

AGE-FRIENDLY CARLSBAD ACTION PLAN

Building an age-friendly city for all ages



City of
Carlsbad

Acknowledgements

Parks & Recreation

- Kyle Lancaster
- Mike Pacheco
- Margaret Hamer

Innovation & Economic Development

- David Graham
- Joe Stewart
- David van Gilluwe
- Bryan Chau

Circulate San Diego

- Jana Schwartz
- Danielle Berger

AARP

- Kim Smith
- Bob Prath

The San Diego Foundation

Thank you to The San Diego Foundation for their support and funding to complete this Action Plan and become the first Age-Friendly Community in North County.

On behalf of the City of Carlsbad, I am very proud to support the Age-Friendly Carlsbad initiative and the Action Plan described here. It is a strong, viable plan that will contribute to the quality of life for everyone who lives and works in Carlsbad for generations to come.

The Age-Friendly planning team members worked diligently for the past year to create goals and objectives that will improve the health and well-being for our community's residents of all ages. The key to developing this tailored plan was significant resident participation from the online survey, Social Pinpoint, and Community Workshops; staff participation from all departments; input from the Senior Commission; and ongoing assistance from our partners at Circulate San Diego and AARP. The project was supported by a generous grant from The San Diego Foundation.

Special thanks to the Parks & Recreation and the Innovation & Economic Development Departments who were essential in making sure the project was relevant, achievable, and honored the history, culture and vibrancy of Carlsbad.

The Carlsbad Age-Friendly Action Plan was available for public review and the project team reviewed all comments, revised the plan accordingly, and submitted this Action Plan to City Council for approval. A recommended three-year implementation phase follows, and will culminate in Carlsbad becoming certified as an Age-Friendly Community by AARP.

We aim to be a city that meets the challenges and opportunities of an aging population, so all ages can participate in a fulfilling community life and enjoy robust health and well-being.

I truly hope that each and every one of you who live, learn, work and play in Carlsbad will join in the process of helping to build an even more Age-Friendly Carlsbad.

Sincerely,



Scott Chadwick
City Manager

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Executive Summary

The City of Carlsbad launched the Age-Friendly Carlsbad project in 2020 in conjunction with the AARP Livable Communities Initiative, with support from the San Diego Foundation Age-Friendly Communities Program. This initiative is an affiliate of the World Health Organization’s Global Network of Age-Friendly States and Communities, an international effort launched in 2006 to help cities prepare for their own and the world’s growing population of older adults. AARP’s Network of Age-Friendly Communities targets improvements in Domains of Livability that influence the health and quality of life of older adults. Over the course of the past 12 months, and with input from Carlsbad residents, the Age-Friendly Carlsbad team has prepared this Action Plan to make Carlsbad a more livable community for all ages.



During the baseline assessment phase of the process, residents were asked to complete a survey of livability perceptions, contribute their input through online and printed engagement tools and participate in collaborative workshops. Results from these activities helped inform the project team about challenges and opportunity areas for livability improvements in Carlsbad. This data was compiled and prepared as a mid-project report, which was made publicly available on March 30, 2021.

City staff, with support of the Age-Friendly Carlsbad project team, determined that the baseline assessment pointed to six key domains of livability most relevant to Carlsbad:




- **Outdoor spaces and buildings**
- **Housing**
- **Mobility**
- **Social and civic engagement**
- **Community connections**
- **Health and wellness**

The Action Plan was drafted based on input received and shared with the community, stakeholders and city staff to ensure that the Action Plan encapsulates the needs and feedback of the community. The Action Plan is designed to meet the needs of all residents, of all ages and backgrounds, and create a more livable and connected community. A draft version of the Action Plan was available for public review and comment from May 21–June 11, 2021. This has resulted in an Action Plan that is not merely a “to do list” for city staff, but rather a template for shared responsibility and implementation.


Finally, the project team worked closely with city staff to finalize the Action Plan for City Council approval and begin steps towards implementing programs and policies in the Action Plan. The action plan will be implemented using existing staff and budgetary resources. Should any action require resources beyond those that are budgeted or exceed the City Manager’s budgetary authority then staff will present the City Council with the costs associated with the action during the annual budget process. Should the City Council choose to not budget resources for the implementation of an action that exceeds budgeted resources then the action plan will be amended to reflect the City Council decision.

Age-Friendly Carlsbad goals, objectives and actions at-a-glance

 <p>Outdoor Spaces & Buildings</p>	<p>Domain 1: Outdoor Spaces & Buildings</p> <p>Goals:</p> <ol style="list-style-type: none"> 1. Provide well-maintained and safe public spaces to all residents across all city-owned facilities <p>Objectives:</p> <ul style="list-style-type: none"> ▪ Inform the public on the progress of policies related to older adults ▪ Involve the community in the development of plans and programs that facilitate the use and progression of public spaces ▪ Support programs, activities and amenities that facilitate the routine use of public spaces and the maintenance of these facilities
 <p>Social & Civic Participation</p>	<p>Domain 2: Social & Civic Participation</p> <p>Goals:</p> <ol style="list-style-type: none"> 1. Build on and expand opportunities for social participation for all ages 2. Build capacity for civic engagement, volunteerism and employment <p>Objectives:</p> <ul style="list-style-type: none"> ▪ Continue to provide high-quality and diverse activities and events ▪ Increase visibility of opportunities for social participation ▪ Train and develop citizen leaders ▪ Empower residents to work or volunteer as they desire

	<p>Domain 3: Housing</p> <p>Goals:</p> <ol style="list-style-type: none"> 1. Provide safe, affordable housing options for all residents to age in place comfortably 2. Grow and preserve the affordable housing stock in Carlsbad and expand alternative living options <p>Objectives:</p> <ul style="list-style-type: none"> ▪ Inform the public on the progress of the 2021–2029 Housing Element that relate directly to the concerns of older adults ▪ Implement strategies to protect the comfort and safety of residents in neighborhoods ▪ Promote Carlsbad as a community where people of all ages and backgrounds can live and thrive ▪ Provide education about affordable housing strategies
	<p>Domain 4: Health & Wellness</p> <p>Goals:</p> <ol style="list-style-type: none"> 1. Review current health conditions for Carlsbad populations to identify areas of concern 2. Provide health-related programs to expand upon the educational health resources available in Carlsbad <p>Objectives:</p> <ul style="list-style-type: none"> ▪ Assess health-related data and make health information available to residents ▪ Increase awareness around health and wellness across all ages and populations ▪ Provide workshops and classes on healthy lifestyle living, eating, exercise and mental health ▪ Raise awareness around mental health and the importance of socialization
	<p>Domain 5: Mobility</p> <p>Goals:</p> <ol style="list-style-type: none"> 1. Provide opportunities for the community to be involved in active transportation planning 2. Support safe mobility options in the City of Carlsbad for all ages and abilities 3. Provide information and education about transportation options

	<p>Objectives:</p> <ul style="list-style-type: none">▪ Provide education and opportunities for public participation in transportation planning▪ Support a accessible public transportation experience for all▪ Use engineering and design to achieve roadway speed targets and support mobility for all roadway users▪ Apply traffic calming measures and infrastructure improvements where appropriate to enhance the pedestrian experience▪ Provide transportation-specific education through workshops and informational strategies
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	Domain 6: Community Connections
	<p>Goals:</p> <ol style="list-style-type: none"> 1. Increase citywide awareness around the impacts of age, disability and isolation 2. Increase social connections to reduce social isolation 3. Increase public visibility and access to city plans, programs and resources 4. Maximize the use and impact of technology throughout the city
	<p>Objectives:</p> <ul style="list-style-type: none"> ▪ Increase awareness for city staff about respect and inclusion topics ▪ Grow public awareness around respect and inclusion topics ▪ Build neighborhood interactions and connectivity ▪ Combat isolation through citywide programming ▪ Broaden public access and visibility to issues related to age-friendliness by employing appropriate multimedia and communications tools ▪ Ensure the city’s communications strategy uses updated and existing communication tools and methods

This Action Plan outlines the goals and tasks, and is intended to be implemented over the next three years by existing staff, budgeted resources, city residents and community partners working together for a common goal of making Carlsbad a livable community for all ages. City of Carlsbad staff will create an annual progress report and deliver updates to the City Council and AARP in Fall/Winter of 2022 and 2023, with a final report delivered to City Council in 2025.



Introduction to the Action Plan

The AARP Network of Age-Friendly States and Communities is the United States affiliate of the [World Health Organization’s Age-Friendly Cities and Communities Program](#) that was launched in 2006 to help localities prepare for rapid growth of an aging population. Currently, there are 516 AARP Age-Friendly states, territories, counties and cities/towns. The AARP Network serves as a catalyst to inform, involve, and recognize the successful efforts that make communities livable for residents of all ages, especially older adults.¹

AARP works directly with stakeholders and local governments to promote programs and systems level change to create more livable environments for residents of all ages and abilities. It focuses on actions that foster the full participation of older adults in community life and promotes the health and well-being of all ages.

Carlsbad became part of AARP’s Network of Age-Friendly States and Communities in 2020 and agreed to explore common challenges across the eight Domains of Livability:

The social environment

- Social participation
- Respect and social inclusion
- Civic participation and employment
- Communication and information
- Community support and health services

The built environment

- Transportation
- Housing
- Outdoor spaces and buildings

SANDAG recognizes that by 2035 the number of Carlsbad residents over 65 years old will significantly increase. The older adult population in Carlsbad will increase most significantly over the age of 75, as illustrated below, making livability improvements in Carlsbad more important than ever.²

Age	2012 population	2050 population	2012 to 2050 % change
65 to 69	2,800	2,532	-9.5%
70 to 74	3,169	2,824	-10.9%
75 to 79	2,501	2,753	10.1%
80 to 84	2,154	2,527	17.3%
85 and over	2,520	5,170	105.2%

¹ <https://www.aarp.org/livable-communities/network-age-friendly-communities/info-2014/an-introduction.html>

² http://datasurfer.sandag.org/download/sandag_forecast_13_jurisdiction_carlsbad.pdf

In an effort to engage residents, community leaders and staff to review policies and successful programs, the city partnered with The San Diego Foundation, AARP, and Circulate San Diego to develop this Action Plan to create a more age-friendly community.

Community profile

The City of Carlsbad occupies approximately 39 square miles of rolling hills, beaches and bluffs along the northern coast of San Diego County. The city is located about 30 miles north of San Diego and about 90 miles south of Los Angeles. Incorporated as a general law city in 1912, and its rich and colorful history has been well documented. From the city's incorporation in 1952 and for many years thereafter, Carlsbad garnered a reputation as a "quaint village-by-the-sea." According to the 2015 General Plan, a series of annexations gradually expanded the city's land area south and east to its current size of 39 square miles. As of 2018, Carlsbad is home to an estimated 115,877 residents³.

Carlsbad population trends

- 2012 pop. 107,674
- 2020 pop. 118,450 (10% increase)
- 2035 pop. 124,351 (5% increase)
- 2050 pop. 124,518 (0% increase)

By 2035, it is estimated that the City of Carlsbad will have 124,351 residents, 48,104 housing units and 77,436 jobs based on SANDAG's Regional Growth Forecast.⁴

What is Age-Friendly Carlsbad?

Age-Friendly Carlsbad is a project through AARP's Livable Communities and States Initiative, with support from The San Diego Foundation Age-Friendly Communities Program. This initiative is an affiliate of the World Health Organization's Global Network of Age-Friendly Cities and Communities and was adapted for Carlsbad to meet the needs of the growing population of older adults, while also serving residents of all ages to comfortably live and age in place. Carlsbad is the sixth jurisdiction in the San Diego region to become an Age-Friendly Community. Other jurisdictions include the County of San Diego and the cities of Chula Vista, La Mesa, San Diego and National City.

³ <https://www.census.gov/quickfacts/fact/table/carlsbadcitycalifornia/PST045218>

⁴ https://www.sandag.org/resources/demographics_and_other_data/demographics/fastfacts/carl.htm

Existing building blocks for livability

Carlsbad’s residents have made it clear that the city is already a great place to live. Surveys, public comments and anecdotal information all attest that Carlsbad’s older adults can identify many ways the city supports older adults and how the community is meeting their livability needs. However, feedback also provides insights into how the community can make improvements to not only support older adults, but residents of all ages.

The Age-Friendly Carlsbad project considers and supports the existing values and planning efforts that are already in place and has sought to develop an Action Plan that incorporates, as opposed to duplicating them. Early in the project, a policy scan was conducted by reviewing 12 existing city plans and resources to identify what is already in-line with AARP’s eight Domains of Livability. Those efforts were further cross-referenced to the World Health Organization’s *Essential Features of Age-Friendly Cities*. As a result of this process, it became apparent where older adults are specifically considered, and where consideration can be strengthened. These findings helped shape the approach for collecting community input to further assess how the City of Carlsbad was serving older adults. Refer to Appendix B for a full copy of the 2020 Age-Friendly Carlsbad Policy Scan.



The journey to an Age-Friendly Carlsbad

The purpose of the Age-Friendly Cities and Communities Program is to serve as a catalyst to educate, encourage, promote and recognize improvements that could make Carlsbad more supportive for residents of all ages. This section describes the Age-Friendly Carlsbad journey.

Impetus for the Action Plan

The journey for Age-Friendly Carlsbad has been an evolution of key events that have consolidated into the current, ongoing effort. The city keeps the health and well-being of Carlsbad residents at the forefront of planning decisions, and this process ensures that the older adult population is taken into careful consideration when decisions are being made.

The city has implemented policies and programs that align with the Age-Friendly initiative and this Action Plan strengthens those efforts by consolidating existing and proposed policies about older adults to build a more livable city. Livability components include providing a safe and active community; continuing to offer and improve high-quality services and facilities; enhancing recreation and quality of life opportunities; having accessible and convenient mobility options; and providing safe and affordable homes for all current and future residents. Carlsbad has demonstrated a commitment to aging in place through the creation of the Senior Commission, which increases representation in city government for older adults, as well as making the commitment to becoming an Age-Friendly Community.



1985

Senior Commission was formed

- The Mission of the Senior Commission is to champion an age inclusive environment that promotes wellness, vitality and education that leads to a vibrant quality of life. The Senior Commission advises and makes recommendations to the City Council on the special needs and concerns of seniors, including the creation, operation, maintenance, management, and control of senior programs, and facilities.

2020

Carlsbad invited to join Age-Friendly Network

- The San Diego Foundation's Age-Friendly Communities Program in partnership with AARP asked the City of Carlsbad to join the AARP Network of Age-Friendly Communities.

2020 - 2021

Age-Friendly Action Planning Process

- The Carlsbad Age-Friendly Action Planning process began in January of 2020. Due to the COVID-19 epidemic, project outreach was delayed until May 2020. Once outreach picked back up, the project team conducted an inclusive and comprehensive engagement effort, which led to the creation of this Action Plan.

How the Action Plan was developed

The Age-Friendly Carlsbad Action Plan resulted from rich community engagement and city staff feedback. The Action Plan represents the authentic voice of people who live and work in Carlsbad and for whom the actions that result from the plan will make a difference in the quality of life for all ages.

Baseline assessment

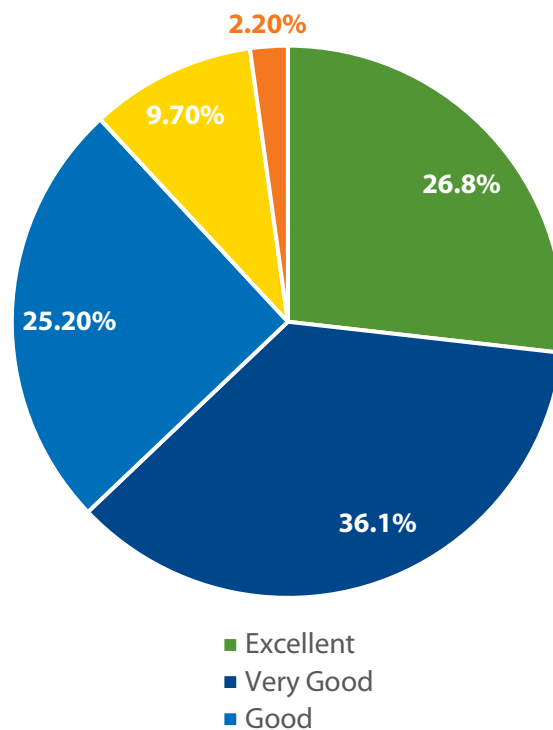
A three-part baseline assessment was conducted to collect quantitative and qualitative data. Components of the baseline assessment included an online survey, online engagement through a tool called Social Pinpoint, and a series of community workshops. A comprehensive summary of information from the baseline assessment period can be viewed within the Mid-Project Report in Appendix C.

Community survey

For each of AARP's Domains of Livability, specific community characteristics or services were listed and residents were asked to rate how the City of Carlsbad is performing in each of these domains. Respondents were asked to indicate the importance of the Domains of Livability, as well as their perception of Carlsbad's success in providing these services. Refer to Appendix D for the Community Survey findings.

- 635 Responses were received between Aug. 10 - Sept. 13, 2020.
- 73% of the respondents were female with nearly one-third of the total respondents residing in the 92008 zip code.
- Zip codes 92009 and 92011 each contributed 21% of the respondents.
- Over 83% of respondents reported an annual income of greater than \$50,000.
- 57% Percent of the respondents have lived in Carlsbad for more than 15 years.
- The largest percentage of residents (28%) have lived in Carlsbad for 5 to 15 years.
- The percentage of residents who own the home they live in is 87%.

Over 60% of the respondents rated Carlsbad as an “excellent” or “very good” place to live. The survey was widely advertised through print and digital media. Hard copies of the survey were provided through the city’s Senior Center’s food distribution program. Residents were shared information about the survey through the project webpage, social media, city eNews and printed newsletters.



Social pinpoint online engagement

Residents and leaders were encouraged to provide input via the online engagement tool, Social Pinpoint. Social Pinpoint was promoted through similar channels and platforms as the online

survey including e-newsletters, Senior Center outreach and meals programs, social media, by participating in the Community Conversations and through word of mouth. The Social Pinpoint tool was made available for community input throughout the duration of the project.

The tool could be accessed through the Age-Friendly Carlsbad webpage at Carlsbadca.gov/agefriendlycarlsbad.

Social Pinpoint is an online engagement and input tool that makes it easy for community members and stakeholders to provide comments and feedback in a virtual format. The Social Pinpoint tool was chosen for this project because of the onset of COVID-19 restrictions that prevented large group gatherings. Typically, in-person community workshops would be hosted at locations around the community to collect input from residents, but this was not an option due to the pandemic. Social Pinpoint provided the opportunity to engage community members in a safe and thoughtful manner, while also providing a format that allows residents and stakeholders to participate at any time, at a convenient pace and with a preferred language.

The online tools launched October 2020 and were made available throughout the duration of the project. As of Jan. 14, 2021, 83 comments were posted to the Ideas Wall and 24 comments were posted to the Mapping Tool through the Social Pinpoint online engagement platform. Paper versions of the online engagement questions were available upon request and through the Senior Center meal program. Completed forms were collected and inputted into the online platform (these forms have been included in the total counts shown).

Typically, there are Eight Domains of Livability, which include Housing, Outdoor Spaces & Buildings, Transportation, Social Participation, Respect & Social Inclusion, Work & Civic Engagement, Communication & Information and Community and Health Services. Those topics have been included and consolidated into the six topics shown below.

