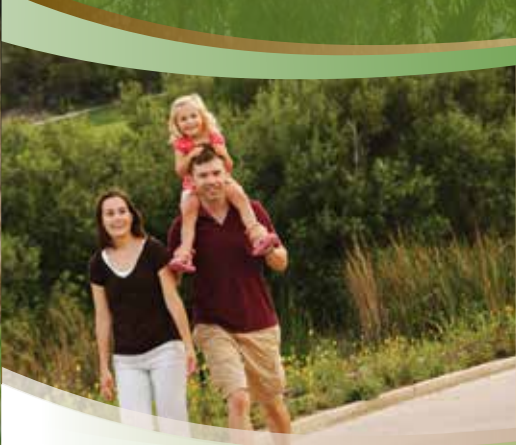


Happy Trails

SUMMER 2016

City of
Carlsbad



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Quarterly Trail Volunteer Meetings

Want to find out about the City of Carlsbad's trails, how to volunteer for trail cleanups and new trail construction? Trail volunteer meetings are held quarterly on Thursday evenings at 5 p.m. at the Carlsbad Senior Center, 799 Pine Ave.

- Thursday, **June 16**
- Thursday, **Sept. 15**

Upcoming Volunteer Opportunities

Trail volunteers are critical in maintaining and preserving our trails. Volunteering is also a great way to have fun, keep fit and learn about our natural environment, all while making a lasting contribution that benefits the community for generations.

Mark your calendar for upcoming volunteer opportunities (usually starting at 8:30 a.m.), and please remember to wear gloves, closed-toe shoes and sunscreen. Water and snacks will be provided.

- June 4 National Trails Day Group Hike at Veterans Park/The Crossings
- July/August No events
- Sept. 24 Hidden Canyon

To learn how to become a trail volunteer, please call the city volunteer hotline at 760-434-2929 or visit www.carlsbadca.gov/volunteers.

Check the city's website to confirm volunteer event dates and times at www.carlsbadca.gov/trails.



Lake Calavera

Preserve Improvements

Changes are coming to the preserve this fall to enhance safety and improve the visitor experience. One very visible change will be the removal of a palm grove in the northeast of the preserve near Lake Boulevard. The palms are an invasive species that must be removed to maintain the health of the preserve's ecosystem. They will be replaced with native plants. Work is expected to take about two months, followed by a 120-day re-establishment period for the newly planted native species.

An additional improvement for the preserve trail system and part of the Lake Calavera Trails Master Plan, includes the installation of a single unisex restroom. The one unit stall will be constructed uphill from the dam, on the south side of the lake. Work is anticipated to take approximately two months.

These projects are scheduled to begin after the gnatcatcher nesting season in early September, and may require intermittent, temporary trail closures in the vicinity of the new restroom to allow workers and equipment to access work areas.



Rattlesnakes

Are Out and About

Southern California provides an ideal climate for rattlesnakes, and the warm weather this winter means that these venomous creatures are emerging earlier than normal.

While hiking on city trails, please remember the following:

- Keep your dog on a leash.
- Wear sturdy, closed-toed shoes, and do not wander off the trails especially into high grass, leaves or weeds.
- If you encounter a rattlesnake on a trail, calmly back away and leave it alone.

If bitten by a rattlesnake:

- Call 9-1-1 immediately
- Try to remain calm to slow down the spread of venom
- Remove any constricting clothing or accessories such as rings or watches.
- Restrict movement. DO NOT become overexerted. It may be necessary to be carried to safety.
- If you cannot get to the hospital right away, lay or sit down with the bite below the level of the heart.
- Cover bite with clean, dry dressing
- DO NOT apply a tourniquet
- DO NOT cut the wound with a knife
- DO NOT try to suck out the venom
- DO NOT apply ice, compresses or immerse wound in water
- DO NOT drink alcohol or caffeinated beverages
- Monitor vital signs, treat for shock if necessary
- Only bring in a dead snake if it can be done safely. Do not waste time looking for the snake or putting someone else at risk. A dead rattlesnake can "reflex bite" for several hours after it is dead.

