



SENIOR COMMISSION

Agenda

June 6, 2024, 3 p.m.

Council Chamber
1200 Carlsbad Village Drive
Carlsbad, CA 92008

Welcome to the Senior Commission Meeting

We welcome your interest and involvement in the city's legislative process. This agenda includes information about topics coming before the Parks & Recreation Commission and the action recommended by city staff. You can read about each topic in the staff reports, which are available on the city website.

How to watch

In Person



City Council Chamber
1200 Carlsbad Village Drive

Online



Watch the livestream at
carlsbadca.gov/watch

How to participate

If you would like to provide comments to the Commission, please:

- Fill out a speaker request form, located in the foyer.
 - Submit the form to the Clerk before the item begins.
 - When it's your turn, the Clerk will call your name and invite you to the podium.
 - For non-agenda public comment, speakers must confine their remarks to matters within the Commission's subject matter jurisdiction.
 - For public comment on agenda items, speakers must confine their remarks to the question or matter under consideration.
 - Speakers have three minutes, unless the presiding officer (usually the Chair) changes that time.
 - You may not give your time to another person, but can create a group. A group must select a single speaker as long as three other members of your group are present. All forms must be submitted to the Clerk before the item begins and will only be accepted for items listed on the agenda (not for general public comment at the beginning of the meeting). Group representatives have 10 minutes unless that time is changed by the presiding officer or the Commission.
 - Failure to comply with the rules for public participation is disruptive conduct. Continuing disruptive conduct after being asked by the presiding official to cease may result in removal from the meeting.
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- **In writing:** Email comments to parksandrec@carlsbadca.gov. Comments received by 11 a.m. the day of the meeting will be shared with the Commission prior to the meeting. When e-mailing comments, please identify in the subject line the agenda item to which your comments relate. All comments received will be included as part of the official record. **Written comments will not be read out loud.**

Reasonable accommodations

Reasonable Accommodations Persons with a disability may request an agenda packet in appropriate alternative formats as required by the Americans with Disabilities Act of 1990. Reasonable accommodations and auxiliary aids will be provided to effectively allow participation in the meeting. Please contact the City Manager's Office at 442-339-2821 (voice), 711 (free relay service for TTY users), 760-720-9461 (fax) or manager@carlsbadca.gov by noon on the Wednesday before the meeting to make arrangements. City staff will respond to requests by noon on Thursday, the day of the meeting, and will seek to resolve requests before the start of the meeting in order to maximize accessibility.

CALL TO ORDER:

ROLL CALL:

PLEDGE OF ALLEGIANCE:

APPROVAL OF MINUTES:

Minutes of the Regular Meeting held on May 2, 2024

PRESENTATIONS: None.

CONSENT CALENDAR: None.

The items listed under Consent Calendar are considered routine and will be enacted by one motion as listed below. There will be no separate discussion on these items prior to the time the Commission votes on the motion unless members of the Commission or the public request specific items be discussed and/or removed from the Consent Calendar for separate action.

PUBLIC COMMENT:

The Brown Act allows any member of the public to comment on items not on the agenda. Please treat others with courtesy, civility, and respect. In conformance with the Brown Act, public comment is provided so members of the public may participate in the meeting by submitting comments as provided on the front page of this agenda. The Senior Commission will receive comments at the beginning of the meeting. In conformance with the Brown Act, no action can occur on these items.

PUBLIC HEARINGS: None.

DEPARTMENTAL REPORTS:

1. **DEPARTMENT REPORT ON SENIOR ACTIVITIES AND PROGRAMS** – Receive a report on recently completed and upcoming Adults 50+ activities, donations, and grants, as well as other topics of interest. (Staff contact: Eric Biggin, Parks & Recreation Department)

Recommendation: Receive the report.

COMMISSION COMMENTARY AND REQUESTS FOR CONSIDERATION OF MATTERS:

This portion of the agenda is for the Commission to make brief announcements, brief reports of their activities and requests for future agenda items.

DIRECTOR'S COMMENTS:

ANNOUNCEMENTS:

ADJOURNMENT:



Minutes

May 2, 2024, 3:00 p.m.

Council Chamber
1200 Carlsbad Village Drive
Carlsbad, CA 92008

CALL TO ORDER: 3 p.m.