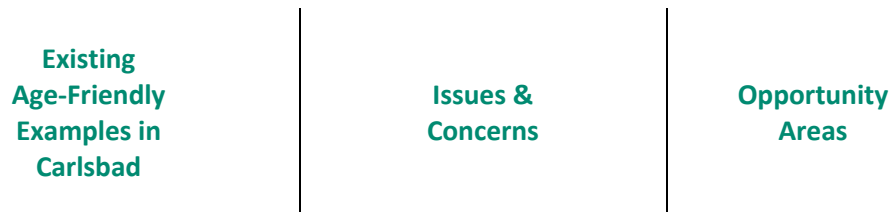


The average age of the Ideas Wall participants was 59 and a majority reside in the 92008 zip code. In this platform, comments could be “up” or “down” voted by others. A topic that was not included as an option but received input was Health & Wellness. Health & Wellness was not

included in the Social Pinpoint tool because of the community’s overall satisfaction with this topic, demonstrated by the survey results.

Key concepts from the Ideas Wall input included the importance of maintaining and expanding programs and facilities for people of all ages, diversifying communication strategies to reach all residents, providing housing that is accessible and affordable for all income levels, working as a community to combat social isolation, and expanding the mobility network to offer safe and reliable transportation options.

Participants provided their input on the Mapping Tool based on categories, as shown below. Categories help indicate locations that show good examples of why Carlsbad is a community for all ages, locations where there are livability issues and concerns, and locations where residents recommend improvements be made.



In the Mapping Tool, an interactive map allowed participants to drop a pin at an exact location and leave a comment about that location. These comments could be up or down voted by others. Additionally, residents could comment on others’ responses, and those items have been included as a sub-bullet. The average age of the Mapping Tool participants was 61, and a majority reside in the 92008 zip code.

Key ideas from the Mapping Tool included highlighting the library and the community garden as existing livability areas in Carlsbad, as well as recommendations for where improvements can be made for access to amenities and roadway safety, pedestrians and bicyclist facilities, and programs and activities for residents of all ages.

Interactive community workshops

Residents and leaders who attended the community workshops were provided with background information about the project, a summary of the survey findings and a brief tutorial about how to use the online input tools. In addition, participants were asked to provide their input through live polling and a moderated Q&A discussion.

- 104 residents and leaders attended one (or more) of the workshops that were conducted, including commissioners from the Senior Commission.
- Workshop #1 was hosted on Nov. 9, 2020, 9-10 a.m., Workshop #2 was hosted on Dec. 3, 2020, from 2-3 p.m., and Workshop #3 was held on Mar. 25, 2021, from 3-4 p.m.
- These workshops were hosted via Zoom webinar and participant’s cameras were turned off.
- Demographic information was not asked of participants.

In drawing from the workshop input, five areas of significant community interest were identified:



All three of the interactive community workshops placed an emphasis on the importance of information and communication, a desire for alternative transportation options, the benefits of intergenerational programming for socialization, and the need for affordable, safe, and accessible housing options within Carlsbad.

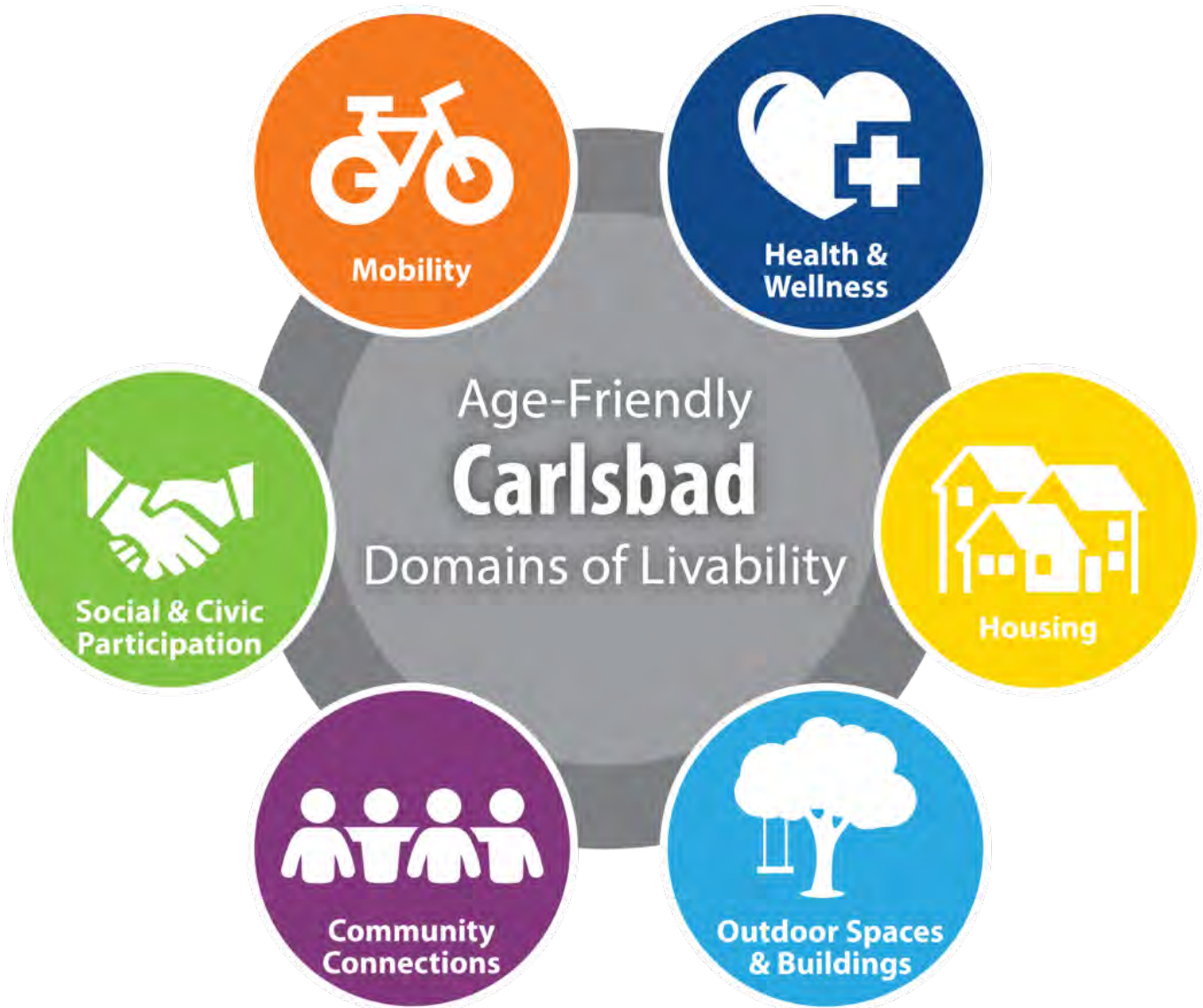
The data gathered from the workshop’s live polling and discussion have helped illuminate the Domains of Livability that are of greatest interest and/or priority to the community. This data, in addition to that collected from the survey and Social Pinpoint, helped structure the livability recommendations within this Action Plan.

Action Plan

The Age-Friendly Carlsbad Action Plan is a document that compiles community input from the baseline assessment period, findings from the policy scan, and resources and guidance from city staff and local partners. The intent of the Action Plan is to have a document with implementable programs and policies that will help create a more vibrant, livable and age-friendly city where residents of all ages can live and thrive.

Draft Action Plan and public review

The Age-Friendly Carlsbad project team, determined that the baseline assessment pointed to six Domains of Livability most relevant to Carlsbad:



There is considerable cross-over and interaction between the domains, and therefore, there will be collaboration between city departments, residents and community partners to achieve goals outlines within this Action Plan. City staff and the project team developed a vision, goals, objectives and actions for each Carlsbad domain, based on cumulative input from the community.

The Draft Action Plan was shared with the community and city staff for review and input prior to finalization of the document. A public review period was available May 21 – June 11, 2021.

Final Action Plan

The project team worked closely with city staff to integrate input and finalize the Action Plan. The final Action Plan was approved by City Council on December 7, 2021.

Implementation and oversight of the plan

The first step of implementation is for city staff to operationalize key tasks and establish a schedule for planning purposes and accountability. This will include developing an evaluation plan for regular progress reporting by key departments and tracking of metrics, or measures of success. A continuous quality improvement (CQI) process will be applied so that resulting data can be used to direct and improve implementation. An annual report will be provided to the City Council in the Fall/Winter of 2022 and 2023, with a final report provided delivered to City Council in 2025.



Domains of livability for Age-Friendly Carlsbad

The Age-Friendly Carlsbad Action Plan was developed to increase livability for people of all ages, with particular attention paid to the city’s evolving needs of adults over 65 years of age, a rapidly increasing age cohort. The Age-Friendly Carlsbad project team gathered data from the community during the baseline assessment period, analyzed data from the AARP Livability Index for Carlsbad (2021) and conducted a policy scan of city documents, such as the General Plan (2015) and the Parks & Recreation Department Master Plan (2015).⁵

Carlsbad domains of livability

The pages that follow lay out the details for each of the domains using the following template:

Domain Definition	Details what this domain is/entails; shared language helps to build shared understanding.
Vision	What is desired to happen/be in place once this plan is complete; describes future aspirations.
What we heard	Key findings from the baseline assessment survey, community conversations, policy scan and other relevant existing data.
What we Know	Key assets that are already in place and available to build on; includes programs, services, city plans and facts (data) regarding the population.
What we will do	Goals (what we want to achieve) and objectives (what will result or be in place) for each domain. (Note the associated actions, metrics and timeline are found in Appendix A.)

⁵ <https://livabilityindex.aarp.org/search - Carlsbad+CA+USA>



Domain 1: OUTDOOR SPACES & BUILDINGS

Outdoor Spaces & Buildings focuses on the availability of safe and accessible public facilities.

Vision

Carlsbad is a city that provides safe and accessible public buildings and open spaces with amenities and resources supportive of healthy living for all ages and abilities.

What we heard

The Age-Friendly Carlsbad team gathered data from the community through a series of community engagement activities and a community survey. Additionally, the team analyzed data from the AARP Livability Index for Carlsbad (2021) and conducted a policy scan from adjacent city documents and plans. Through this data collection process, the following themes and issues were identified:

Safety and accessibility

- **Maintain the safety and accessibility** of all parks, buildings and other public spaces. (Community Survey)
- **Improve access** to public facilities, outdoor spaces and programs for all abilities. (Community Survey and Community Conversation workshops)

Amenities

- **Provide well-maintained** parks, public areas, sidewalks and streets across the city so that residents can access and enjoy these facilities within a safe and comfortable walking distance. (Social Pinpoint Ideas Wall)
- **Expand the availability and variety** of public facilities and open space across the city. (Social Pinpoint Ideas Wall)
- **Include benches and resting areas** in public spaces. (Community Survey)
- **Create more community gathering opportunities** for residents of all ages to socialize and live healthy and active lifestyles. (Community Survey and Community Conversation workshops)
- **Integrate more public art** in the community. (Community Conversation workshop)

What we know

Maintenance and access

- **The Carlsbad community values access to parks and recreation resources**, including the ocean and beaches, because active lifestyles lead to better physical

and mental health outcomes, but also because outdoor recreation and an active lifestyle support community connectedness and a higher quality of life overall.⁶

Community resources

- **There are six community centers** available to the public, including Calavera Hills Community Center and Park, Heritage Hall, Harding Community Center, Pine Avenue Community Center and Park, Stagecoach Community Center and Park and the Carlsbad Senior Center.
- **The Parks & Recreation department** manages operations of several recreational facilities, including three (Pine, Stagecoach & Calavera) community centers with gymnasiums, the Senior Center, and two aquatics centers, all designed to promote health and wellness among residents.⁷
- Carlsbad has **13 community parks, 28 special use areas, and five special resource areas** with a range of amenities located throughout the city.⁸
- To support the city's [sustainability](#) and [conservation](#) efforts, a majority of the parks include green features such as synthetic turf, recycled water, LED lighting, electric car charging stations and solar photovoltaic modules.⁹
- To **preserve resources for future generations**, the city has a Growth Management Plan, which includes the preservation of land area for open space. The city's Parks and Recreation Needs Assessment and Comprehensive Action Plan, which was completed in fall 2013, indicates the trends and recreational needs identified by the Carlsbad community.¹⁰
- **Walk+Bike Carlsbad** is a popular meet-up group with over 1,400 members on [Meetup](#) and includes bike rides and walks throughout Carlsbad streets and open spaces.



⁶ Open Space Element, <https://www.carlsbadca.gov/civicax/filebank/blobdload.aspx?BlobID=24095>

⁷ <https://www.carlsbadca.gov/services/depts/parks/facilities/default.asp>

⁸ Open Space Element, <https://www.carlsbadca.gov/civicax/filebank/blobdload.aspx?BlobID=24095>

⁹ <https://www.carlsbadca.gov/services/depts/parks/facilities/default.asp>

¹⁰ Open Space Element, <https://www.carlsbadca.gov/civicax/filebank/blobdload.aspx?BlobID=24095>

Access to green space and public facilities

- Providing green spaces allows for **safe routes for walking and cycling, physical activity and social interaction**. These spaces are also important to **mental health**. Having access to green spaces and social outlets can reduce health inequalities, improve well-being, and aid in treatment of mental illness.¹¹
- Expanding and maintaining public facilities and open spaces throughout the community is an important concern for residents. **Parks, public facilities and open space are not equally distributed** across the city.
- Carlsbad has been actively working to **improve community open space and buildings for current and future generations**. The 2015 General Plan includes implementable strategies for improved open space, recreation and civic opportunities throughout the city.

What we will do

Through the Carlsbad Age-Friendly Action Plan, we hope to address identified gaps, ensuring the safety of all residents when using the city's public areas and buildings, as well as addressing accessibility concerns and providing amenities for a more comfortable and enjoyable experience.

1. Goal 1.1 – Provide well-maintained and safe public spaces to all residents across all city-owned facilities.
 - a. Objective 1.1.1 – Inform the public on the progress of the Open Space, Conservation, & Recreation Element within the 2015 General Plan that relate directly to the concerns of older adults.
 - i. Action – *Provide written and verbal report on the progress to the Senior Commission.*
 - b. Objective 1.1.2 – Involve the community in the development of plans and programs that facilitate the use and progression of public spaces.
 - i. Action – Evaluate the use of *Crime Prevention Through Environmental Design (CPTED) for parks in the city.*
 - c. Objective 1.1.3 – Distribute the availability of open space, public facilities, and community programs.
 - i. Action – *Maintain an inventory of public facilities to accessible by wheelchair.*
 - d. Objective 1.1.4 – Support programs, activities, and amenities that facilitate the routine use of public spaces and the maintenance of these facilities.
 - i. Action – *Document accessibility, maintenance, and safety concerns at all parks and Community Centers with community members using the Carlsbad Connects application.*

¹¹ <https://www.who.int/sustainable-development/cities/health-risks/urban-green-space/en/>

- ii. Action – *Provide how-to courses through the Senior Center and community centers on how to use the Carlsbad Connects app and web-based platform.*
- iii. Action – *Partner with local schools and/or youth organizations to create an intergenerational activity that brings students and older adults together to socialize and utilize the parks.*
- iv. Action – *Consider simplifying the field permitting process for older adult leagues to utilize field space.*



Domain 2: SOCIAL & CIVIC PARTICIPATION



Social & Civic Participation focuses on access to leisure and cultural activities, including opportunities for all residents to socialize, engage with their peers and participate in paid work and volunteer activities.

Vision

Carlsbad is a city that fosters resident engagement through a range of intergenerational activities, events, civic engagement opportunities, and employment and volunteer positions.

What we heard

The Age-Friendly Carlsbad team gathered data from the community through a series of community engagement activities and a community survey. Additionally, the team analyzed data from the AARP Livability Index for Carlsbad (2021) and conducted a policy scan from adjacent city documents and plans. Through this data collection process, the following themes and issues were identified:

Social interaction

- **71%** of respondents in the Community Survey said that the availability of continuing education classes or social clubs to pursue new interests, hobbies or passions is good, very good or excellent in Carlsbad.
- According to the Community Survey, there is **little interaction between older adults and the schools** in Carlsbad, limiting the opportunities for intergenerational crossover.
- When it comes to companionship, **37.7%** of residents who took the Community Survey feel left out, **35.6%** experience a lack of companionship and **28.4%** feel isolated from others.
- The **Library and Senior Center** provide activities that are specially designed for older adults. (Community Conversation workshop)

Civic engagement and volunteering

- Residents desire **greater access to volunteering opportunities and participating in decision making bodies**, but noted that Carlsbad is doing a good job at providing these opportunities. Transportation to and from volunteer activities is rated as poor or fair by residents. (Community Survey)
- Residents enjoy the **Citizens Academy Training**, which stopped when COVID-19 began and is encouraged to restart digitally. (Social Pinpoint Ideas Wall)
- Residents believe a **volunteer fair** would be helpful. (Community Conversation workshop)

Employment opportunities

- When it comes to employment and training, respondents rated many services poor or fair. This includes **job training opportunities** for older adults who want

to learn new skills, policies that ensure older adults can continue to have equal opportunities to work, jobs that adapt to meet the needs of people with disabilities and having a range of flexible job opportunities for older adults. (Community Survey)

- **Workforce participation** is important because people, including older adults, want to be relevant and productive. (Community Conversation workshop)
- **32%** agree when asked if they plan to remain in the workforce beyond any opportunity to retire. (Community Conversation workshop)

What we know

Social interaction

- Carlsbad hosts a “50+” [webpage](#), managed by the Parks & Recreation Department, providing activity and resource information, geared for residents who are 50 years old and older.
- **The Senior Center** promotes healthy, active aging through creative and extensive programs events, exercise classes, health & wellness resources, and more).
- **The Senior Center** offers transportation for qualified adults to help access to medical appointments.

Carlsbad promotes the **2-1-1 service**, which provides free support over the phone to residents, especially useful for those without a computer or internet access.

- The Parks & Recreation Department produces a monthly newsletter, called the **Seaside Insider**. The newsletter is provided in print and digital and shares information about events and news happening locally (*Cross-over with Community Connections*).



Civic engagement

- The City of Carlsbad has **14 boards, commissions and committees**, offering opportunities for individuals to volunteer their services. Boards and commissions may be fiduciary, regulatory, policy-setting and/or advisory.¹²
- The **Senior Commission** is a five-member advisory body that advises and makes recommendations to the City Council on the special needs and concerns of seniors, including the creation, operation, maintenance, management and control of senior programs, activities and facilities. The Mission of the Senior Commission is to champion an age inclusive environment that promotes wellness, vitality and education that leads to a vibrant quality of life. There is currently no age or quadrant representation requirement for this Commission.
- The city organizes a [Citizens Academy](#), a free, seven-week program designed to help Carlsbad residents learn about their city government. **Citizens Academy** is held twice a year and will resume fall 2021.
- Carlsbad has a [Citizen of the Year](#) award program that recognizes residents who have provided outstanding service to their community. **The Citizen of the Year program** is more than 50 years old and honors community members who have given their time and energy toward the civic improvement, beautification and betterment of the City of Carlsbad.

Work and volunteer opportunities

- Carlsbad has a **volunteer opportunities** page on the [city's website within Neighborhood Services Department](#), with diverse opportunities for all ages and information about the application process.¹³
- Carlsbad includes a jobs opportunity page within Human Resources for city-specific employment opportunities, and there is a citywide job board in the Senior Center for general postings or for postings specifically geared older adults or other unique populations.¹⁴
- More residents desire and need to work longer as life expectancy and standard of living increases.

¹² <https://www.carlsbadca.gov/cityhall/clerk/meetings/boards/list.asp>

¹³ <https://www.carlsbadca.gov/services/depts/ns/volopportunities.asp>

¹⁴ <https://carlsbadca.gov/services/depts/hr/default.asp>

What we will do

Through the Age-Friendly Carlsbad Action Plan, we will build on existing efforts, develop a process to assess and respond to changing needs timely, build capacity for civic engagement and increase awareness of volunteer opportunities.

