Wash Your Hands The Right Way



Wet hands with water (warm or cold).



Apply soap.



Rub hands palm to palm.



Rub the back of each hand with fingers interlaced



Rub palms together with fingers interlaced.



Rub with back of fingers to the opposing palms.



Rub each thumb clasped in opposite hand.



Rub the tips of your fingers.



Rub each wrist.



Rinse with water.



Dry your hands.



All done.

Source: World Health Organization