ROLL CALL: Rangus, Venegas-Garcia, Schouwe, Ross, Fitz-Patrick.

PLEDGE OF ALLEGIANCE: Commissioner Fitz-Patrick led the Pledge of Allegiance.

APPROVAL OF MINUTES:

Minutes of the Regular Meeting held April 4, 2024

Motion by Commissioner Ross, second by Vice Chair Venegas-Garcia, to approve the minutes of the Regular Meeting held on April 4, 2024. Motion carried, 5/0.

PRESENTATIONS: None.

CONSENT CALENDAR: None.

PUBLIC COMMENT: None.

PUBLIC HEARINGS: None.

DEPARTMENTAL REPORTS:

1. **PARKS & RECREATION COMMISSION TOUR** – Receive a staff led tour of the four designated Parks & Recreation Department sites: Alga Norte Community Park and Aquatic Center, Veterans Memorial Park, Calavera Hills Community Park and Buena Vista Reservoir Park (Staff Contact: Eric Biggin, Parks & Recreation Department)

Recommendation: Receive the tour.

Chair Rangus adjourned the meeting from the dais to the tour bus.

Parks & Recreation staff led the tour of Alga Norte Community Park and Aquatic Center, future Veteran’s Memorial Park Site, Calavera Hills Community Park and Buena Vista Reservoir Park.

COMMISSION COMMENTARY AND REQUESTS FOR CONSIDERATION OF MATTERS:

DIRECTOR’S COMMENTS: Parks & Recreation Director Kyle Lancaster thanked the commissioners for attending the tour and looks forward to the next regularly scheduled meeting.

ANNOUNCEMENTS: None

ADJOURNMENT: Chair Rangus adjourned the meeting at 5:49 p.m. from the tour bus.

Jamie Kennedy
Senior Office Specialist



SENIOR COMMISSION
Staff Report

Meeting Date: June 6, 2024
To: Senior Commission
From: Mick Calarco, Recreation Services Manager
Staff Contact: Eric Biggin, Recreation Area Manager
eric.biggin@carlsbadca.gov, 442-339-2648
Subject: Department Report on Senior Activities and Programs

Recommended Action

Receive a report on recently completed and upcoming Adults 50+ activities, donations and grants, as well as other topics of interest.

Executive Summary

Recreation Area Manager Eric Biggin and Recreation Supervisor Andi Koller will report on recently completed and upcoming senior activities, donations and grants, as well as other topics of interest.

Exhibits

1. Department Report on Senior Activities and Programs

**ADULTS 50+ ACTIVITIES AND PROGRAMS
DEPARTMENT REPORT**

June 6, 2024

GENERAL

Goal 1 & 2: Collaborations beyond the Senior Center & support the Age-Friendly Carlsbad Action Plan

- On April 2, 2024, Jami Shapiro, a senior moving specialist, gave a presentation describing how to sell unwanted items online.
- On April 4, 2024, seniors went on an excursion to Camp Pendleton to visit the Santa Margarita Ranch House and the Mechanized Museum.
- On April 15, 2024, volunteer instructor Leigh Cohn held a hybrid lecture celebrating the 150th anniversary of Impressionism, which included an in-house decorated birthday cake.
- On April 17 and 24, 2024, Mike McMahan, a volunteer technology instructor with 14 years of experience, led a step-by-step guide on how to use navigation applications on cellphones for over 60 seniors.
- On April 23, 2024, volunteer instructor Leigh Cohn kicked off another 6-week painting session. The class was so popular that a second session was added on Wednesdays to accommodate the lengthy waitlist.
- On April 25, 2024, seniors were educated on ways to reduce chronic stress in a presentation by Sherri Singleton, a senior care advisor.
- On May 2, 2024, seniors went on an excursion to the Carlsbad Flower Fields and enjoyed lunch at the Windmill Food Hall afterwards.
- On May 11, 2024, Senior Center instructors, including ceramics, needlecraft, and watercolor, advertised their classes and sold their artwork at the annual Hot Rods & Cool Treats event in Pine Avenue Community Park.
- On May 20, 2024, Hearing Life conducted free screenings for hearing loss and provided a lecture on using smartphones with hearing aid devices.