1. Goal 2.1 – Build on and expand opportunities for social participation for all ages.
 - a. Objective 2.1.1 – Continue to provide high-quality and diverse activities and events.
 - i. Action – *Maintain an inventory of existing intergenerational and senior programming.*
 - ii. Action – *Establish a system for continuous quality improvement and use attendance and consumer feedback/input to improve or phase out activities.*
 - iii. Action – *Assess diversity of participation at community events to assess the demographic breakdown and if targeted outreach and/or events for unique population are needed to increase participation.*
 - iv. Action – *Expand utilization of community centers across the city to supplement programs at the Senior Center that not all residents can access.*
 - b. Objective 2.1.2 – Increase visibility of opportunities for social participation (Cross reference Community Connections)
 - i. Action – *Provide the community with information about social and civic participation opportunities using a variety of communication methods and through the city’s website.*
 - ii. Action – *Compare results of communication methods to determine relative effectiveness in garnering increased participation.*
 - iii. Action – *Maintain a community calendar and highlight events for older adults; host this information on the city’s website and cross-promote information on social media and in print.*
2. Goal 2.2 – Build capacity for civic engagement, volunteerism, and employment
 - a. Objective 2.2.1 – Train and develop citizen leaders
 - i. Action – *Collaborate with the County of San Diego to expand intergenerational resident leadership opportunities.*
 - ii. Action – *Consider offering the Citizen Academy as a hybrid model to be hosted online and in-person.*
 - iii. Action – *Consider establishing volunteer positions for older adults to assist with the Carlsbad Student Leader Academy to increase intergenerational opportunities.*
 - iv. Action – *Continue promoting the CityStuff program with local third graders to older adult volunteers.*
 - v. Action – *Promote options for accessing volunteer positions.*

- vi. Action – *Evaluate the availability of well-paying job opportunities, specifically for older adults and persons with disabilities.*
- vii. Action – *Consider structure of the Senior Commission to ensure geographic representation from across the city.*
- b. Objective 2.2.2 – Empower residents to work or volunteer as they desire
 - i. Action – *Conduct employment and volunteer workshops as needed*
 - ii. Action – *Expand awareness about job and multigenerational workforce opportunities.*



Domain 3: HOUSING



Housing looks at the availability of housing programs and a range of age-friendly housing options and services to support residents of all income levels and age.

Vision

Carlsbad is a city that offers safe, affordable and diverse housing options to assist all residents to age in place and live in a community-oriented environment.

What we heard

The Age-Friendly Carlsbad team gathered data from the community through a series of community engagement activities and a community survey. Additionally, the team analyzed data from the AARP Livability Index for Carlsbad (2021) and conducted a policy scan from adjacent city documents and plans. Through this data collection process, the following themes and issues were identified:

Availability and affordability

- Community Survey respondents said that **housing modification affordability and the trustworthiness of modification and repair** could be improved.
- **Provide more affordable living options** for older adults who are low- to moderate-income. (Community Survey)
- More information about **where affordable housing exists** in Carlsbad and living options for older adults. (Social Pinpoint Ideas Wall)
- It is important to have **housing options** within walking distance of community resources, such as the grocery store, restaurants, community centers, etc. (Community Conversation workshop)

Safety, accessibility, and independence

- Provide accessible housing that allows residents to age in place as they face **mobility challenges**. (Community Survey)
- **96%** of the Community Survey participants said that it is very important or extremely important to be able **to live independently** in their own home as they age.
- **More housing developments should consider aging adults** and include single-story layouts or multi-story accessibility options. (Community Conversation workshop)
- **82%** of Community Conversation workshop participants feel it is very important or extremely important to remain in Carlsbad as they age.

What we know

Population and housing need

- Carlsbad had a **2020 population of 114,463** and Carlsbad is projected to have a population of 124,351 by 2050.¹⁵
- The Carlsbad City Council adopted the 2021 – 2029 Housing Element Update on April 6, 2021.
- From 2010 to 2018, Carlsbad saw a 4% increase in the 65+ population and has the second highest median age in the county at 42.4 years old.¹⁶
- According to SANDAG estimates, Carlsbad had 46,382 housing units as of 2019.
- Carlsbad’s housing stock is much newer on average when compared to San Diego County as a whole, suggesting Carlsbad households may spend less on repairs and upgrades.¹⁷

Low-income housing options

- Carlsbad, much like other California cities, is **facing a housing shortage**, and the older adult population is a group that relies heavily on affordable housing options, including senior-specific housing. Based on the HCD Regional Housing Need Determination for the 6th Cycle RHNA, SANDAG has determined through their methodology that the housing unit allocation for Carlsbad for the period between June 30, 2020 through April 15, 2029 and Carlsbad’s share is **3,873 units**.¹⁸ Distribution includes 34% (Very Low-Income) and 20% (Low-Income).
- **Carlsbad does not have any “at-risk” low-income rental housing** options and because all inclusionary rental units were built after 1990 and the units must maintain their affordability for 55 years, no units are in immediate threat of being “at-risk.”
- **The city’s webpage on “Housing” features affordable housing information** and resources about living options, including the 24 apartment buildings that offer affordable units.¹⁹
- **The Housing Choice Voucher Program (Section 8)** is funded by HUD and administered by the City of Carlsbad Housing Authority. The city spends approximately \$6.6 million annually on the Section 8 Rental Assistance Program.
- **The 2021-2029 Housing Element includes language about affordable housing for Very Low- to Moderate- Income** in most goals. There is also attention given to alternative living options, like micro-units, and increasing affordable living near transit.

¹⁵ California Department of Finance, 2020

¹⁶ Housing Element, <https://cityadmin.carlsbadca.gov/civicax/filebank/blobdload.aspx?BlobID=46908>

¹⁷ Id.

¹⁸ Housing Element, <https://cityadmin.carlsbadca.gov/civicax/filebank/blobdload.aspx?BlobID=46908>

¹⁹ <https://www.carlsbadca.gov/services/depts/housing/default.asp>

Adult living facilities

- In addition to affordable housing options, Carlsbad also provides **privately owned older adult living facilities**, for a variety of needs and ability levels. These facilities include senior living centers, respite and memory care centers, and hospice. A certain number of **older adults who live in their private residences** also depend on local programs to access community resources.

Accessibility of housing

- **Housing that is accessible to transportation** and local resources are important for a thriving, livable community. Much like affordability, access to destinations, via walking, transit, biking and other alternative modes of travel, is highly valued amongst residents when selecting a place to live and preserving independence with age.
- The city’s webpage on “Housing” provides information about affordable living options and should serve as a **centralized information hub for accessing citywide housing information** or accessing housing information specific to older adults.

What we will do

Through the Age-Friendly Carlsbad Action Plan, we hope to address housing gaps, improving the visibility of diverse policies in the Housing Element, while meeting the expectations of residents to provide affordable and accessible housing options that support independent living and comfort.

1. Goal 3.1 – Provide safe, affordable housing options for all residents to age in place comfortably
 - a. Objective 3.1.1 – Inform the public on the progress of the 2021–2029 Housing Element that relate directly to the concerns of older adults
 - i. Action – *Provide written and verbal report on the progress to the Senior Commission and City Council.*
 - ii. Action – *Promote the Accessory Dwelling Unit (ADU) and Alternative Housing programs outlined in the 2021-2029 Housing Element (Program 1.2 and 1.3) and provide a citywide announcement about the details of the program.*
 - iii. Action – *Implement all communication strategies within the 2021-2029 Housing Element to keep the public informed and aware of housing information and opportunities for engagement.*

- b. Objective 3.1.2 – Implement strategies to protect the comfort and safety of all residents in neighborhoods
 - i. Action – *Consider a CPTED walk audit program with housing property managers and the Carlsbad Police Department.*
 - ii. Action – *Encourage to with zero-entry doorways, first-floor bedrooms, and wider doorways.*
 - c. Objective 3.1.3 – Promote Carlsbad to be a community where people of all ages and backgrounds can live and thrive
 - i. Action – *Evaluate the efficacy of providing first-time homeowner workshops to compliment the 2021 – 2029 Housing Element’s First-Time Homebuyer Program.*
 - ii. Action – *Evaluate opportunities to seek home modification funding through federal and state programs to accommodate modifications for aging and multi-family housing options, as well as building micro-units and ADUs.*
 - iii. Action – *Provide information about information about senior housing, affordable housing and accessing HUD assisted housing (Housing Choice Voucher program, HUD Section 202).*
 - iv. Action – *Continue to fund and actively promote the city’s minor home repair program as described in Housing Element Program 3.5.*
2. Goal 3.2 – Grow and preserve the affordable housing stock in Carlsbad and expand the alternative living options
- a. Objective 3.2.1 – Provide more education about affordable housing strategies
 - i. Action – *Maintain and distribute information about existing and future affordable housing options in Carlsbad.*
 - ii. Action – *Increase public awareness of implementing Accessory Dwelling Units (ADUs) through resource development and multilingual guidance about the permitting process, available in-person, online, and over the phone.*
 - iii. Actions – *Develop at least four pre-approved ADU plans that residents can use to expedite the permitting process, as described in Housing Element Program 1.2.*

- b. Objective 3.2.2 – Increase the availability of transit-oriented development and housing options within walking distance to community resources
 - i. Action – *Encourage the development of older adult housing and affordable units within a safe and comfortable 10-minute walk of major transit hubs and parks (in partnership with NCTD).*
 - ii. Action – *Encourage mixed-use developments that include a residential component that provides housing for lower and moderate-income households (Housing Element Program 1.8).*
 - iii. Action – *Promote Carlsbad Connects app as a communication tool for sharing neighborhood housing and walkability concerns through digital and in-person education.*



Domain 4: HEALTH & WELLNESS



Health & Wellness focuses on access to programs that promote wellness, health and active living.

Vision

Carlsbad is a community where residents of all ages can live a healthy and active life while feeling safe and secure.

What we heard

The Age-Friendly Carlsbad team gathered data from the community through a series of community engagement activities and a community survey. Additionally, the team analyzed data from the AARP Livability Index for Carlsbad (2021) and conducted a policy scan from adjacent city documents and plans. Through this data collection process, the following themes and issues were identified:

Accessible and affordable healthcare services

- Overall, residents rated **healthcare services** in Carlsbad as good, including having access to healthcare professionals who speak different languages, having well-trained certified home health care providers and conveniently located health and social services. (Community Survey)
- Residents are most impressed by the **respectful** and **helpful** hospital and clinic staff, having well-maintained hospitals and health care facilities, having a **variety of healthcare professionals** and specialties, and at **access to affordable fitness activities** geared for older adults. (Community Survey)
- Residents desire a **caregiver communication network** for those aging in place. (Social Pinpoint Ideas Wall)
- The **senior lunch program** is helpful and accommodating for older adults with limited incomes. (Social Pinpoint Ideas Wall)
- Residents said that **personal care and housekeeping** is poor in Carlsbad, as well as access to affordable home health care providers. (Community Survey)

Healthy and active lifestyle

- **Health and wellness should be in every category** of the Action Plan. (Social Pinpoint Ideas Wall)
- **Warm-water pools** would help with rehab for older adults and assist with arthritis. (Social Pinpoint Ideas Wall)
- **Affordable fitness classes** are helpful, but it is challenging to participate during COVID-19. (Social Pinpoint Ideas Wall)
- Invest in **pickleball** as people are trying to live healthier lives and be more active. (Social Pinpoint Ideas Wall)

What we know

Health and Wellness topics are important to individual and community wellbeing.

Delivery of health and wellness services:

- As of 2020, the Senior Center delivers **about 1,100 meals** to residents a week.
- **Alga Norte** has an instructional pool that is warm, around 84 degrees, as well as a spa that is 98-101 degrees.
- Carlsbad offers a “Health & Wellness” [webpage](#), linked from the “50+” webpage that lists health, fitness, and sport activities for all ages. There are older adult-specific classes that include yoga and Zumba.
- Carlsbad has a **lower patient satisfaction rate for health care** (66.5%) as compared to the Median US Neighborhood (71.3%). ([AARP 2021 Livability Index](#))
- Carlsbad has a **higher rate of preventable hospitalization** rate (24.4 per 1,000 patients) as compared to the Median US Neighborhood (48.5 per 1,000 patients) ([AARP 2021 Livability Index](#)).
- Carlsbad has a **higher percentage of residents who live within a half mile of parks** and within **one mile of recreational facilities** (96.1%) as compared to the Median US Neighborhood (90.7%) ([AARP 2021 Livability Index](#)).

Health conditions:

- Environmental health conditions in Carlsbad are worse than the Median US Neighborhoods for regional air quality and near-roadway pollution. On average, the Median US Neighborhood has 5.7 days per year when regional **air quality is unhealthy** and Carlsbad has **40.7 days**. Additionally, **14.4%** of Carlsbad residents live within 200 meters of a high-traffic road where more than 25,000 vehicles pass per day ([AARP 2021 Livability Index](#))
- Carlsbad has a **lower prevalence rate of smoking** (11.3%) compared to the Median US Neighborhood (20.5%) ([AARP 2021 Livability Index](#)).
- Carlsbad has a **lower obesity rate** (20.7%) as compared to the Median US Neighborhood (28.9%) ([AARP 2021 Livability Index](#)).
- According to a 2018 Life Expectancy study by the County of San Diego, Carlsbad’s **life expectancy is 83.4 years old**, compared to the County’s average expectancy rate of 82.6 years old.²⁰
- Improved health conditions are closely tied to **eliminating inequities** in Carlsbad. *Equity* is the absence of avoidable or remediable differences among groups of people, whether those groups are defined socially, economically, demographically or

²⁰<https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/phs/CHS/Mortality/Life%20Expectancy%20in%20San%20Diego%20County%202010-2018.pdf>

geographically. *Health inequities* involve access to the resources needed to improve and maintain health or health outcomes.²¹

What we will do

Through the Age-Friendly Carlsbad Action Plan, current and projected health and wellness will increase for those who live and work in Carlsbad.

1. Goal 4.1 – Review current health conditions for Carlsbad populations to identify areas of concern
 - a. Objective 4.1.1 – Assess health-related data and make health information available to residents
 - i. Action – *Maintain an up-to-date record of available data from local and region data sources (e.g., San Diego HHS Live Well, San Diego Health Connect, and 2-1-1) to best support Carlsbad residents.*
 - ii. Action – *Maintain the Coronavirus (COVID-19) information on the Carlsbad website and update when appropriate with health-related information that is up-to-date and accessible.*
 - iii. Action – *Consider creating a “health report” that highlights the health of Carlsbad populations, health trends, and impacts on wellness.*
 - iv. Action – *Use print, social media, and digital media with multi-lingual communication to share health and wellness activities.*
 - b. Objective 4.1.2 – Increase awareness around health and wellness across all ages and populations
 - i. Action – *Evaluate appropriate incorporation health and wellness awareness in the city’s planning, programming, and communications activities.*
 - c. Objective 4.1.3 – Improve access to reach health facilities and programs
 - i. Action – *Consider evaluating sidewalk conditions within ½ mile of all healthcare facilities, living facilities, and public facilities (i.e., parks and buildings) to improve walkability conditions for residents to access health-related resources.*
 - ii. Action – *Consider an intra-city vehicle service for older adult residents, to improve safety and access health appointments and necessity trips without the need for a private vehicle (Cross-reference with Transportation).*
2. Goal 4.2 – Provide health-related programs to expand upon the educational health resources available in Carlsbad
 - a. Objective 4.2.1 – Provide workshops and classes on healthy lifestyle living, eating, exercise, crime prevention, and mental health.

²¹<https://www.who.int/healthsystems/topics/equity/en/#:~:text=Equity%20is%20the%20absence%20of,economically%20demographically%20or%20geographically.>

- i. Action – *Work with local health partners to provide courses on exercise, healthy eating, and preventive care.*
- ii. Action – *Offer free or reduced-priced classes and programs at the Senior Center and at additional locations across the city to increase accessibility and participation.*
- b. Objective 4.2.2 – Raise awareness around mental health and the importance of socialization
 - i. Action – *Evaluate the best partners and ways to deliver information regarding mental health, how to help yourself, how to help those around.*
 - ii. Action – *Engage with the local school districts on potentially piloting a pen-pal program that connects students with older adults living in care facilities and alone.*
 - iii. Action – *Continue to incorporate mental health awareness training into the city’s training programs for appropriate staff.*
 - iv. Action – *Expand the You Are Not Alone (YANA) program with the Senior Volunteers to connect older adults who live alone with other residents to increase socialization and establish a community-based emergency contact system.*





Domain 5: MOBILITY

Mobility focuses on safe, convenient and affordable transportation options.

Vision

Carlsbad is a city where people of all abilities and age have access to safe, reliable and affordable modes of public, private and alternative transportation.

What we heard

The Age-Friendly Carlsbad team gathered data from the community through a series of community engagement activities and a community survey. Additionally, the team analyzed data from the AARP Livability Index for Carlsbad (2021) and conducted a policy scan from adjacent city documents and plans. Through this data collection process, the following themes and issues were identified:

Safety and convenience

- **The availability of separate pathways** for bicyclists and pedestrians were rated poorly by residents. (Community Survey)
- There is a **lack of audio and visual pedestrian crossings** in Carlsbad. (Community Survey)
- **Bike lanes do not feel safe** to use because of high-speed traffic and a lack of buffers from vehicles. (Social Pinpoint Ideas Wall)
- Residents **rated public transportation poorly** for accessibility and convenience, as well as timeliness, safety, and affordability. (Community Survey)
- Most of the **“Issues & Concerns”** raised on the Social Pinpoint Mapping Tool were about safety concerns on roadways and intersections.
- Street safety is a major barrier to walking and biking (Community Conversation workshop).

Access

- **97%** Of the Community Survey respondents said that they primarily get around by driving themselves, and only 8.6% rely on public transportation.
- Community Survey respondents would like to see **more driver education or refresher courses**.
- **Expand transportation options and programs** designed specifically for older adults, especially for older adults who are home-bound or cannot drive independently.
- There is an **interest in alternative mobility options** (bike, walking, transit), but more education and awareness are needed. (Community Survey)

- An **intra-city shuttle or rideshare option** is desired to reach appointments and social activities around the city. (Community Conversation workshop and Social Pinpoint Ideas Wall).
- At the Community Conversation workshops, an average of 58% of the participants said they would select a network company (Uber, Lyft) as an **alternative to owning an automobile**, 58% said that they would select walking as an alternative to owning an automobile, and 38% said they would select public transit as an alternative to owning an automobile.

What we know

Accessibility and connections

- Carlsbad is a fairly **car-dependent community**, with much of the transportation system developed within the last 30 years, and sits approximately 35 minutes north of downtown San Diego and 25 minutes south of San Clemente.²²
- Within Carlsbad, **public transportation**, including [train, bus and shuttle services](#), is provided by North County Transit District. Carlsbad includes two train stations (Carlsbad Poinsettia Station and the Carlsbad Village Station). Carlsbad does not have a connection to the Sprinter Hybrid Rail or an alternative light rail system.
- For older adults, access to alternative transportation provides **mobility independence** and a **connection to community resources**, especially after they are unable to drive.
- The average speed limit (MPH) on streets and highways is higher at 33 MPH, compared to the Median US Neighborhood of 28 MPH ([AARP 2021 Livability Index](#)).
- Carlsbad has a higher rate of households who take walking trips per day (.77) compared to the Median US Neighborhood (.73) ([AARP 2021 Livability Index](#)).
- Carlsbad has a lower rate of fatal crashes per 100,000 people per year with 4.6 compared to the Median US Neighborhood with 6.8 ([AARP 2021 Livability Index](#)).