All San Diego emergency rooms have rattlesnake anti-venom.

National Trails Day *Group Hike*

The City of Carlsbad will celebrate National Trails Day on Saturday, June 4, from 8:30 to 11:30 a.m., with an educational group hike at The Crossings and Veteran's Park trails. A poster contest for children, a guided nature hike and other activities will be part of the morning's activities. Meet at the west end of The Crossings at Carlsbad golf course clubhouse parking lot to check in and participate in this event. It's free, and registration is not required.

Please wear closed-toe shoes, sunscreen and a hat. Water and snacks will be provided. In the event of rain, the event will be canceled.



Trail Event *Updates*

La Costa Southern Preserve Trails Volunteer Event

On Saturday, Feb. 20, more than 40 volunteers helped improve the newly adopted La Costa Southern Preserve Trail. Enhancements included installation of trail markers and dog bag stations, erosion repair, weed removal and litter pickup. Volunteers also had the opportunity to learn about native plants and habitat conservation practices thanks to Center for Natural Lands Management and Urban Corps staff presentations. Volunteers contributed approximately 80 hours of community service for this project.

Coastal Rail Trail Volunteer Event

The March trail volunteer event was held at the Coastal Rail Trail, which runs north/south in the Village, alongside the railroad tracks between Oak and Tamarack avenues. Over 40 volunteers participated, resulting in approximately 96 hours of trail improvement work. Volunteers and staff planted six trees and 40 native plants, weeded, picked up litter and painted.

Arbor Day Celebration Event

On Saturday, April 30, even with light drizzle, approximately 75 volunteers celebrated Arbor Day to enhance the beauty of the beloved Leo Carrillo Ranch Historic Park. Volunteers and staff planted 50 trees throughout the park while a group of local Rotarians painted the post and rail fence adjacent to the ranch's parking lot. Several contractors who regularly support the City of Carlsbad's tree care programs also provided information booths at the event. This annual event has allowed the City of Carlsbad to retain its Tree City USA distinction from the National.



Featured Photo

The city and preserve managers recently completed a two-year study that used cameras to observe the movement of wildlife through and between the city's habitat preserves, and outside the city to other natural lands. Mule deer were sighted in Macario Canyon near the The Crossings Golf Course trails. The study also showed a number of bobcats and coyotes throughout the city.



Volunteer *Trail Captains*



- Arroyo Vista** - Tia Lanzetta
- Batiquitos Lagoon North Bluff** - Adam Richard
- Carlsbad Oaks North Business Park** - Sue Irey
- Coastal Rail Trail** - Terese and Joe Sardina
- El Fuerte/Bressi Ranch** - Patricia Linton
- Harbor Drive** - Erin Stucker and Lin Ball
- Hidden Valley Trail** - Joe Ferris
- Hosp Grove** - Gary Nessim and John Rodenhausen
- La Costa Glen** - Ed and Tricia Cerda
- La Costa Southern Preserve** - VACANT
- La Costa Valley** - Debbie Phipps
- Lake Calavera** - Diane Nygaard and Paige DeCino
- Melrose 55-Fioli Circle/ East Ridgeline** - Alvaro Villamizar
- Old Rancho Santa Fe Road** - Richard L'Heureux
- Rancho Carrillo** - Ramesh Sirsi (West)
Sally and Will Willis (East)
- Ridgeline/La Costa** - Don Stapp
- The Crossings/Veterans Park** - Mary and Richard James
- The Ranch/Santa Fe Trails** - Don Hubbard
- Village H-Calavera Hills/ Hidden Canyon Park** - Tim Campbell
- Villagio** - John F. Gillis
- Waters End** - Jamie Hartnett

Citywide Trails Program *Mission Statement*

"Provide a trails system that ensures the recreational and leisure needs of Carlsbad residents while supporting the protection and preservation of open space in accordance with the City of Carlsbad General Plan."

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**City of
Carlsbad**
Parks & Recreation

760-434-2826
www.carlsbadca.gov/trails