Goal 3 & 4: Increase social inclusion and enhance connectivity and minimize isolation

- On April 8, 2024, Adrienne Nims serenaded the crowd with flute and saxophone music at the Concert in the Courtyard.
- On April 18, 2024, the Senior Center continued its Broadway Series with a showing of *Love Never Dies*, the *Phantom of the Opera* sequel.
- On April 19 and May 10, 2024, congregate lunch guests celebrated monthly birthdays and anniversaries with ice cream sandwiches.
- On April 22, 2024, seniors learned the art of creating their own charcuterie boards in Creative Cuisine . In this monthly workshop, Senior Recreation Leader Tawny Slawson guides participants step-by-step through requested recipes!
- On May 13, 2024, seniors enjoyed blues and classic rock by Ken Sprinkle at the Concert in the Courtyard.
- May 15 and 16, 2024, the volunteer group Seaside Singers performed their Spring Concert, featuring hit tunes from the 1930's to the 1970's.

- On May 22, 2024, Aqua Hedionda Lagoon Foundation Discovery Center staff visited the Senior Center, providing an up-close encounter with a falcon and an owl and educating seniors about local wildlife.
- On May 23, 2024, the Senior Center continued its Broadway Series with a showing of *Cats*, accompanied with snacks and iced tea.

OTHER UPDATES

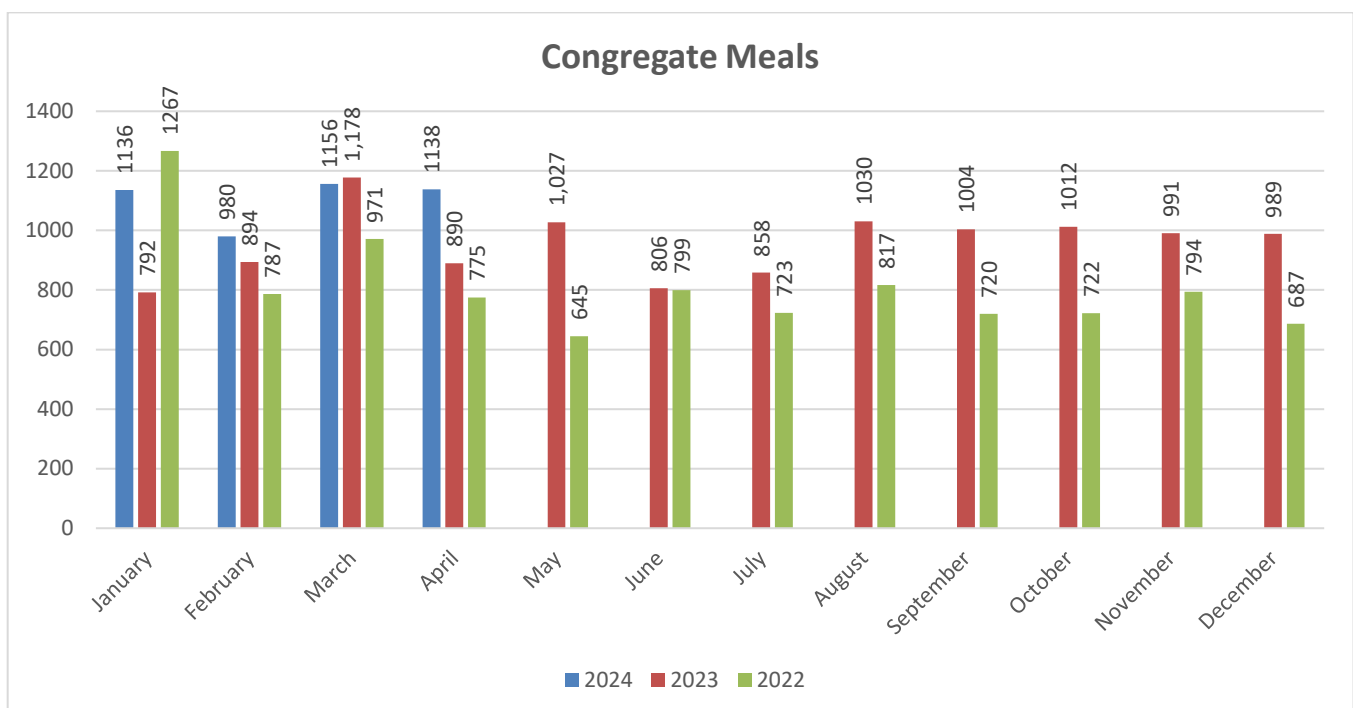
Upcoming Programs

- On June 7, 2024, Yin Yoga for Aging Gracefully, a senior focused intergenerational class, will kick off at Calavera Hills Community Park to expand senior programming.
- On June 13, 2024, the Senior Excursion will visit the Front Porch Gallery in downtown Carlsbad.
- On June 19, 2024, AAA is providing a Keeping the Keys workshop to help seniors stay safely on the road longer.