Alternative transportation and plans and resources

- **Alternative transportation modes**, like walking, biking and public transit, expand the mobility options that are available to residents of all ages and abilities, and helps build a “**complete neighborhood**” community. A “complete neighborhood” is an area where residents have **safe and convenient access** to goods and services they need on a daily or regular basis.²³
- The City of Carlsbad has a [Sustainable Mobility Plan](#) that outlines local biking and walking opportunities. Resources on this page provides a citywide overview of

²² Mobility Element, <https://www.carlsbadca.gov/civicax/filebank/blobdload.aspx?BlobID=24065>

²³ <http://www.portlandonline.com/portlandplan/?a=437441>

current programs and plans, but does not highlight resources for older adults specifically.

- **Carlsbad adopted a Sustainable Mobility Plan in 2021**, but there is limited reference to accommodations for older adults or persons with disabilities.
 - NEVs, Improved Transit Access, Mobility Hubs, Local Roadway Safety Plan
- The City of Carlsbad adopted the **Trails Master Plan in 2019**, which will outline strategies to make it safer, more convenient and more enjoyable for people to walk, hike and bike in Carlsbad, whether for recreation or transportation. The updated plan will reflect new trails and incorporate changes in the [city's trail system](#). Consideration for older adults in the development of this the Trails Master Plan is incorporated in this Action Plan.
- **Programs and guidelines that relate to alternative transportation** include the [Barrio Neighborhood Lighting Guidelines](#), the [2015 Traffic Monitoring Program \(Appendix A, Appendix B, Appendix C\)](#), the [Carlsbad Residential Traffic Management Program](#), [Walk+Bike Carlsbad](#) and information about Carlsbad's participation in [Bike Month](#).²⁴
- The **Climate Action Plan was adopted in 2015** and encourages the adoption of a citywide TDM plan, which includes a promotion of biking and rideshare, but does not specify older adults in these policies or goals.
- These plans, in addition to what is included in the 2015 General Plan, illustrate actions being made to provide a more **equitable and diverse transportation network** throughout the city and provide a greater level of mobility access to all residents. More detail about the inclusion of older adults is included within this Action Plan.
- **CIP projects** and goals that relate to mobility include:
 - Key priorities for traffic and mobility in the 2020 – 2021 Operating Budget and Capital Improvement Program:
 - Finalize and Implement the Sustainable Mobility Plan
 - One quarter of Capital Improvement Program spending will focus on mobility enhancement projects
 - Capital Improvement Program projects that relate to active/alternative transportation (funded and unfunded) include improving/adding pedestrian trails and access, bicycle facilities, ADA upgrades, signage and wayfinding and sidewalk improvements.²⁵

²⁴ <https://www.carlsbadca.gov/services/depts/pw/traffic/biking.asp>

²⁵ <https://issuu.com/carlsbadcity/docs/fy2020budget?fr=sOTJiMjZNDgONA>

What we will do

Through the Age-Friendly Carlsbad Action Plan, we hope to address identified gaps, improving the visibility of transportation policies in city documents, while meeting the expectations of residents to expand mobility options, and prioritize transportation safety and accessibility across the city.

1. Goal 5.1 – Provide greater opportunity for the community to become involved in active transportation planning and the development of improvements
 - a. Objective 5.1.1 – Increase education and opportunities for public participation in transportation planning
 - i. Action – *Evaluate the Traffic & Mobility Commission structure to ensure it is inclusive of older adult representation.*
 - ii. Action – *Maintain a Carlsbad bike map, similar to the trails map, that is accessible digitally and through any other appropriate mediums.*
 - iii. Action – *Provide education about the CarlsbadConnects app to help the public report any infrastructure issues (Cross-reference with Open Spaces & Buildings).*
 - iv. Action – *Provide “Smart Cycling” courses to educate older adult residents on how to ride their bikes safely in various conditions throughout the city.*
 - b. Objective 5.1.2 – Inform the public on the progress of the Mobility Element that relate directly to the concerns of older adults
 - i. Action – *Provide written and verbal report on the progress at the appropriate city boards and commissions.*
2. Goal 5.2 – Provide safe mobility options within and around the City of Carlsbad for all ages and abilities
 - a. Objective 5.2.1 – Increase Citywide bicycle ridership by providing safe, maintained, and well-connected bicycle facilities throughout the city
 - i. Action – *Evaluate the feasibility of providing more Class-I multi-use trails and Class-II enhanced buffered bike lane facilities to increase the percentage of roadways that provide separation from vehicular traffic.*
 - ii. Action – *Prioritize bicycle improvements in future transportation infrastructure projects.*
 - iii. Action – *Evaluate the inclusion of bicycle signal detection to signalized intersection crossings along bike routes featured in the bike map.*
 - iv. Action – *Consider offer bicycle rodeos, bike maintenance or similar classes for residents of all ages and comfort levels.*

- b. Objective 5.2.2 – Create a more accessible public transportation experience for all residents.
 - i. Action – *As needed provide multilingual and multigenerational public transportation educational programs that residents can access in-person and online.*
 - ii. Action – *Advertise the NCTD reduced fare options for seniors, persons with disabilities, and Medicare recipients.*
 - iii. Action – *Work with NCTD to evaluate bus and transit service lines and the frequency of service.*
 - iv. Action – *Pursue grant funding to create a “Transit for Fun” program through the Senior Center that takes older adults on local outings via the public transit system to help increase comfort and familiarity with the public transit system.*
 - v. Action – *Consider the feasibility of city funded transportation options such as a local shuttle service to supplement public transit services.*
 - c. Objective 5.2.3 – Engineer and design city streets to self-enforce target speeds and support mobility for all roadway users.
 - i. Action – *Evaluate the location and need for bicycle racks and micro-mobility parking to reduce sidewalk obstacles.*
 - ii. Action – *Make sure all traffic signs and roadway paint are clean and visible for vehicles to see and abide by.*
 - iii. Action – *Evaluate the location of existing audible crossing mechanisms and install additional devices if they are warranted.*
 - iv. Action – *Promote the use of Neighborhood Electric Vehicles (NEVs) for ease of use, environmental benefits, and promote a culture of safe driving on local streets.*
 - d. Objective 5.2.4 – Apply traffic calming measures and infrastructure improvements to enhance the pedestrian experience.
 - i. Action – *Explore the feasibility of a community crosswalk decoration event as part of placemaking and beautification efforts for intersections near parks, public facilities, and schools.*
 - ii. Action – *Maintain adequate and safe crossing times for pedestrians.*
 - iii. Action – *Consider the balance of implementing bulb outs and bicycle facilities to accommodate the needs and safety of both bicyclists and pedestrians.*
 - iv. Action – *Maintain crossing areas that have ADA-compliant curb cuts.*
 - v. Action – *Evaluate sidewalk conditions and availability throughout the city.*
3. Goal 5.3 – Increase information and education about transportation options
- a. Objective 5.3.1 – Provide more transportation-specific education through workshops and informational strategies

- i. Action – Partner with the County of San Diego, AARP, and transportation organizations to promote publicly available workshops and resources that provide information about local and regional transportation.
- ii. Action – Create a fact sheet for the Carlsbad webpage that provides a list of locally-available transportation options, how/where they function, and where to learn more about these options.
- iii. Action – Provide information about driver education/refresher courses and current state and Department of Motor Vehicle (DMV) laws and programs.



Domain 6: COMMUNITY CONNECTIONS



Community Connections celebrates Carlsbad as a multicultural and intergenerational community and the interconnectedness of residents, information and opportunities within the City for current and future generations.

Vision

Carlsbad is a city that is inclusive of persons at all life stages and abilities and fosters enhanced awareness and respectful interactions to support full participation in community life, including access to information and activities.

What we heard

The Age-Friendly Carlsbad team gathered data from the community through a series of community engagement activities and a community survey. Additionally, the team analyzed data from the AARP Livability Index for Carlsbad (2021) and conducted a policy scan from adjacent city documents and plans. Through this data collection process, the following themes and issues were identified:

Interaction and Respect

- Residents express a desire to **engage socially, without discrimination**. (Social Pinpoint Ideas Wall)
- Everyone, including city government, should be **inclusive of all genders, ethnic backgrounds, ages and groups** to build a stronger community. (Social Pinpoint Ideas Wall)
- Activities can be specific to age and interests, but greater efforts towards **increasing community connections** between all residents should be a priority. (Social Pinpoint Ideas Wall)
- Some activities are too far away to **access** and activities are not often distributed across the city. (Social Pinpoint Ideas Wall)
- Pre-COVID-19, there were more **programs and activities designed for older adults** to engage and socialize. (Social Pinpoint Ideas Wall)
- Residents expressed that the **Senior Center** has great opportunities, as well as the **Carlsbad Newcomers Club** and the **Carlsbad Women's Club** for older adults and new residents. (Community Conversation workshop)
- The design and layout of the Senior Center could be more comfortable **for casual meet-ups and passive activities**.

Isolation

- There is a strong desire to **stay connected**, especially during the COVID-19 era, and combatting isolation. (Community Conversation workshop)
- **48%** of Community Conversation workshop participants occasionally or rarely feel like they have adequate availability of human connection.

Information and resources

- **Internet competency is high in Carlsbad** and has likely increased because of COVID-19 and the desire to participate in online programs.
- **Information hubs** for residents to receive information include family and friends, the Senior Center, a doctor or health professional, and the library. (Community Survey)
- **Increasing information outlets** and the methods of communication through paper (newspaper, flyers) and online (city’s website and social media) was a general theme throughout the community engagement process. While Carlsbad has many existing channels for distributing information, identifying untapped communication channels, and making access to information clearer and easier can benefit the city’s older adults.
- **Accessibility to information** was rated well by residents who participated in the Community Survey, but improvement suggestions include providing larger lettering and improving the process for getting information delivered to home-bound residents. (Community Survey)
- **Diversity in communication** is important and residents recommended it is important offering Spanish and other language needs at events and in resources.

What we know

Social inclusion and isolation

- **Loneliness and social isolation** in older adults are serious public health risks affecting a significant number of people in the United States and putting them at risk for dementia and other serious medical conditions.²⁶
- Social isolation significantly increases a person’s **risk of premature death** from all causes, a risk that may rival those of smoking, obesity and physical inactivity.²⁷
- Social isolation was associated with about a 50% increased risk of **dementia**.²⁸
- **Poor social relationships** (characterized by social isolation or loneliness) were associated with a 29% increased risk of heart disease and a 32% increased risk of stroke.²⁹
- Loneliness was associated with higher rates of **depression, anxiety and suicide**.³⁰

²⁶ <https://www.cdc.gov/aging/publications/features/lonely-older-adults.html>

²⁷ National Academies of Sciences, Engineering, and Medicine. 2020. Social Isolation and Loneliness in Older Adults: Opportunities for the Health Care System. Washington, DC: The National Academies Press. <https://doi.org/10.17226/25663>[external icon](#).

²⁸ Id.

²⁹ Id.

³⁰ Id.

- Loneliness among **heart failure patients** was associated with a nearly four times increased risk of death, 68% increased risk of hospitalization, and 57% increased risk of emergency department visits.³¹
- On an index rating of from 0 to 2 (higher values are better), Carlsbad rated at a 0.98 when it comes to **social engagement** (extent to which residents eat dinner with household members, see or hear from friends and family, talk with neighbors, and do favors for neighbors), which is the average for the Median US neighborhood. ([AARP 2021 Livability Index](#))

Usability of resources

- The City of Carlsbad offers **multiple hubs for information** dissemination including the Senior Center, library, city facilities and the city website and social media channels.
- **The Carlsbad Library** supports lifelong learning and offers resources such as remote activities, adult literacy, computers and Wi-Fi, intergenerational events, and services and programs specifically designed for adults.
- **The Senior Center** in an information and activity hub for older adults and a broad range of individual and group services are provided, as well as access to other community resources and agencies serving older adults.
- Carlsbad has a higher percentage of residents with **access to high-speed, low-cost internet service** (54.8%) compared to the Median US Neighborhood (14.6%). ([AARP 2021 Livability Index](#))
- The City of Carlsbad website allows for language selection and changing the **scale of text**, which assists with usability and accessibility to information.
- The city created the **Age-Friendly Carlsbad webpage** (carlsbadca.gov/AgeFriendlyCarlsbad) as the landing page for age-friendly resources.

Visibility of Information

The City of Carlsbad utilizes several mediums to keep its constituents informed, including:

- Social media such as Facebook (over 51,300 followers), Twitter (Over 17,900 followers) and Instagram (over 14,700 followers)
- The Parks & Recreation Department publishes the [Seaside Insider](#), a monthly digital and print newsletter that is specifically geared for residents 50+ and includes stories, program information, and meal menus for the month.
- Carlsbad livestreams and maintains an archive of meeting recordings for City Council and Boards/Committee meetings [on the website](#).

³¹ Id.

- Carlsbad offers the e-government tools, [CarlsbadConnects](#) (mobile and web application), and has created a video to assist with the education for how to use this application.

What we will do

Through the Age-Friendly Carlsbad Action Plan, we will help residents remain informed and involved in community life while increasing communication access and socialization opportunities.

1. Goal 6.1 – Increase citywide awareness around the impacts of age, disability, and isolation
 - a. Objective 6.1.1 – Increase awareness for city staff about respect and inclusion topics
 - v. Action – *Evaluate the feasibility of conducting a training for city staff related to aging, disability, memory loss, and isolation.*
 - vi. Action – *Make trainings available to community-based service providers, appointed members of boards and commissions, and community safety groups (i.e., Carlsbad Police and Fire).*
 - vii. Action – *Evaluate opportunities to share best practices for improving the accommodations for older adults and people with disabilities at public meetings (e.g., captioning), including a list of vendors/service providers capable of improving access during such meetings.*
 - b. Objective 6.1.2 – Grow public awareness around respect and inclusion topics
 - viii. Action – *Work with the County of San Diego Age Well team to promote the Dementia Friendly initiative and how to become a dementia ally.*
 - ix. Action – *Use age-friendly language in city communications pertaining to aging and older adults*
 - x. Action – *Promote civil rights, equity, and social sustainability for older adults.*
 - xi. Action – *Consider older adults in the city’s diversity, equity, and inclusion efforts.*
2. Goal 6.2 – Increase social connections to reduce social isolation
 - a. Objective 6.2.1 – Build neighborhood interactions and connectivity
 - i. Action – *Actively promote the city’s Community Activity Grant and Special Event Grant to mobilize schools, local community-based organizations, and the faith-based community to provide activities and events available to residents of all ages.*
 - ii. Action – *Evaluate the event permitting process to assess whether there are streamlining opportunities for for neighborhood block parties when street closures are needed to facilitate community connections within the neighborhood setting.*

- b. Objective 6.2.2 – Combat isolation through citywide programming
 - i. Action – *Evaluate the feasibility of addressing the issue of older adult isolation using existing city resources and staff.*
 - ii. Action – *Conduct a survey to provide data on older adults who live alone and may be experiencing isolation.*
 - iii. Action – *Evaluate the feasibility of a “get to know your neighbor” program to help strengthen community relationships and increase socialization opportunities for all residents.*
 - iv. Action – *Explore innovative ways to create connections with older adults experiencing isolation such as a conversation call-in number or other means to create friendly human connections.*

- 3. Goal 6.3 – Increase public visibility and access of city plans, programs, and resources
 - a. Objective 6.3.1 – Broaden the public’s access and visibility by employing a multi-media and multi-level communications approach
 - i. Action – *Maintain communication training that is inclusive of the needs of older adults.*
 - ii. Action – *Improve centralized sources as “one stop” for information about programs, city updates, and engagement opportunities.*
 - iii. Action – *Ensure community information sources are easy to understand and clearly displayed with appropriate lettering and fonts.*
 - iv. Action – *Ensure community information is provided in a way that is inclusive of homebound residents.*

- 4. Goal 6.4 – Maximize the use and impact of technology throughout the city
 - a. Objective 6.4.1 – Ensure the city’s communications strategy uses updated and existing communication tools and methods
 - i. Action – *Review city communications to determine if there are information gaps or outdated content.*
 - ii. Action – *Maintain and grow the Age-Friendly Carlsbad webpage to include links to City of Carlsbad tools and other websites that serve as resources for older adults.*
 - iii. Action – *Provide educational opportunities that remove barriers to the digital divide and increase participation in citywide activities.*
 - iv. Action – *Ensure city communications meet ADA requirements.*

Call to action

This Action Plan outlines the goals and tasks with timeframes to be accomplished over the next few years by elected officials, municipal staff, city residents and numerous community partners working together towards making Carlsbad a livable community for all ages.

With the approval of the Age-Friendly Carlsbad Action Plan, we move from discussing and planning to collaborating and doing. In the coming years, we will address the action steps listed in the Plan. City departments and community partners have been identified to work together on the different tasks, along with residents. The role of city staff and related partners is presented in this Action Plan. Residents of all ages are also called upon to take an active role in helping to shape an Age-Friendly Carlsbad.

Please look for project announcements to stay informed and participate. Announcements will be posted online on the city website carlsbadca.gov/AgeFriendlyCarlsbad, via the city's social media outlets, City Hall, the Senior Center, and the Library. If you cannot attend but have recommendations or input, please visit the Senior Center or submit to parksandrec@carlsbadca.gov

Please share the Age-Friendly Carlsbad Action Plan with your family, friends, neighbors and others. Age-Friendly Carlsbad is for all ages and benefits each and every one of us today, tomorrow, and in the years to come.











Appendices

- A. Policy Scan
- B. Age-Friendly Carlsbad Mid-Project Report
- C. Community Survey Findings
- D. Outreach Materials



Domains of Liveability Key:

	1 - Outdoor Space & Buildings		5 - Communication & Information
	2 - Transportation		6 - Civic Participation & Employment
	3 - Respect & Social Inclusion		7 - Community Support and Health Services
	4 - Housing		8 - Social Participation

Plans reviewed:		
Carlsbad Village and Barrio Master Plan (CVBMP) (2019)	Carlsbad CAP (CAP) (2015)	Carlsbad Vision Report (CVR) (2009)
Trails Master Plan (TMP) (2019)	Carlsbad General Plan (General Plan) (2015)	Pedestrian Master Plan (PMP) (2008)
Carlsbad Resident Survey Report (CRSR) (2016)*	Carlsbad General Plan - DRAFT Housing Element Update (GP Housing) (2021)	Bikeway Master Plan (BMP) (2007)
Parks & Recreation Department Master Plan (PRDMP) (2015)	Carlsbad Village Master Plan and Design Manual (CVMPDM) (2013)	City of Carlsbad Website Pages (Related to older adults)

*Document does not provide actionable items to evaluate but is included as a resource document
Documents in **BOLD** have been included in this draft document

This section looks at how the plans described above fit into the 8 Domains. Goals and Objectives that have identified includes language about older adults or services that directly benefit this age demographic.

