*
- Fever
- Coughing
- Shortness of breath
- Headache
- Sore throat
- Muscle pain
- Chills
- New loss of taste or smell *Emergency warning signs - get medical attention immediately

How to prevent

- Wash your hands often. Use soap and water for at least 20 seconds. See back side for hand washing locations
- · Educate other people who may not know about the virus yet
- Avoid touching or being around people who are sick
- Wear a cloth face covering when around others or in public spaces
- Do not share food and drinks with friends
- Avoid touching your eyes, nose and mouth
- Cough or sneeze into your shirt sleeve or inside of your elbow
- Throw away any used tissues or napkins
- Have your prescription medications on hand

What if I feel sick?

- Call your doctor
- Dial 2-1-1 and talk to the Nurse Triage Line (available 7 days/week from 8 a.m. - 8 p.m.)
- · After hours? Leave a message and a nurse will call you back the next business day
- Reach out to the Homeless Outreach Team at 760-931-2249 and get screened by a public health nurse in person City of Carlsbad

Contact the Homeless Response Team at 760-931-2249 for emergency shelter resources and support.