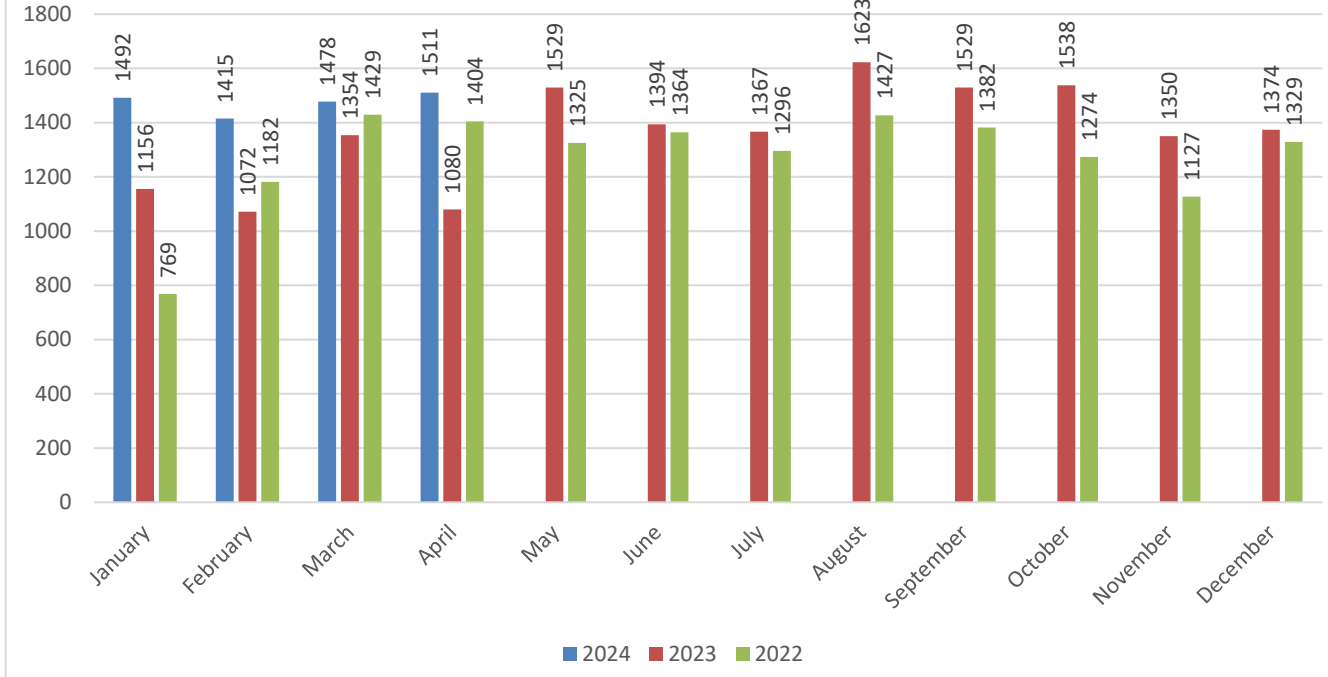
Special Revenue Fund

- **Senior Center Special Revenue Fund budget/donations review**
 - Current balance for fund - \$317,087
 - March 15, 2024 – May 15, 2024
 - DONATIONS: \$2,435.00 - consists of Herbert Shad Living Trust donation for \$2,000.00 and general donations.
 - MISC REVENUE: \$6,117.00 - consists of Fitness Center drop-in fees, monthly memberships, quarterly memberships, and annual memberships.
 - Expenditures: \$1,074.33 - consists of miscellaneous outside services and programming supplies.

STATISTICAL REPORTS



Home Meals



Transportation