1 - Outdoor Space & Buildings		
An age-friendly community includes public places to gather indoors or out, and places where residents can get some fresh air, such as by visiting parks, walking nature trails, or just sitting on a bench.		
PLAN	SECTION	GOAL/OBJECTIVE
CVBMP (2019)	1.5 Goals and Policies	1.5.1 Land Use and Community Character - A.7. Allow a range of uses in the Village to provide for the daily needs of nearby residents, local workers and transit commuters, including a grocery/specialty market, fresh produce, pharmacies, restaurants, coffee shops, delicatessens, exercise studios, personal services and the like.
CVBMP (2019)	1.5 Goals and Policies	1.5.1 Land Use and Community Character - B.3. Continue to maintain and provide recreational, community, and senior services at the Pine Avenue Community Park and Carlsbad Senior Center for Village and Barrio residents, and the
CVBMP (2019)	1.5 Goals and Policies	1.5.4 Placemaking - A.7. Reconfigure on-street parking through re-striping, reducing unnecessary curb cuts and red-striping in ways that will increase parking supply, calm vehicular traffic, and improve pedestrian comfort and safety.
CVBMP (2019)	1.5 Goals and Policies	1.5.4 Placemaking - A.8. Recognize streets, alleys and other public rights of way as valuable assets for public access, mobility, space, beauty, and utility; accordingly, maintain and acquire right of way as necessary to implement the Master
TMP (2019)	2.2 Goals and Objs	Goal 1, Obj. 3 - Provide a well distributed trail system that serves all sub-areas of Carlsbad with close and convenient access to the centers of residential development, tourist facilities and other activity centers. A well distributed system is not only equitable but it increases the chances of residents walking or biking within the subarea.
TMP (2019)	2.2 Goals and Objs	Goal 2, Obj. 1 - Continue to develop multi-use trails that support a variety of users.
TMP (2019)	2.2 Goals and Objs	Goal 4, Obj. 1 - Recognize and consider the use of on-road and near-road walking and bike facilities to be part of the trail system as a way to encourage, healthy activity and alternate transportation opportunities that start at the "front door" instead of the "car door".
PRDMP (2015)	1.8.6 Big Ideas	Big Idea # 1: Multiuse, multigenerational community recreation center (Located in northwest Carlsbad at the intersection of Pine Avenue and Harding Street, the new Pine Avenue Community Center is the realization of a goal identified by the community during the city's most recent Parks & Recreation Department master plan.
PRDMP (2015)	1.8.7 Key Action Items	1.8.7.1 SHORT TERM ACTION ITEMS (0-3 YEARS) Action Item: Complete a feasibility study/business plan on the potential for programming, partnering and operational success for an indoor, multipurpose, multigenerational community center. If feasible, commence development within the said timeframe
PRDMP (2015)	1.8.7 Key Action Items	1.8.7.1 SHORT TERM ACTION ITEMS (0-3 YEARS) Action Item: Modify two existing tennis courts in well served areas to accommodate outdoor pickleball courts as determined by the equity mapping
General Plan (2015)	Land Use/Comm Des	Community Character, Design, and Connectedness - 2-G.18 Ensure that new development fosters a sense of community and is designed with the focus on residents, including children, the disabled and the elderly, by providing: safe, pedestrian-friendly, tree-lined streets; walkways to common destinations such as schools, bikeways, trails, parks and

ESSENTIAL FEATURES OF AGE FRIENDLY CITIES (By WHO)		As of 3/4/2021
Checklist Features*		
<i>*Checked features are a result plan findings and site observations</i>		
<input checked="" type="checkbox"/>	Public areas are clean and pleasant	<input type="checkbox"/>
<input type="checkbox"/>	Green spaces and outdoor seating are sufficient in number, well-maintained and safe.	<input type="checkbox"/>
<input checked="" type="checkbox"/>	Pavements are well-maintained, free of obstructions and reserved for pedestrians.	<input type="checkbox"/>
<input type="checkbox"/>	Pavements are non-slip, are wide enough for wheelchairs and have dropped curbs to road level.	<input type="checkbox"/>
<input type="checkbox"/>	Pedestrian crossings are sufficient in number and safe for people with different levels and types of disability, with non-slip markings, visual and audio cues and adequate crossing times.	<input type="checkbox"/>
<input type="checkbox"/>	Drivers give way to pedestrians at intersections and pedestrian crossings.	<input type="checkbox"/>
<input type="checkbox"/>	Cycle paths are separate from pavements and other pedestrian walkways.	<input type="checkbox"/>
<input type="checkbox"/>	Outdoor safety is promoted by good street lighting, police patrols and community education.	<input type="checkbox"/>
<input type="checkbox"/>	Services are situated together and are accessible.	<input type="checkbox"/>
<input type="checkbox"/>	Special customer service arrangements are provided, such as separate queues or service counters for older people.	<input type="checkbox"/>
<input type="checkbox"/>	Buildings are well-signed outside and inside, with sufficient seating and toilets, accessible elevators, ramps, railings and stairs, and non-slip floors.	<input type="checkbox"/>
<input type="checkbox"/>	Public toilets outdoors and indoors are sufficient in number, clean, well-maintained and accessible.	<input type="checkbox"/>

		stores; homes that exhibit visual diversity, pedestrian-scale and prominence to the street; central gathering places; and recreation amenities for a variety of age groups.
General Plan (2015)	Land Use/Comm Des	Land Use - 2-P.14 Require new and, as appropriate, existing master planned and residential specific plan developments to provide usable acres to be designated for community facilities such as daycare, worship, youth and senior citizen activities, educational institutions and schools.
General Plan (2015)	Open Space/Con/Rec	Parks and Recreation - 4-P.20 Implement and periodically update the Parks and Recreation Needs Assessment and Comprehensive Action Plan that identifies appropriate programming for the city's parklands, prioritizes future parkland development, reflects the needs of residents at the neighborhood and citywide level and of an increasingly diverse and aging population, and in concert with the citywide trails program, creates new linkages to neighborhoods.
General Plan (2015)	Open Space/Con/Rec	Trails and Greenways - 4-P.40 Design and designate trails as multi-use to be accessible for all user groups, including walkers, bicyclists, and equestrians (as land use policy allows). Ensure that the network provides an appropriate amount of resources for each trail type or user group.
CVR (2009)	The Vision	Access to Recreation and Active, Healthy Lifestyles: Promote active lifestyles and community health by furthering access to trails, parks, beaches, and other recreation opportunities.
PMP (2008)	3.4.2 Objectives	3.4 Residential: Objective 1. To ensure that new development is designed with the focus on residents instead of the automobile by providing: pedestrian-friendly, tree-lined streets; walkways to common destinations such as schools, parks and stores; homes that exhibit visual diversity, pedestrian-scale and prominence to the street; and recreation amenities

2 - Transportation			Checklist Features*	As of 3/4/2021
An age-friendly community includes ways for older people and non-drivers to get where they need to go			<i>*Checked features are a result plan findings and site observations</i>	
PLAN	SECTION	GOAL/OBJECTIVE		
CVBMP (2019)	1.5 Goals and Policies	1.5.2 Mobility and Parking - A.1. Capitalize on the Village and Barrio's proximity to the Carlsbad Village Station by improving sidewalks and bicycle facilities on city streets leading to the transit center and by improving adjacent public	<input checked="" type="checkbox"/> Public transportation costs are consistent, clearly displayed and affordable.	<input type="checkbox"/>
CVBMP (2019)	1.5 Goals and Policies	1.5.2 Mobility and Parking - A.9. Improve pedestrian circulation in the Barrio by completing and widening sidewalks, calming traffic and adding crosswalks (Note: this policy complements Policy 1.5.4.A.2).	<input type="checkbox"/> Public transportation is reliable and frequent, including at night and on weekends and holidays.	<input type="checkbox"/>
CVBMP (2019)	1.5 Goals and Policies	1.5.3 Connectivity - A.1. Develop new, reconnected, or enhanced vehicle, bicycle and pedestrian connections, such as filling in sidewalk gaps, improving bicycle parking, and joining streets that terminate at the railroad corridor.	<input type="checkbox"/> All city areas and services are accessible by public transport, with good connections and well-marked	<input type="checkbox"/>
CAP (2015)	4.8 TDM	K-1: Adopt a citywide transportation demand management (TDM) plan, as described in the General Plan Mobility Element, detailing a mix of strategies to reduce travel demand, specifically of single occupancy vehicles. SANDAG's 2012 "Integrating Transportation Demand Management Into the Planning and Development Process" 42 provides a guide to designing and implementing a TDM plan and will be used as a reference document to develop the city's TDM plan. TDM strategies evaluated in the plan include parking ordinances, subsidized or discounted transit programs, transit marketing and promotion, carsharing, bikesharing, parking pricing, and bike parking. (Short-term)	<input type="checkbox"/> Vehicles are clean, well-maintained, accessible, not overcrowded and have priority seating that is respected.	<input type="checkbox"/>
General Plan (2015)	Land Use/Comm Des	Community Character, Design, and Connectedness - 2-P.48 Enhance walkability on a citywide scale by installing benches and transit shelters and adding landscaping, wayfinding signage, public art, and pedestrian-scaled lighting. Consider ways to improve rail and freeway overpass/ underpass areas, with lighting, sidewalk improvements and public art.	<input checked="" type="checkbox"/> Specialized transportation is available for disabled people.	<input type="checkbox"/>
General Plan (2015)	Land Use/Comm Des	Community Character, Design, and Connectedness - 2-P.72 Enhance the walkability and pedestrian orientation of the Village, including along Carlsbad Village Drive, to enhance the small, beach town atmosphere and improve access to and utilization of transit.	<input type="checkbox"/> Drivers stop at designated stops and beside the curb to facilitate boarding and wait for passengers to be seated before driving off.	<input type="checkbox"/>
General Plan (2015)	Mobility	Goals - 3-G.1 Keep Carlsbad moving with livable streets that provide a safe, balanced, cost-effective, multi-modal transportation system (vehicles, pedestrians, bikes, transit), accommodating the mobility needs of all community members, including children, the elderly and the disabled.	<input type="checkbox"/> Transport stops and stations are conveniently located, accessible, safe, clean, welllit and well-marked, with adequate seating and shelter.	<input type="checkbox"/>
General Plan (2015)	Mobility	Street Typology and Multimodal Levels of Service - 3-P.1 Implement a comprehensive livable streets network. This network, as outlined in Table 3-1 and shown on Figure 3-1, identifies the transportation modes that shall be accommodated, based on street typology, to ensure accessibility of the city's street system to persons of all ages and	<input type="checkbox"/> Complete and accessible information is provided to users about routes, schedules and special needs facilities.	<input type="checkbox"/>
General Plan (2015)	Mobility	Street Design and Connectivity - 3-P.17 Consider innovative design and program solutions to improve the mobility, efficiency, connectivity, and safety of the transportation system. Innovative design solutions include, but are not limited to, traffic calming devices, roundabouts, traffic circles, curb extensions, separated bicycle infrastructure, pedestrian scramble intersections, high visibility pedestrian treatments and infrastructure, and traffic signal coordination. Innovative program solutions include, but are not limited to, webpages with travel demand and traffic signal management information, car and bike share programs, active transportation campaigns, and intergenerational programs around schools to enhance safe routes to schools. Other innovative solutions include bicycle friendly business districts, electric and solar power energy transportation systems, intelligent transportation systems, semi- or full	<input type="checkbox"/> A voluntary transport service is available where public transportation is too limited.	<input type="checkbox"/>
General Plan (2015)	Mobility	Pedestrian and Bicycle Movement - 3-P.24 Update the pedestrian, trails and bicycle master plans, as necessary, to reflect changes in needs, opportunities and priorities.	<input type="checkbox"/> Taxis are accessible and affordable, and drivers are courteous and helpful.	<input type="checkbox"/>
General Plan (2015)	Mobility	Transit - 3-P.35 Partner with other agencies and/or developers to improve transit connectivity within Carlsbad. As part of a comprehensive transportation demand management (TDM) strategy and/or with transit oriented development (TOD), a shuttle system could be established that connects destinations and employment centers like LEGOLAND, hotels, the Village, McClellan-Palomar Airport, business parks, the COASTER and Breeze transit stations, public activity centers (such as senior centers, city hall, libraries, etc.) and key destinations along the coast. The system could incorporate shuttle service in adjacent cities to maximize connectivity.	<input type="checkbox"/> Roads are well-maintained, with covered drains and good lighting.	<input type="checkbox"/>
CVMPDM (2013)	Village Goals & Obj	GOAL 2: Improve the Pedestrian and Vehicular Circulation in the Village Area.	<input type="checkbox"/> Traffic flow is well-regulated.	<input type="checkbox"/>
CVMPDM (2013)	Village Goals & Obj	GOAL 2: Obj. 2.4 – Improve access to North State Street.	<input type="checkbox"/> Roadways are free of obstructions that block drivers' vision.	<input type="checkbox"/>
PMP (2008)	3.1.1 Goals	3.1. Streets and Traffic Control: Goal 2. A City with streets designed to balance vehicular requirements with the needs of all pedestrians including children, the elderly and the disabled. (Street and Traffic Control Goal A.6)	<input type="checkbox"/> Traffic signs and intersections are visible and well-placed.	<input type="checkbox"/>
			<input type="checkbox"/> Driver education and refresher courses are promoted for all drivers.	<input type="checkbox"/>
			<input type="checkbox"/> Parking and drop-off areas are safe, sufficient in number and conveniently located.	<input type="checkbox"/>
			<input type="checkbox"/> Priority parking and drop-off spots for people with special needs are available and respected.	<input type="checkbox"/>

PMP (2008)	3.1.2 Objectives	3.1. Streets and Traffic Control: Objective 2. To design new subdivisions with streets where trees, parkways and traffic calming measures beautify neighborhoods, slow vehicle speeds, maintain on-street parking and encourage residents to
PMP (2008)	3.2.3 Implem. Policies	Policy 5. Provide for handicapped access to and along public sidewalks and along as much of the trail system as feasible. (Alternative Modes Implementing Policy C.5)
BMP (2007)	2.1 Goals/Obj/Policies	Goal 1. A City which promotes, encourages and accommodates a variety of transportation modes as alternatives to the automobile. (Alternative Modes Goal A)

3 - Respect & Social Inclusion		
An age-friendly community listens to its older residents and includes them in activities for all ages.		
PLAN	SECTION	GOAL/OBJECTIVE
PRDMP (2015)	4.3.2 Opp. For Imprv.	Age segments served by existing programming not aligned with community demographics (i.e. too many programs focused on youth in comparison to aging community demographics)
CVR (2009)	The Vision	High Quality Education and Community Services: Support quality, comprehensive education and life-long learning opportunities, provide housing and community services for a changing population, and maintain a high standard for

Checklist Features	As of 3/4/2021
<i>*Checked features are a result plan findings and site observations</i>	
<input type="checkbox"/> Older people are regularly consulted by public, voluntary and commercial services.	<input type="checkbox"/>
<input type="checkbox"/> Services and products to suit varying needs and preferences are provided by public and commercial	<input type="checkbox"/>
<input checked="" type="checkbox"/> Service staff are courteous and helpful.	<input type="checkbox"/>
<input type="checkbox"/> Older people are visible in the media, and are depicted positively and without stereotyping.	<input type="checkbox"/>
<input type="checkbox"/> Community-wide settings, activities and events attract all generations by accommodating age-specific needs and preferences.	<input type="checkbox"/>
<input type="checkbox"/> Older people are specifically included in community activities for "families".	<input type="checkbox"/>
<input type="checkbox"/> Schools provide opportunities to learn about ageing and older people, and involve older people in school	<input type="checkbox"/>
<input type="checkbox"/> Older people are recognized by the community for their past as well as their present contributions.	<input type="checkbox"/>
<input type="checkbox"/> Older people who are less well-off have good access to public, voluntary and private services.	<input type="checkbox"/>

4 - Housing		
An age-friendly community has housing suitable for older adults.		
PLAN	SECTION	GOAL/OBJECTIVE
CVBMP (2019)	1.5 Goals and Policies	1.5.1 Land Use and Community Character - B.1. Encourage a range of housing types, including medium density single-family, two-family and smallscale multi-family development in the Barrio center, and higher density multi-family housing in the perimeter, consistent with the General Plan Land Use Map.
General Plan (2015)	Housing	Preservation - 10-P.7 Provide rehabilitation assistance, loan subsidies, and rebates to lower-income households, special needs households, and senior homeowners to rehabilitate deteriorating homes.
General Plan (2015)	Housing	Housing Opportunities - 10-G.2 New housing developed with diversity of types, prices, tenures, densities, and locations, and in sufficient quantity to meet the demand of anticipated city and regional growth.
General Plan (2015)	Housing	Housing Implementation - 10-G.3 Sufficient new, affordable housing opportunities in all quadrants of the city to meet the needs of current lower and moderate income households and those with special needs, and a fair share proportion of future lower and moderate income households.
General Plan (2015)	Housing	Housing Opportunities - 10-P.15 Pursuant to the Inclusionary Housing Ordinance, require affordability for lower income households of a minimum of 15 percent of all residential ownership and qualifying rental projects. For projects that are required to include 10 or more units affordable to lower income households, at least 10 percent of the lower income units should have three or more bedrooms (lower income senior housing projects exempt).
General Plan (2015)	Housing	Housing Opportunities - 10-P.16 Annually set priorities for future lower-income and special housing needs. The priorities will be set through the annual Consolidated Plan, which is prepared by the Housing and Neighborhood Services Division with assistance from the Planning Division and approved by the City Council. Priority given to the housing needs for lower-income subgroups (i.e., handicapped, seniors, large-family, very-low income) will be utilized for preference in the guidance of new housing constructed by the private sector and for the use of city funds for construction or assistance to
General Plan (2015)	Housing	Program 3.10: Senior Housing - Periodically review the senior housing provisions in Municipal Code Chapter 21.84 to expand housing opportunities for seniors; Work with senior housing developers and non-profit organizations to locate and construct at least 50 units of senior low-income housing between 2013 and 2021.
General Plan (2015)	Housing	Program 3.11: Housing for Persons with Disabilities - Evaluate the use and effectiveness of the reasonable accommodation ordinance through the annual Housing Element Progress Reports; Continue to provide opportunities for the development of affordable housing for seniors and persons with disabilities.
General Plan (2015)	Housing	Fair Housing - 10-P.29 Periodically review city policies, ordinances, and development standards, and modify, as necessary, to accommodate housing for persons with disabilities.
GP Housing (2021)	Goals, Policies, Prog	10-G.1: New housing developed with diversity of types, prices, tenures, densities, and locations, and in sufficient quantity to meet the demand of anticipated city and regional growth and to meet or exceed the city's established Regional Housing Needs Allocation (RHNA).
GP Housing (2021)	Goals, Policies, Prog	10-P.5: Encourage the construction of accessory dwelling units (ADUs).
GP Housing (2021)	Goals, Policies, Prog	10-P.6: Consider new housing construction methods and dwelling unit types that encourage affordability through innovative structures, designs, and materials.
GP Housing (2021)	Goals, Policies, Prog	10-P.7: Encourage distribution of development of affordable housing throughout the city to avoid over concentration in a particular area, excluding areas lacking necessary infrastructure or services.
GP Housing (2021)	Goals, Policies, Prog	10-P.12: Support NCTD efforts to develop a mixeduse residential project near the Carlsbad Village Station.
GP Housing (2021)	Goals, Policies, Prog	Program 1.2: Promote the Development of Accessory Dwelling Units (ADUs)
GP Housing (2021)	Goals, Policies, Prog	Program 1.3: Alternative Housing (e.g. "micro-units")
GP Housing (2021)	Goals, Policies, Prog	Program 1.4: Lot Consolidation (opportunity for additional affordable housing)
GP Housing (2021)	Goals, Policies, Prog	Program 1.5: Flexibility in Development Standards (encourage low- and moderate-income housing)
GP Housing (2021)	Goals, Policies, Prog	Program 1.6: Development Streamlining (assists with housing production)
GP Housing (2021)	Goals, Policies, Prog	Program 1.8: Mixed Use (offers lower-income units)
GP Housing (2021)	Goals, Policies, Prog	10-G.2: Sufficient new, affordable housing opportunities in all quadrants of the city to meet the needs of current lower- and moderate-income households and those with special needs, and a fair share proportion of future lower- and moderate-income households.

