

Happy Trails Newsletter



Stay up to date on trail news

Welcome to our first edition of Happy Trails, a new e-newsletter for those interested in connecting more with nature and enjoying Carlsbad's healthy outdoor lifestyle.

Each issue will feature trail recommendations, along with safety tips, background on local wildlife and other timely news. Plus, we'll keep you updated on our trail volunteer program, offering you a chance to give back to the trails you love.

We are sending this to you because you have shown interest in these topics in the past. If you would rather not receive this newsletter, use the unsubscribe button at the bottom of this page, and we will take you off the list.

Otherwise, we look forward to your feedback as we explore Carlsbad's 67 miles of trails together.



Trail of the week

We recently started sharing a series called trail of the week where we highlight different trails around Carlsbad. If you want to explore new trails to try in Carlsbad, you can check out our series [here](#).

Want to get out after the rain? Trails may be muddy, but we recently highlighted an easy, paved stroll so you can get your steps in without the mess.

[Coastal Rail Trail](#)

Surface: Paved, wheelchair accessible; flat

Length: 0.7

Difficulty: Easy

- It's officially part of the regional [Coastal Rail Trail](#), a planned continuous bike route that will run approximately 42 miles between Oceanside and Santa Fe Depot in Downtown San Diego.
- The Coastal Rail Trail was initially planned in the mid-1990s and is being constructed in segments by SANDAG and the various cities it travels through.
- This trail can be used as a short cut between Tamarack and the Village, away from noisy cars, stop signs and traffic signals, although you will see an occasional train pass by.
- The path is totally flat, wide and paved, making it a great place to take the kids.
- Don't worry, there is a tall fence between the trail and the railroad tracks.
- Street parking is available along Tamarack, Chestnut and Oak, which is

where trail heads are located.



Trail volunteer events

Trail volunteering is a great way to have fun, keep fit and learn about our natural environment, all while making a lasting contribution that benefits the community for generations. If you are interested in becoming a trail volunteer in the future, please call email Sarah Czech at sarah.czech@carlsbadca.gov or check the city's website for [volunteer event dates](#). Please remember to wear gloves, closed-toe shoes and sunscreen. Water will be provided.

Upcoming Events:

Saturday, Feb. 24, the Kelly trail

Wednesday, March 20, Village H North

Saturday, May 11, Hosp Grove



GoHike

Love our Carlsbad trails? Our trail app, [GoHike](#) will put you on the right path! Bookmark our trails page and have instant access to everything you want to know about Carlsbad's trails in real time, such as:

- Points of interest for each trail
- Trail length
- Surface type of trail
- Degree of difficulty
- Trail connectivity
- Parking locations

[Learn more](#)



Safety on the trail

- Do not wear headphones while exercising. Being able to hear will allow you to sense someone that you may not be able to see.
- Wear reflective material and carry a whistle or noisemaker.
- Don't leave valuable items in plain view inside of your car. Leave them at home or lock them in your trunk prior to arriving at your destination.
- Trust your instincts. Don't walk where you feel uncomfortable.
- Park in well-lit, heavily traveled areas if possible.
- When you approach your car, have your key ready and check the floor and the back seats before you get in.
- Remember that pedestrians have the right-of-way. All trail users should stay to the right on the trail. Pets must be kept on a leash, and owners must clean up after their pets.

[More information](#)

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