

LESSON PLAN

THEATER ACTIVITIES for Voice - Movement - Imagination

LESSON PLAN: Voice #6 (Tongue Twisters)

AGES: 3-7

OF PARTICIPANTS: 1-10

DESCRIPTION: Articulation exercises are important for good communication and for performing. Encourage big breath for louder volume.

INSTRUCTIONS FOR VOICE:

STEP 1:

Stretch the face - Big Lion/Little Mouse

Big Lion: Open the mouth, lift the eye brows and open eye sockets and stretch the face

Little Mouse: Scrunch the face into a little raisin, close the eyes shut, lips pierce together Move through this exercise back and forth

STEP 2:

Practice repeating each tongue twister several times and slowly increase speed.

1. Rubber Baby Buggy Bumpers Rubber Baby Buggy Bumpers
2. Unique New York Unique New York Unique New York
3. She sells seashells by the seashore she sells seashells by the seashore she sells seashells by the seashore
4. Red Leather Yellow Leather red leather yellow leather red leather yellow leather
5. Peter Piper piked a peck of pickled peppers
A peck of pickled peppers Peter Piper piked
If Peter Piper picked a peck of pickled peppers
Where's the peck of pickled peppers Peter Piper Piked
6. Whether the weather be fair
Or whether the weather be hot
Whether the weather be cool
Or whether the weather be not
Well whether the weather whatever the weather or whether we like it or not
7. Betty Botter had some butter
But she said her butters bitter
If I bake this bitter butter

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It would make my batter bitter
But a bit of better butter
That would make my batter better.
So she bought a bit of butter
Better than her bitter butter
And she baked it in her batter
And the batter was not bitter
So twas better Betty Botter Bought a bit of better butter.

To watch the corresponding video demo, click [HERE](#)

LESSON PLAN

LESSON PLAN: Movement #6 (Walk through as if)

AGES: 3-7

OF PARTICIPANTS: 2-10

DESCRIPTION: Movement imitation connects the mind and body and builds confidence.

INSTRUCTIONS FOR MOVEMENT:

STEP 1:

Choose one person in the group to be the Leader.

STEP 2:

Leader chooses to call out several imaginary scenarios that other students pretend to be walking through.

Examples:

- Snow Storm
- Hail
- Wind
- Peanut Butter
- Jello
- Walking barefoot on hot sand

LESSON PLAN

LESSON PLAN: Imagination #6 (Imaginary Presents)

AGES: 3-7

OF PARTICIPANTS: 2-10

DESCRIPTION: This activity encourages participants to use their imagination and respond instinctually.

INSTRUCTIONS FOR IMAGINATION:

STEP 1:

Choose one person in the group to be the Leader.

STEP 2:

Get a box or a laundry basket or just use your imagination.

STEP 3:

Give the box, laundry basket or imaginary container to a student and say "Look what I got for you"

STEP 4:

The student opens the box and says "Oh, you got me a _____(object of their choice). Explain that they can either like or dislike the object.

STEP 5:

Student pretends to take object out of box, laundry basket or imaginary container and shows everyone how to use it.

STEP 6:

Student then turns to the next person and passes the box saying "Look what I got for you", repeat until everyone has done the activity.