Checklist Features	As of 3/4/2021
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*Checked features are a result plan findings and site observations

- Sufficient, affordable housing is available in areas that are safe and close to services and the rest of the community. on how to serve them better.
- Sufficient and affordable home maintenance and support services are available.
- Housing is well-constructed and provides safe and comfortable shelter from the weather.
- Interior spaces and level surfaces allow freedom of movement in all rooms and passageways.
- Home modification options and supplies are available and affordable, and providers understand the needs of older people.
- Public and commercial rental housing is clean, well-maintained and safe.
- Sufficient and affordable housing for frail and disabled older people, with appropriate services, is provided

GP Housing (2021)	Goals, Policies, Prog	10-P.14: Annually reaffirm the priorities for future lower-income and special housing needs. The priorities will be set through the Consolidated Plan process and adopted for a five-year period. Every year the priorities are reviewed by the City Council and modified if deemed necessary. Priority given to the housing needs for lower-income subgroups (i.e., disabled, seniors, large-family, very-low-income) will be used for preference in the guidance of new housing constructed by the private sector and for the use of city funds for construction or assistance to lower-income projects.
GP Housing (2021)	Goals, Policies, Prog	10-P.15 Work with the community to modify or replace Measure E (Growth Management Plan) relative to the residential growth caps and development moratorium to be in compliance with SB 330.
GP Housing (2021)	Goals, Policies, Prog	10-P.16: Address the unmet housing needs of the community through new development and housing that is set aside for lower- and moderate-income households consistent with priorities set by the Housing Services Division, in collaboration with the Planning Division, and as set forth in the city’s Consolidated Plan.
GP Housing (2021)	Goals, Policies, Prog	10-P.17: Encourage the development of an adequate number of housing units suitably sized to meet the needs of lower- and moderate-income larger households.
GP Housing (2021)	Goals, Policies, Prog	10-P.21: Provide equal access to housing by providing a process for individuals with disabilities to make requests for reasonable accommodation in regard to relief from land use, zoning, or building laws, rules, policies, practices, and/or procedures, and to gain preferred access to housing resources owned or managed by the city.
GP Housing (2021)	Goals, Policies, Prog	Program 2.1: Inclusionary Housing Ordinance
GP Housing (2021)	Goals, Policies, Prog	Program 2.4: City-Initiated Development (working with developers to create housing opportunities)
GP Housing (2021)	Goals, Policies, Prog	Program 2.7: Section 8 Housing Choice Vouchers and Similar Housing Cost Offsets
GP Housing (2021)	Goals, Policies, Prog	Program 2.10: Senior Housing (wide variety, financial assistance, extra assistance for low-income and special needs)
GP Housing (2021)	Goals, Policies, Prog	Program 2.11: Housing for Persons with Disabilities
GP Housing (2021)	Goals, Policies, Prog	10-P.24 Monitor the status of assisted housing units and explore options for preserving the units “at risk” of converting to market-rate housing.
GP Housing (2021)	Goals, Policies, Prog	10-P.26: Survey residential areas periodically to identify substandard and deteriorating housing in need of replacement or rehabilitation.
GP Housing (2021)	Goals, Policies, Prog	10-P.27: Provide rehabilitation assistance, loan subsidies, and rebates to lower-income households, special needs households, and senior homeowners to rehabilitate deteriorating homes.
GP Housing (2021)	Goals, Policies, Prog	10-G.4: All Carlsbad housing opportunities (ownership and rental, market rate and assisted) offered in conformance with open housing policies and free of discriminatory practices.
GP Housing (2021)	Goals, Policies, Prog	Program 4.1: Fair Housing Services
GP Housing (2021)	Goals, Policies, Prog	10-G.5: Promote meaningful dialogue, collaboration, and exchange of ideas and information among residents, property owners, and community-based organizations designed to facilitate better access to information on housing opportunities for current and future residents.
GP Housing (2021)	Goals, Policies, Prog	10-P.38: Support efforts that raise awareness of the importance of affordable housing in the community and facilitate a culture of inclusion, compassion, acceptance, and unity.
GP Housing (2021)	Goals, Policies, Prog	10-P.40: Facilitate transparent decision-making processes through public engagement and participation, supported by the development of clear and inclusive outreach materials, and the expanded and innovative use of a variety of public engagement tools.
GP Housing (2021)	Goals, Policies, Prog	10-P.41 Strive to expand opportunities for all members of the public to participate in city governance and decision-making process.
GP Housing (2021)	Goals, Policies, Prog	Program 5.1: Access to Information
GP Housing (2021)	Goals, Policies, Prog	10-G.6: Ensure that land use decisions do not create a disproportionate burden to any neighborhood based on location, income, race, color, national origin, or another demographic feature.
GP Housing (2021)	Goals, Policies, Prog	10.P.45: Promote active living and community health, particularly in multifamily developments.
General Plan (2015)	Land Use/Comm Des	Land Use - 2-G.4 Provide balanced neighborhoods with a variety of housing types and density ranges to meet the diverse demographic, economic and social needs of residents, while ensuring a cohesive urban form with careful regard for compatibility.
CVMPDM (2013)	Village Goals & Obj	GOAL 1: Establish Carlsbad Village as a quality shopping, working and living environment.
CVMPDM (2013)	Village Goals & Obj	GOAL 1: Obj. 1.8 – Increase the number, quality, diversity and affordability of housing units within the Village.

PMP (2008)	3.4.1 Goals	3.4 Residential: Goal 1. A City with neighborhoods that have a sense of community where residents including children, the disabled and the elderly feel safe and comfortable traveling to daily destinations; where homes and trees line the streets; where central gathering places create focal points; and where recreation areas are provided for a variety of age groups. (Residential Land Use Goal A.2)
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5 - Communication & Information		
<i>An age-friendly community helps residents access the information they need.</i>		
PLAN	SECTION	GOAL/OBJECTIVE
General Plan (2015)	Arts/His./Cultr/Edu	Library, Educational and Lifelong Learning Resources - 7-G.6 Promote access to lifelong learning opportunities that align with the learning needs and abilities of all community members.
General Plan (2015)	Arts/His./Cultr/Edu	Library, Educational and Lifelong Learning Resources - 7-G.7 Promote opportunities for higher learning and education, with
General Plan (2015)	Arts/His./Cultr/Edu	Library, Educational and Lifelong Learning Resources - 7-G.8 Ensure the city's library facilities, services and programs are adequate and appropriate to meet the community's needs for education and lifelong learning services, as well as the
City Website (2020)	Webpages	At Your Service, Adults 50+ Webpage, Calendar (can be set for "Seniors"), City TV Channel, Housing (Affordable Housing Map), Senior Commission, Social Media (information page), Connect Carlsbad News Details

Checklist Features	As of 3/4/2021
<i>*Checked features are a result plan findings and site observations</i>	
<input type="checkbox"/> A basic, effective communication system reaches community residents of all ages.	<input type="checkbox"/>
<input type="checkbox"/> Regular and widespread distribution of information is assured and a coordinated, centralized access is provided.	<input type="checkbox"/>
<input type="checkbox"/> Regular information and broadcasts of interest to older people are offered.	<input type="checkbox"/>
<input type="checkbox"/> Oral communication accessible to older people is promoted.	<input type="checkbox"/>
<input type="checkbox"/> People at risk of social isolation get one-to-one information from trusted individuals.	<input type="checkbox"/>
<input type="checkbox"/> Public and commercial services provide friendly, person-to-person service on request.	<input type="checkbox"/>
<input type="checkbox"/> Printed information – including official forms, television captions and text on visual displays – has large lettering and the main ideas are shown by clear headings and bold-	<input type="checkbox"/>
<input checked="" type="checkbox"/> Print and spoken communication uses simple, familiar words in short, straightforward sentences.	<input type="checkbox"/>
<input type="checkbox"/> Telephone answering services give instructions slowly and clearly and tell callers how to repeat the message at any	<input type="checkbox"/>
<input type="checkbox"/> Electronic equipment, such as mobile telephones, radios, televisions, and bank and ticket machines, has large buttons and big lettering.	<input type="checkbox"/>
<input checked="" type="checkbox"/> There is wide public access to computers and the Internet, at no or minimal charge, in public places such as government offices, community centres and libraries.	<input type="checkbox"/>

6 - Civic Participation & Employment		
<i>An age-friendly community provides ways older adults can, if they choose, work for pay, volunteer their skills, and stay actively engaged in community life.</i>		
PLAN	SECTION	GOAL/OBJECTIVE
General Plan (2015)	Arts/His./Cultr/Edu	Arts and Culture - 7-G.5 Enhance cultural and generational diversity and social connections through opportunities for volunteerism and civic engagement; more public gathering places, family-friendly activities, and public art; and more events that connect residents to one another and keep them active in the community.
General Plan (2015)	Arts/His./Cultr/Edu	Arts and Culture - 7-P.17 Promote active community participation in arts and arts education programming through such means as sustained and creative communication initiatives and volunteer opportunities.
CVR (2009)	The Vision	Small Town Feel, Beach Community Character, and Connectedness: Enhance Carlsbad’s defining attributes—its small town feel and beach community character. Build on the city’s culture of civic engagement, volunteerism, and philanthropy.

Checklist Features

As of 3/4/2021

**Checked features are a result plan findings and site observations*

- A range of flexible options for older volunteers is available, with training, recognition, guidance and compensation for personal costs.
- The qualities of older employees are well promoted.
- A range of flexible and appropriately paid opportunities for older people to work is promoted.
- Discrimination on the basis of age alone is forbidden in the hiring, retention, promotion and training of
- Workplaces are adapted to meet the needs of disabled people.
- Self-employment options for older people are promoted and supported.
- Training in post-retirement options is provided for older workers.
- Decision-making bodies in public, private and voluntary sectors encourage and facilitate membership of older

7 - Community Support and Health Services		
An age-friendly community cares for its older adults and also provides ways for them to care for themselves.		
PLAN	SECTION	GOAL/OBJECTIVE
General Plan (2015)	Public Safety	Goals - 6-G.3 Maintain safety services that are responsive to citizens' needs to ensure a safe and secure environment for people and property in the community.

Checklist Features	As of 3/4/2021
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**Checked features are a result plan findings and site observations*

- An adequate range of health and community support services is offered for promoting, maintaining and restoring health.
- Home care services include health and personal care and housekeeping.
- Health and social services are conveniently located and accessible by all means of transport.
- Residential care facilities and designated older people's housing are located close to services and the rest of the community.
- Health and community service facilities are safely constructed and fully accessible.
- Clear and accessible information is provided about health and social services for older people.
- Delivery of services is coordinated and administratively simple.
- All staff are respectful, helpful and trained to serve older people.
- Economic barriers impeding access to health and community support services are minimized.
- Voluntary services by people of all ages are encouraged and supported.
- There are sufficient and accessible burial sites.
- Community emergency planning takes into account the vulnerabilities and capacities of older people.

8 - Social Participation		
<i>In an age-friendly community, there are places for older adults to go for fun, enjoyable activities for them to do, and ways to stay socially connected.</i>		
PLAN	SECTION	GOAL/OBJECTIVE
General Plan (2015)	Arts/His./Cultr/Edu	Historic Resources - 7-G.2 Make Carlsbad's history more visible and accessible to residents and visitors.
General Plan (2015)	Arts/His./Cultr/Edu	Arts and Culture - 7-G.3 Integrate the arts, public art and art education as a vital aspect of community life, with a wide range of facilities and public programs designed to engage the city's diverse audiences as active participants and patrons.
General Plan (2015)	Arts/His./Cultr/Edu	Arts and Culture - 7-P.12 Explore opportunities and funding strategies for developing dedicated arts-oriented gathering places and venues that ensure wide availability and accessibility to arts and arts education opportunities. Where possible, provide interim spaces within other facilities for arts and arts education opportunities.
General Plan (2015)	Land Use/Comm Des	Growth Management and Public Facilities - 2-P.80 Foster development of community gathering spaces and a great public realm, such as by reclaiming portions of wide streets for sidewalks, curb bulb-outs, and small plazas in order to create a more pedestrian-friendly experience and encourage interaction among neighbors.

Checklist Features

As of 3/4/2021

**Checked features are a result plan findings and site observations*

- Venues for events and activities are conveniently located, accessible, well-lit and easily reached by public transport.
- Events are held at times convenient for older people.
- Activities and events can be attended alone or with a companion.
- Activities and attractions are affordable, with no hidden or additional participation costs.
- Good information about activities and events is provided, including details about accessibility of facilities and transportation options for older people.
- A wide variety of activities is offered to appeal to a diverse population of older people.
- Gatherings including older people are held in various local community spots, such as recreation centres, schools, libraries, community centres and parks.
- There is consistent outreach to include people at risk of social isolation.

AGE-FRIENDLY CARLSBAD

Mid-Project Report

March 30, 2021

Carlsbad, California became part of the American Association of Retired Persons (AARP)'s [Livable Communities](#) Network in 2020. In an effort to engage residents and community leaders in increasing livability even further, especially for older adults, the city partnered with The San Diego Foundation, AARP, and Circulate San Diego to better understand residents' perceptions and needs. The following Mid-Project Report is intended to provide insights gleaned from conducting a project survey and collecting additional insights through online input tools, printed questionnaires, and hosting three (3) interactive public workshops in partnership with the Carlsbad Senior Center. This Mid-Project Report was finalized after the third Age Friendly Carlsbad Workshop on March 25.

PART A: **Summary of Survey Findings**

PART B: **Summary of Online Input via Social Pinpoint**

PART C: **Summary of Interactive Community Workshops** (on-going)

PART A: Summary of Survey Findings

What we asked: Respondents were asked to indicate their experiences with the [Domains of Livability](#) using AARP's survey model.

Who took the survey: 635 responses were received between Aug. 10 - Sept. 13, 2020. Seventy-three percent of the respondents were female with nearly one-third of the total respondents residing in the 92008 Zip Code. Zip Codes 92009 and 92011 each contributed 21% of the respondents. Over 83% of respondents reported an annual income of greater than \$50,000. Fifty-seven percent of the respondents have lived in Carlsbad for more than 15 years. The largest percentage of residents (28%) have lived in Carlsbad for 5 to 15 years. The percentage of residents who own the home they live in is 87%.

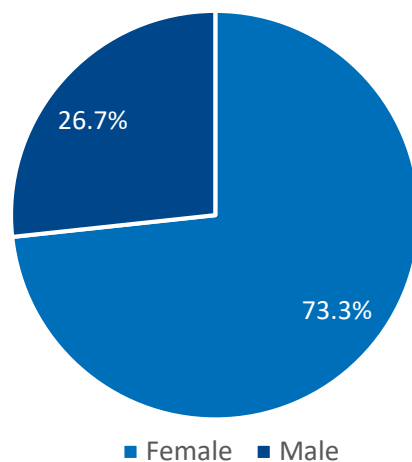


Figure 1 - Gender breakdown of survey participants

Table 1 below illustrates demographic information about survey participants, as well as an overall commuting rating of Carlsbad as a place to live as people age:

	<i>Female</i>	<i>Male</i>			
Gender	73.3%	26.7%			
	<i>92008</i>	<i>92009</i>	<i>92010</i>	<i>92011</i>	<i>Other</i>
Residence Zip Code	33.9%	21.9%	15.1%	22.2%	5.7%
	< \$30,000	\$30-49,999	\$50 – 99,999	>\$100,000	
Socio-Economic Status	7.7%	9.22%	32.4%	49.6%	
	<i>Excellent</i>	<i>Very Good</i>	<i>Good</i>	<i>Fair</i>	<i>Poor</i>
Place to Live	26.8%	36.1%	25.2%	9.7%	2.2%

Table 1 - Survey demographics and insight about aging in Carlsbad

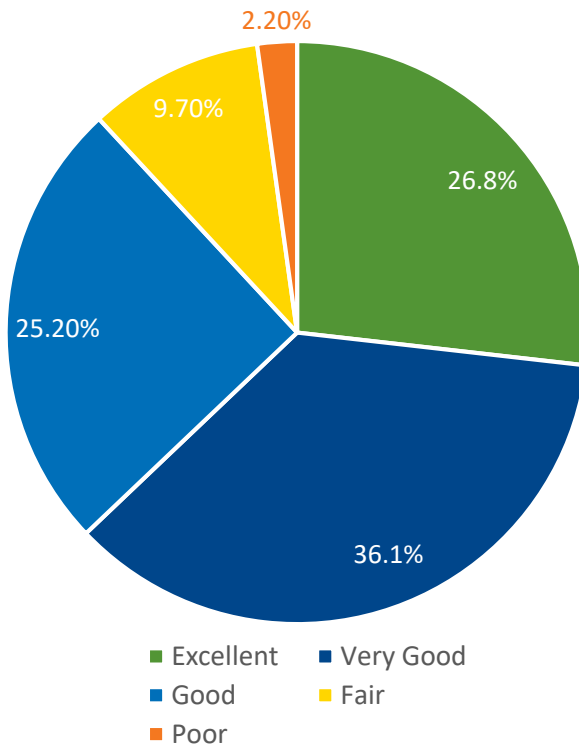


Figure 2 – Carlsbad rated as a place to age



Summary responses from the survey are as follows:

The survey questions were developed by AARP and are based on the [Domains of Livability](#). Typically, there are Eight Domains of Livability, which include Housing, Outdoor Spaces & Buildings, Transportation, Social Participation, Respect & Social Inclusion, Work & Civic Engagement, Communication & Information, and Community and Health Services. Those topics have been included and consolidated into the six topic areas shown below. Key themes from each topic area and a detailed summary from each topic area are listed below. A link to the full survey results can be accessed through the project webpage: Carlsbadca.gov/AgeFriendlyCarlsbad

Detail for each livability domain topic and respondents' perception of their functional ability follows:

Housing Of those surveyed, 65.1% of the respondents live in a single-family house and 86.6% own their home. Most respondents agreed that Carlsbad homes and properties are maintained *very good or excellent* (73.5%) and 95.5% said that it is *very important or extremely important* to be able to live independently in their own home as they age. Respondents considered Carlsbad *fair or good* for housing attributes that include the trustworthiness of modification and repair options (50.4%) and modification affordability (61.3%). However, several housing attributes were noted for receiving many *poor* ratings, including well-maintained, safe low-income housing (36.4%), affordable housing options for adults of varying income levels (28.3%), and having housing options that are built with things like a no-step entrance, wider doorways, and first floor bedrooms and bathrooms (23.7%). In evaluating a respondent's desire to stay in Carlsbad as they age or to move, only 2.3% said that having a larger home is a major factor to stay in Carlsbad and 60.5% said it is a major factor to have a home that helps them live independently, for example, one without stairs.

Key Take-Aways

It is important to residents to have a variety of housing options and feel safe living in their home and community. Additionally, as residents age, there is a high desire to live independently and having access to affordable and accessible housing in Carlsbad.

Outdoor Spaces and Buildings Respondents rated most aspects of this domain *very good or excellent*, including well-maintained parks (67.3%), safe parks (59.5%), and sidewalks that are in good condition, safe for pedestrians, and accessible for wheelchairs or other assistive mobility devices (53.8%). Of the respondents, 53.6% said the quantity of benches for resting in public spaces is *good or fair*. Neighborhood watch programs were rated as *poor or fair* by 43.7% of the respondents.

Key Take-Aways

The current status of public spaces and facilities in Carlsbad is good, as stated by residents, and it is important to keep these public amenities accessible and safe for all. Suggestions for programming were made, especially focused around intergenerational opportunities.



Transportation Most respondents get around Carlsbad by driving themselves (97.7%), followed by walking (38.1%), riding a bike (21.6%), using a ride share company (i.e. Lyft) (19.8%), being driven by others (15.4%), and using public transportation (8.6%). Public transportation received *poor* or *fair* ratings for accessibility and convenience (54.4%), timeliness (47.3%), safety of use for all abilities (44.3%), and affordability (39.6%). Respondents rated aspects of this domain *very good* or *excellent* for easy-to-read traffic signs (61%), well-maintained streets (55.4%), and well-let, accessible, safe streets and intersections for all users (50%). Aspects rated *poor* or *fair* by respondents included having separate pathways for bicyclists and pedestrians (39.6%), offering driver education or refresher courses (39.5%), and offering audio and visual pedestrian crossings (34.1%).

Key Take-Aways

While most residents stated that they rely on driving to get around, areas of improvement include intersections with safe crossings and access to transit. There is also a desire to improve and expand the city's transportation programs for intra-city travel services and education about alternative mode options.

Health and Wellness Many respondents rated the quality of healthcare services as *good*, including having access to healthcare professionals who speak different languages (41.4%), having well-trained certified home health care providers (35.9%), and conveniently located health and social services (34.2%). Carlsbad excelled in this domain with *very good* and *excellent* ratings for having respectful and helpful hospital and clinic staff (60.4%), well-maintained hospitals and health care facilities (57.7%), having a variety of healthcare professionals and specialties (52.6%), and affordable fitness activities geared towards older adults (45%). Respondents provided *poor* or *fair* ratings to affordable home care services for personal care and housekeeping (49.3%) and affordable home health care providers (49.2%).

Key Take-Aways

For Carlsbad residents, or all ages, maintaining or bettering personal health is important. Improvements that residents prioritize include offering affordable healthcare options and having conveniently located health services and resources.

Social and Civic Participation Seventy-one percent of respondents said that the availability of continuing education classes or social clubs to pursue new interests, hobbies, or passions is *good*, *very good*, or *excellent* in Carlsbad. When it comes to diversity of activities, respondents said that Carlsbad is *good* or *fair* at offering activities that involve both younger and older people (61.1%) and a variety of cultural activities for diverse populations (59.4%). Local schools involving older adults in events and activities was rated as *poor* or *fair* by 55.3% of the respondents. When it comes to companionship, respondents *sometimes* or *often* feel a lack of companionship (35.6%), feel isolated from others (28.4%), and feel left out (37.7%). Additionally, 11.7% of residents do not have friends or family that they can call at any time of day or night if they are in trouble. When it comes to employment and training, respondents feel services are mostly *poor* or *fair*. This includes job training opportunities for older adults who want to learn new skills (65.2%), policies that ensure older adults can continue to have equal opportunities to work (64.3%), jobs that adapt to meet the needs of people with disabilities



(62.3%), and having a range of flexible job opportunities for older adults (62.2%). Most respondents said access to volunteering opportunities and participating in decision making bodies is *good, very good, or excellent*. However, 57.1% said that transportation to and from volunteer activities is *poor or fair*.

Key Take-Aways

There is a strong desire for socialization and programming to combat isolation, which has been heightened because for COVID-19. Residents are interested in employment and volunteering opportunities to stay active and involved.

Community Information Respondents in Carlsbad rely heavily on the internet for information and communication at 88.1%. Other primary means of retrieving information include family or friends (90.2%), local senior centers (80.1%), doctor or other health professionals (71.1%), and the library (62.7%). Respondents rated the free access to computers and the internet in public spaces as *very good or excellent* (61.5%). Overall, access to information is well rated but respondents rated community information that is delivered in-person to people who may have difficulty or may not be able to leave their home as *poor or fair* (44.8%).

Key Take-Aways

Carlsbad residents have a high competency with digital information and are able to access community and civic information via the internet and social media. It is recommended to continue working on information accessibility to reach all populations, especially those who are home-bound and non-English speaking.

- * Some of the findings discussed can be categorized into several categories and are not exclusively reviewed based on the category they are shown a part of above.
- ** Demographics indicate that the people who completed the survey (and attended the community workshops) may have been disproportionately well off, English-speaking, highly educated, and physically mobile compared to census data for the general population of those 45 years old and older.



PART B: Summary of Online Input via Social Pinpoint

What we asked: Residents and leaders were encouraged to participate in the online engagement tool, Social Pinpoint, through e-newsletters, Senior Center outreach and meals programs, information from the City Manager e-newsletters, social media, by participating in the Community Conversations, and word of mouth. The Social Pinpoint tool is accessed through the Age-Friendly Carlsbad webpage at Carlsbadca.gov/AgeFriendlyCarlsbad.

Social Pinpoint is an online engagement and input tool that makes it easy for community members and stakeholders to provide comments and feedback in a virtual format. The Social Pinpoint tool was chosen for this project because of the onset of COVID-19 restrictions that prevented large groups gatherings. Typically, in-person community workshops would be hosted at locations around the community to collect input from residents, but this was not an option due to the pandemic. Social Pinpoint provided the opportunity to engage community members in a safe and thoughtful manner, while also providing a format that allows residents and stakeholders to participate at any time, at a convenient pace, and with a preferred language.

Who participated in Social Pinpoint: As of Jan. 14, 2021, **83** comments have been posted to the [Ideas Wall](#) and **24** comments have been posted to the [Mapping Tool](#) through the Social Pinpoint online engagement platform. The online tools launched October 2020 and are currently still available and receiving comments through the [Age-Friendly Carlsbad webpage](#). Paper versions of the online engagement questions were delivered to targeted community locations, and completed forms were collected and inputted into the online platform (these forms have been included in the total counts shown).

Ideas Wall participant comments have been summarized by domains of livability and are described as follows:

Civic Participation & Employment	Communication & Information	Housing	Outdoor Spaces & Buildings	Respect & Social Inclusion	Transportation
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The summaries below are from comments and suggestions provided by residents. In this platform, comments could be “up” or “down” voted by others. It is included below if comments received up and/or down votes by other residents. The average age of the Ideas Wall participants was 59 and a majority reside in the 92008 Zip Code. A topic that was not included as an option but received input was Health and Wellness. A category for this topic has been included below in “Other Topics of Discussion.” Health & Wellness was not included in the Social Pinpoint tool because of the community’s overall satisfaction with this topic, demonstrated by the survey results.

- 1. Civic Participation & Employment** This domain received one comment on the ideas wall. However, when assessing input as a whole with the survey, job access and opportunities is of need/interest. The comment included: *Interest in joining the Civic Academy Training, which stopped when COVID-19 began and is encouraged to restart digitally. (received two up votes)*



Key Ideas

Responses highlighted the importance of working with community partners to provide hybrid programs and activities as virtual and in-person events to help sustain the availability of programs.

- 2. Communication & Information** This topic received a variety of input, related mostly to communication between the city and residents, as well as how programs are performed and operated.

Comments and suggestions about Communication & Information included:

- *Growing the relationship between seniors and Senior Center staff*
- *Appreciation for Twitter feed information as a useful way to get local information (City of Carlsbad, Carlsbad Police, NCTD, and others)*
- *The best source for getting current information and notifications*
- *Where can resources about aging (transportation, home modifications, assisted living, nursing homes, etc.) be found (received one up vote)*
- *The City Manager's notes are well-written and informative (another participant agreed that the City Manager's updates are informative and reliable, but that the social media presence is sparse) (received four up votes)*
- *More updates on the main city website and social media would be helpful*
- *Working with residents to offer programs at the Senior Center*

Key Ideas

Respondents stressed the importance of working to diversify communication strategies to reach all residents and evaluate where improvements can be made to strengthen the information channel between the city and residents.

- 3. Housing** This topic has crossover with other domain topics. Residents highlighted affordability, building form, availability, access, and safety as top concerns when it comes to housing.

Comments and suggestions about affordability:

- *Available housing for seniors on fixed social security and with moderate to low income that are walkable to stores and amenities*
- *Housing in Carlsbad is in demand for people priced out of Orange County*
- *Need low-income housing to live near my daughter because her help is sometimes needed*
- *Create a low-income complex with easy access to the supermarket, affordable retailers, the library, and the post office*
- *More affordable housing options in the Village and other parts of Carlsbad because economic diversity is important*
- *People who work in Carlsbad should have opportunities for housing*
- *Need for affordable housing options and increased security (received one up vote)*
- *Bonds and tax increases make it hard to afford Carlsbad (received three up votes)*



Comments and suggestions about form and availability:

- *More density and taller buildings make Carlsbad less age-friendly and single-family homes are being pushed out (received one up vote)*
- *More choices for housing*
- *Appreciation for the live-work and retail spaces in Carlsbad that increase density, especially close to the train station, but do not go to extensive lengths to change the character (received one up vote)*
- *Ideas for ways to modify a home in case for multi-story homes (received two up votes)*
- *Granny flats would be a good option for independent senior living and the city could help provide more senior housing*
- *Pre-permitted plans for granny flats help with single-family home access, the desire to age-in-place, and to promote home ownership for extended family (received five up votes)*
- *Scarcity of single-story homes; limited options may drive out residents (received two up votes)*
- *More housing developments with one-story or plans with master on first floor*
- *Incentive for developers to include universal designs that work for people of all ages and abilities; virtual resource center with links for remodels and upgrades*
- *People are struggling to find housing as they face age-related limitations; the housing being built is going in the opposite direction with multiple levels/stairs (received five up votes)*

Comments and suggestions about accessibility and safety:

- *More housing developments built with seniors in mind (many developments have stairs)*
- *High-density housing is good close to transit (received three up votes)*
- *Modify city housing plans to require single-story housing and/or multi-story housing with elevators, grab bars, and wider hallways for those with mobility issues (received three up votes)*
- *Housing is not safe because of homelessness and we need a County-wide solution (received four up votes)*

Key Ideas

Respondents stressed the desire for the city to work with community partners in diversifying the housing stock to meet the needs of all income levels and accessibility types. Suggestions were made for any housing decisions to be implemented with an age-friendly lens and to consider additional programming and education about housing topics.

- 4. Outdoor Spaces & Buildings** Themes that residents shared relate most to improving upon existing facilities, as well as areas of concern for access when it comes to open space and buildings.



Comments and suggestions about accessibility and safety:

- *Live near Poinsettia Park, but it's not accessible because of a large slope; this neighborhood has a large population of seniors, but no transportation to get them to the park (received two up votes)*
- *Love that there is such accessibility to the beach and the oceanfront, but have concern for the speed of cars (appreciates the new lighted crosswalks installed)*
- *Large RV park at the beach (Tamarack) obstructs view and takes up multiple car spaces; takes away the opportunity for locals and visitors to access the beach*
- *Eliminate RV parking/camping south of Tamarack; family likes to go but difficult to find parking as people save spots (received three up votes)*
- *Like how recent park projects include walking paths, including Alga Norte and the Veteran's park; safe and pleasant for people of all ages and without tripping hazards (requests to maintain this) (received three up votes)*

Comments and suggestions about activities and facilities:

- *Getting outside and participating in activities keeps you healthy*
- *There are no multi-purpose fields available to rent*
- *More, smaller parks for kids, seniors, and everyone; there are several large-acre parks that you have to drive to (received one up vote)*
- *Like to vary walks between trails and paths, and hilly and flat; paths and trails need to be safe, wide, and include amenities like benches and shade; trails are even more important because of the pandemic (received one up vote)*
- *Please keep the open spaces and trails, it is a huge benefit to living in Carlsbad; would like more emphasis on native plants and trees (received one up vote)*
- *Need a warm water pool, Tri-City Wellness has been closed since March*
- *Please get an Arthritis Foundation Warm Water Pool, also helps with rehab; surprised Carlsbad does not have one (received three up votes)*
- *Pick-up soccer for 50+; it's hard to find space to play since most fields are taken up by youth sports (received one up vote)*
- *More open space to walk and hike; glad we have it already but also want more*
- *Walking the coast is stressful as there are too many users (walkers, joggers, bikers, baby strollers) and not enough space; reduce car traffic and give space back to recreational users (received three up votes)*
- *Need a dog park in the Village (next to the railroad tracks between Grand Avenue and Carlsbad Village)*
- *Outdoor spaces need to be kept clean and sanitary, not just places for homeless*
- *More public art*
- *Nineteen-year struggle for a park in the Ponto area; leaders fought against it and favored a dense development (received one up vote)*
- *Holiday Park does not have a sidewalk that goes all the way around the park (received one up vote)*

Key Ideas

Respondents expressed the desire for the city to maintain and improve the quality of public facilities throughout Carlsbad and evaluate opportunities to increase open space access where there are deficiencies.

- 5. Respect & Social Inclusion** This domain received comments that spoke to physical spaces that provide social and inclusive opportunities, as well as perspectives on how community members interact with each other. Several comments related more to a health and wellness category and those have been included below under “Other Topics of Discussion.”

Comments and suggestions included items specific to the Senior Center:

- *Lack of senior meeting locations in south Carlsbad; could use a large rec room at Stagecoach and there could be meals and a microwave*
- *No place where seniors can go and hang out, people show up to classes at the Senior Center and then leave; nice to have a space to read the paper, chat with others, play cards (received one up vote)*
- *Senior Center lunchtime drive-through is restricted to residents and not age-friendly to all residents*
- *Have space at senior center to sit, enjoy, and socialize*

Comments and suggestions related to social programs:

- *More socialization opportunities for 60+*
- *Pre-COVID, there was a 45+ basketball league in UTC with diverse group and having mature adult sport leagues helps foster community among groups who may otherwise not interact (received five up votes)*
- *Expand on events in the park and library to bring people together (received one up vote)*
- *Have more green spaces to interact and not have to drive to an open space*

Comments and suggestions related to community and interactions:

- *Social inclusion holds people together and respect means no discrimination*
- *Love living in Carlsbad, one of the best places in the country*
- *Want to engage socially and live civilly*
- *Seems that newer Councilmembers are not inclusive of all ages, genders, ethnic groups and this doesn't help create community*
- *Homeless people in the street make me feel less safe with age (received one up vote, one down vote)*
- *People are friendly and out more because of the pandemic, but NextDoor shows bias in Carlsbad, including racism, criminalization of homeless, and neighbors complaining about neighbors; City should encourage diversity and acceptance through community awareness programs (received six up votes, one down vote)*
- *More seating in public spaces would encourage socialization between neighbors*
- *Long way to drive from La Costa to participate in programs; Stagecoach Park could have classes (received one up vote)*

Key Ideas

Respondents would like the city to provide more intergenerational activities that help combat isolation and provide socialization opportunities. Activities could be specific to age and interests, but greater efforts towards increasing community connections between all residents should be a priority.

- 6. Transportation** The key take-aways for the transportation topic were alternative modes of transportation and insufficient infrastructure, as well as the need to a local mobility option to assist with essential trips and parking.

Comments and suggestions that relate to alternate modes of travel (biking, walking, public transit):

- *At 77 years old, rides a bike every day and bike safety improvements are needed*
- *Desperately need more sidewalks and bike paths (near Agua Hedionda Lagoon); the pandemic has caused crowded streets and many areas have no sidewalks*
- *Carlsbad Boulevard (between Tamarack and Pine) is dangerous for pedestrians; many cars blow through intersections (received one up vote)*
- *With aging population, improving bike lanes is not a good use of money*
- *Check the city's Mobility Plan*
- *Some signals are censored for bikes, but not all*
- *Make drivers more aware of bikes through painted bike lanes and physical barriers*
- *Sold my car and now use an ebike and it would be good to have more safe bike paths, places to safely lock bikes, and ebike charging stations (received three up votes)*
- *Would use buses and trains, but they are not clean*
- *Need safer bike lanes in Carlsbad with buffer from traffic, especially in south Carlsbad near Ponto Beach (received four up votes)*
- *Don't feel safe in the bike lanes and need a three-foot buffer, bike crossing buttons, and bike lanes in all areas (received one up vote)*

Comments and suggestions that relate to city-run, rideshare, or voucher transportation:

- *Cannot get anywhere without a car; if public transportation or the city provided ride service that was convenient, may consider not using a car*
- *Love free senior ride service available from the city (received one up vote)*
- *Seniors should be encouraged to use Uber/Lyft as a low-cost option, it is still not affordable for seniors; can the city provide a voucher? (received three up votes)*
- *Consider an intra-Carlsbad shuttle that connects residential areas to shopping, medical areas, and city services, with a minimal fare (received four up votes)*
- *Many people rely on County or insurance-based disabled transportation options*
- *Difficult to get the Kaiser in San Marcos and unsure how to get transportation information/services other than Uber/Lyft for disabled husband (received three up votes)*



Comments and suggestions that relate to parking:

- *Allow easy parking for seniors, want to pull up to a business and walk in; need more parking*
- *Wonderful that Carlsbad has free parking in town and along the beach, but during the summer, RVs should not be allowed to take up multiple spaces received three up votes)*

Key Ideas

Respondents expressed the need for the city to work with community partners to expand the mobility network by increasing awareness and safety strategies around alternative transportation (walking, biking, and public transit). Respondents also want the city to explore opportunities to provide intra-city transportation services and assist with the improvement of transportation accessibility.

Other Topics of Discussion Other topics that residents had comments about that fall outside of the six domain topics included Health & Wellness.

Comments and suggestions about health and wellness included:

- *Caregiver communication network for those aging in place (received one up vote)*
- *Health and wellness should be in every category and is the most important as you age*
- *Senior lunches are very helpful and having fitness classes when COVID-19 is over*
- *Senior lunches have helped me stretch my budget, but I would like to see more produce*
- *Paint lines on tennis courts for pickleball because courts are underutilized and people are trying to live healthier lives; put subsidized golf money into pickleball*

Key Ideas

Respondents would like the city to consider the health and wellness of all residents for all projects and programs. The Senior Center is a valuable community resource, and the services that are provided through this facility should be maintained and evaluated for improvements to help benefit older adults from around the city.

Mapping Tool participant comments have been summarized by the comment type and are described as follows:

**Existing Age-Friendly
Examples in Carlsbad**

Issues & Concerns

Opportunity areas

The summaries below are from comments and suggestions left by residents on the Mapping Tool. In this platform, an interactive map allowed participants to drop a pin at an exact location and leave a comment about that location. These comments could be up or down voted by others. It is included below if comments received up and/or down votes by other residents. Additionally, residents could



comment on others' responses, and those items have been included as a sub-bullet where appropriate. The average age of the Mapping Tool participants was 61 and a majority reside in the 92008 Zip Code.

- 1. Existing Age-Friendly Example in Carlsbad** A resident would select this comment type if they knew of a location/feature in Carlsbad that demonstrates a current example of livability within the City.

Examples of livability in Carlsbad currently include:

- *The Senior Center (received one up vote)*
- *Georgina Cole Library – The library and community garden (received one up vote)*

Key Ideas

Carlsbad hosts current examples of livability, and it is evident that the availability of public open space and facilities contributes greatly to the livability in the community.

- 2. Issues & Concerns** A resident would select this comment type if they wanted to identify a location/feature in Carlsbad where a livability issue or concern exists.

Issue & Concern locations and comments included:

- *Northern Carlsbad Boulevard – Flashing lights are not stopping traffic for walkers crossing Carlsbad Boulevard (received one up vote)*
- *Parking south of Tamarack – Limit RV parking south of Tamarack (received three up votes)*
 - *Yes, RVs take up too much space*
- *Carlsbad State Beach at Lower Seawall – Control traffic on lower seawall to pedestrians; bikers, skateboarders, scooters, and dog walkers who do not read signage (received four up votes)*
- *Walnut Avenue between Roosevelt Street and Madison Street – Getting around without a car is difficult due to very little public transportation (received one up vote)*
- *Walnut Avenue between Roosevelt Street and Madison Street – Village area is conducive to biking but traffic makes it challenging (received one up vote)*
- *Madison Street near Oak Avenue – Need a stop sign or crosswalk because cars drive too fast*
- *Harding Street near Oak Avenue – Need a stop sign or crosswalk because cars drive too fast*
- *Carlsbad Village Drive from the east – Walking to the Village from the east side of the freeway has limited access points; need pedestrian bridge(s) between Tamarack/Village Drive and La Flores/Village Drive so more people could leave their car at home (received three up votes)*
 - *Yes, this area is very dangerous, especially young children (received one up vote)*
- *Carlsbad Village Drive between Pio Pico Drive and I-5 off-ramp – Congested and dangerous are to walk or bike due to bad design; traffic backs up on Carlsbad Village*



Dr both ways (received one up vote)

- *Chestnut Avenue from the high school to the city center – Feel threatened bike riding under the freeway where there are no bike lanes so rides on the sidewalk*
- *Poinsettia Lane on east side near Brigantine Dr – Add sidewalk for safety (received one up vote)*
- *Alicante Road, south of Alga Road – Cars race on roadway, something needs to happen since deaths and crashes have already occurred (received one up vote)*

Key Ideas

Residents are largely concerned with roadway safety and having safe and accessible access to community resources, like the parks and shoreline. Safety improvements should be prioritized at intersections where pedestrians and bicyclists are the most vulnerable.

3. Opportunity Areas A resident would select this comment type if they wanted to identify a location/feature in Carlsbad where there is an opportunity to improve livability.

Opportunity Area locations and comments included:

- *The Village – While there are many senior living facilities close to State St, the businesses downtown include many restaurants and do not support independent living for seniors (received three up votes)*
 - *I agree, while the Village is the most livable place in the city it still needs more resources and an effort not to lose any essential businesses like grocery*
- *Carlsbad Village Drive at the I-5 – Improve the entrance to the Village and make is more bike and walk-friendly (received one up vote)*
- *Georgina Cole Library – More small neighborhood parks for seniors, children, and everyone in between; land around the library has weeds and it could be a community space (received one up vote)*
- *East of I-5 – Build a greenwall to muffle traffic noise and reduce emissions towards Holiday Park (received three up votes)*
- *South of Tamarack Avenue, north of Agua Hedionda – No park within a ½ mile radius; only opportunity to get out is to walk the neighborhood*
- *Outside of the 92008 quadrant – Satellite senior centers at the other three quadrants; seldom go to Pine Street because of distance*
- *La Costa Greens – Residents are unaware of street cleaning schedule; there are always cars parked on the street and as a result, the streets are not cleaned (received one up vote)*

Key Ideas

Opportunities for increasing livability in Carlsbad is narrowly focused on improving facilities for pedestrians and bicyclists, which include parks, pathways, and amenities within walking distance of residences. Improvements are geared for all ages and careful attention is also given to senior living facilities, where older adults may depend more on walkability for recreation and commuting.



PART C: Summary of Interactive Community Workshops

What we asked: Residents and leaders who attended the community workshops in person were provided with background information about the project, a summary of the survey findings, and a brief tutorial about how to use the online input tools. In addition, participants were asked to provide their input about certain domains of livability through live polling and a moderated Q&A discussion.

Who participated in the Community Workshops: 104 residents and leaders attended one (or more) of the workshops, including members of the Senior Commission. Workshop #1 was hosted on Nov. 9, 2020 from 9 a.m. to 10 a.m., Workshop #2 was hosted on Dec. 3, 2020 from 2 p.m. to 3 p.m., and Workshop #3 was held on Mar. 25, 2021 from 3 p.m. to 4 p.m. These workshops were hosted via Zoom webinar and participants' cameras were turned off. Demographic information was not asked of participants.

Combined responses across the Community Workshops are summarized as follows:

Rating of Importance The data gathered from the workshop's live polling and discussion have helped illuminate the Domains of Livability that are of greatest interest and/or priority to the community. This data, in addition to that collected from the survey, Social Pinpoint, and the printed questionnaire, will help structure the domains of livability that will be used for the Carlsbad Age-Friendly Action Plan.

In drawing from the workshop input, five areas of significant community interest have been identified:

Connectivity

Mobility

Intergenerational
Opportunities

Socialization and
Inclusion

Housing

- 1. Connectivity** The interest in increased and/or improved connectivity includes a broad range of sub-topics, including information (to and from residents) and programs that connect residents to their community.

Comments and suggestions about information included:

- *The Senior Center is not the main way seniors get information*
- *Need to consider people who do not have internet access*
- *It is important to consider equity across the board, including offering Spanish at events and in resources*
- *Include information in the Patch and leave paper copies of project and community information at the Library for those without internet*
- *Prevention program – Matter of Balance developed by MaineHealth*
- *I live in senior housing and most of my neighbors do not utilize online tools; many do not have internet access – resources to make it more affordable (ATT offers a reduced cost internet unlimited for \$10/month dependent on income being low; unfortunately, most companies don't have time or energy to assist residents)*
- *I think the communication in Carlsbad is very good*



- *Library programs and communications is excellent; blasts, Facebook page, posts, etc.*
- *Utilize boards and other outlets to elevate conversations about these topics and get resources to people*
- *My new charity non-profit Senior Life Source provides education on aging to all ages through interactive panels with local experts*

Program-related discussion items included:

- *A volunteer fair would be helpful (several attendees agreed with this comment)*
- *Workforce participation is important because people want to be relevant and productive*
- *The Citizen Academy program is a gem in Carlsbad*
- *Pickleball is popular with older folks*
- *Many older folks like to play Pickleball because it's easier on the body than tennis, but there are limited permitted spaces to play*
- *Recruiting older adult volunteers with expertise can help with more programs (other participants agreed with this comment)*
- *There used to be yoga at the senior center and the rates for classes went up when people dropped out. Encinitas was offering classes for only \$3; I hope classes can be offered at lower rates and someone is tracking the ages of people attending*
- *Community gardens are important, farmers market, connections to local and healthy food*
- *The Carlsbad Library has always been the major star to reach out and provide things for seniors to do, especially during COVID-19*

Facility and infrastructure changes to support connectivity and activity included:

- *There should be a Senior Center meeting room in South Carlsbad, Stagecoach Park? South Carlsbad seniors are at a disadvantage for socialization, social inclusion/isolation; traveling to Senior Center in North Carlsbad is a challenge*
- *I might go to the Senior Center if there was a facility in South Carlsbad*
- *There are barriers to entry and access at the Senior Center currently*
- *Homeless shelter needed or expand at La Posada*
- *Bocce Ball Lanes in a park; frequented ones in Encinitas*
- *The closure of the Senior Center during COVID-19 restrictions has been hard on residents; great services to the elder community*
- *Is anyone in the city looking at potentially repurposing some of the industrial/office space that will likely be available even after the Pandemic is over. When I drive around, I see a lot of empty parking lots.*

When participants engaged in the live polling, these results related to connectivity:

- *Ninety-five percent agree or strongly agree that they feel confident in using the internet or other digital tools*
- *Ninety-four percent agree or strongly agree that they would engage with the city online or via their mobile devices if there were more opportunities to do so*



- *Thirty-two percent agree and 42% are undecided when asked if they plan to remain in the workforce beyond any opportunity to retire*

Key Ideas

Workshop participants stressed the need for the city to continue offering information about programs, events, and civic updates via the internet, as well as practicing a range of strategies to reach all of Carlsbad’s residents, regardless of having access to internet. Information should also include social and civic participation opportunities because residents of all ages are valued and should have the opportunity to participate in the community.

2. **Mobility** Themes in this section cover interests in transportation options (walking, biking, public transit) and concerns for improved infrastructure to better accessibility and safety.

Several comments relate to sidewalks and infrastructure:

- *Carlsbad has rustic streets without sidewalks, which pose a risk for older adults*
- *Add bike and pedestrian infrastructure to encourage more activity (recognizes progress the city has made)*
- *The Village is a lovely place to walk*
- *Sidewalk fixes and new sidewalks where needed (chinquapin, power poles broke the sidewalk and patched with blacktop; between Jefferson and the end of the tracks)*
- *We need sidewalks on both sides of the street around Agua Hedionda Lagoon area; this will benefit people of all ages*
- *There should be benches on every block in the Village, seniors can’t walk far without needing to rest and material matters – metal is hot*

Several comments relate to safety:

- *Street safety is a major barrier to walking and biking; white lines don’t protect bikers and having a lack of sidewalks endangers pedestrians*
- *As a pedestrian, crossing the freeway exits/entrances is the scariest task. People do not use the library because of the having to cross at these places*
- *Biking would be great for all ages, but it doesn’t feel safe*
- *More community education on pedestrian safety*
- *Pedestrians can’t be safe on car-dominated streets*
- *Kids wiz by on bikes/scooters and it is dangerous*
- *The recent uptick in electric bikes owned by private citizens has resulted in more safety concerns and a need to expand bike paths and sidewalks*

Participant comments demonstrated a correlation between mobility and housing:

- *Mobility and affordability are the barriers to remaining in Carlsbad*
- *Mobility in Carlsbad is inconsistent with affordable housing because a car is needed to get around most units*



Participants spoke about access to resources, in and around Carlsbad:

- *Many people use the Kaiser in San Marcos and it is challenging to get to*
- *It would be great to have a transportation vehicle that runs all day through the city for people to jump on and off (other participants agreed with this comment)*
- *Need more connectivity between Village and transit center in mall, bus doesn't run on Sundays*
- *Bikeshare being considered?*
- *Ebike use and charging (BCycle comes to Encinitas)*
- *Transportation is extremely important*

When participants engaged in the live polling, these results related to mobility:

- *Fifty-eight percent of the participants said they would select a network company (Uber, Lyft) as an alternative to owning an automobile*
- *Fifty-eight percent said they would select walking as an alternative to owning an automobile*
- *Thirty-eight percent said they would select public transit as an alternative to owning an automobile*
- *Seventy-two percent said convenience and 41% said lack of access when asked about the major barriers to using an alternative transportation mode*
- *Fifty-eight percent are undecided or disagree when asked if current methods of transportation available to them will meet their needs as they age*

**Results were averaged from the questions being asked at both Workshop #1 and Workshop #2*

Key Ideas

Workshop participants noted the need to expand alternative transportation options and educational opportunities to increase awareness of these alternative modes. Mobility is important for recreation and accessing necessary resources, like health facilities. Participants expressed the desire for concerted efforts to think about how residents of all ability types can access local and regional resources in a safe and convenient fashion, and without the need or access to a private vehicle.

3. Intergenerational Opportunities Participants expressed a desire for involvement with youth, as well as thinking about the age-friendliness of Carlsbad in terms of fulfilling the needs of younger generations.

- *Intergenerational programs were not responsive to the requests or opinions of seniors*
- *Have more students involved*
- *Volunteers to spend time talking with seniors at the Senior Center would be nice, as well as volunteers in the computer room*
- *Integrate playgrounds for children with some equipment for older adults to improve strength and mobility*



Key Ideas

Workshop participants expressed the desire for the city to expand the programming and events available to residents of all ages, as well as provide opportunities for intergenerational socialization.

- 4. Socialization and Inclusion** There is a strong desire to stay connected, especially during the COVID-19 era, and combatting isolation. Participants provided comments that provided suggestions for socialization.

Several comments relate to inclusion of all residents and ages:

- *How will the Senior Center become more welcoming and friendly for seniors to enjoy themselves and meet people, similar to a social club?*
- *Our parks are safe places*
- *We need more social inclusion opportunities, not just classes*
- *Diminished human connection seems to be a growing threat to our seniors*
- *The Senior Center has great opportunities, as well as the Carlsbad Newcomers Club and the Carlsbad Women's Club*
- *Not much for men to get involved in*
- *Connect residents from east/west and white/LatinX/black/other*
- *Diversity – embrace and connect*
- *How are you engaging the Barrio residents/LatinX community?*
- *There is a huge difference between being senior at 65 and 85, have a plan to address needs and set goals to serve these groups*

Several comments relate to civic participation and employment:

- *It would be great if there was a part-time employment job bank between the city and the CoC; it's hard to find part-time work*
- *Are rehirement efforts being considered?*
- *An opportunity for part time employment for residents to assist challenged residents who need assistance with internet connecting and knowledge on available programs, such as Great Plates*

When participants engaged in the live polling, these results related to socialization:

- *Forty-eight percent occasionally or rarely feel like they have adequate availability of human connection*

Key Ideas

Workshop participants expressed the desire to maintain and support Senior Center programming while seeking opportunities to expand resources across the city. Programs can be targeted to specific interest and genders to help get all residents involved and socializing with others.

- 5. Housing** This theme looks mostly at housing in terms of affordability and the type of housing available to older adults. Comments include:



- *Would like to see a map of Carlsbad that shows where the affordable housing can be found*
- *Only upscale, large housing units are going in and density increases should require smaller, less expensive options*
- *Keep in mind that many seniors are renters*
- *The strength of congregate living is social connection and the weakness is the loss of freedom, but we can change that and make it a positive experience (crossover with Socialization)*
- *Need washer and dryer in-unit or on the same floor*
- *Will the city provide avenues for people to access affordable housing in Carlsbad?*
- *There are two affordable issues: Landlords don't take Section 8 and the city Section 8 list is closed so no new people can join it*
- *Seniors are told you need to get into affordable units at a certain time person which means you pay rent twice; regulation should be addressed*
- *The team that works at Carlsbad housing is very helpful and kind; they have to stay in the mandated guidelines*

When participants engaged in the live polling, these results* related to housing:

- *Ninety-three percent feel it is very important or extremely important to live independently in their own home as they age*
- *Eighty-two percent feel it is very important or extremely important to remain in Carlsbad as they age*
- *Forty-two percent agree and 32% are undecided when asked if they feel that they have a path to living in Carlsbad for as long as they would like as they age*

**Results were averaged from the questions being asked at both Workshop #1 and Workshop #2*

Key Ideas

Participant expressed the desire for the city to work with community partners to offer a range of housing types that are affordable, safe, and accessible. The city appreciates that residents want to age-in-place in Carlsbad, so finding opportunities to keep residents in Carlsbad should be a priority.

Crossover The categories listed above contain crossover and some of the discussion items relate to multiple themes described. All themes, individual comments, and polls will be collectively reviewed when creating the Carlsbad Age-Friendly Action Plan and do not live exclusively within the theme or event shown above.



NEXT STEPS

The quantitative and qualitative data gathered as part of Baseline Assessment will be used to determine which Domains of Livability are the most relevant for the City of Carlsbad. Suggestions and concerns will be connected to current efforts and resources, as well as efforts that are planned, but have not yet been initiated.

A series of workshops will be conducted in the Spring for residents and stakeholders to provide input. City staff and community partners who are responsible for and/or working on related efforts or activities will be available at the meetings to provide information and opportunities.

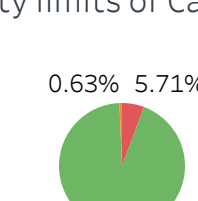
A DRAFT Action Plan will be developed following the Action Planning Sessions and will be circulated for review and input, including public comment.

The FINAL Action Plan will be presented to the City Council for approval and adoption in August 2021.

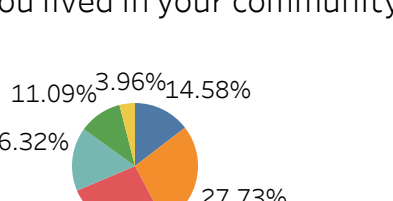


Age-Friendly Community Survey of Carlsbad CA

Do you reside within the city limits of Carlsbad, California?



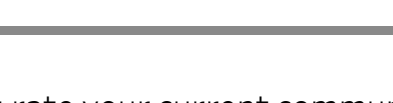
How long have you lived in your community?



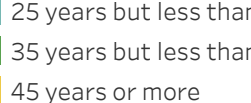
How long have you lived in your current residence?



How would you rate your current community as a place for people to live as they age?



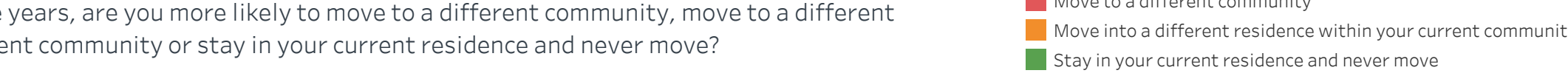
Thinking about your future years, are you more likely to move to a different community, move to a different residence within your current community or stay in your current residence and never move?



Some people find that they need or want to move out of their home as they get older. If you were to consider moving out of your current residence, would the following be a major factor, a minor factor, or not a factor at all in your decision to move?



Some people find that they need or want to move out of their community as they get older. If you were to consider moving out of your current community, would the following be a major factor, a minor factor, or not a factor at all in your decision to move?



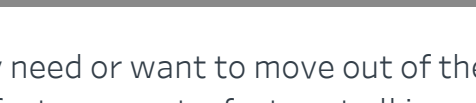
How important is it for you to remain in your current community for as long as possible?



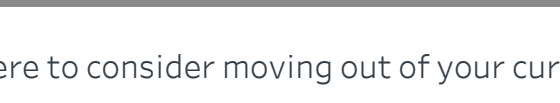
Which of the following types of homes best describes where you currently live?



Do you own or rent your primary home or do you have some other type of living arrangement like living with a family member or friend?



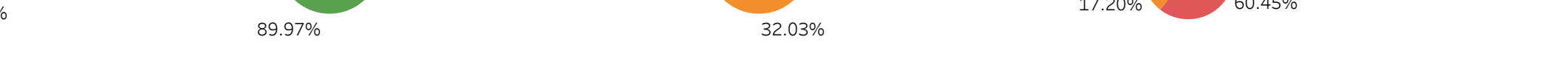
How important is it for you to be able to live independently in your own home as you age?



Some people find that they need to make modifications to their residence to enable them to stay there for as long as possible. Does your current residence need any major repairs, modifications, or changes to enable you to stay there for as long as possible?



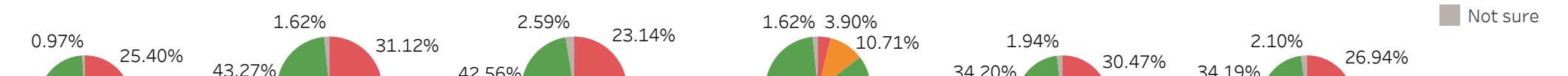
Would you rate your community as excellent, very good, good, fair, or poor on having the following?



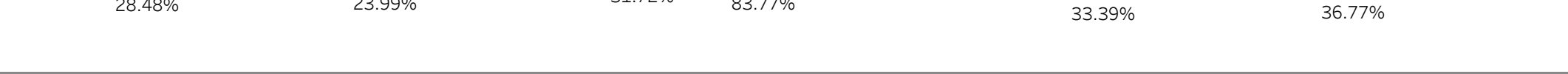
Would you rate your community as excellent, very good, good, fair, or poor on having the following?



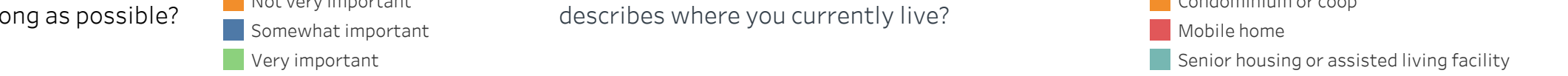
Would you rate your community as excellent, very good, good, fair, or poor on having the following?



How do you usually get around your community for things like shopping, visiting the doctor, running errands, or other things?



Would you rate your community as excellent, very good, good, fair, or poor on having the following?



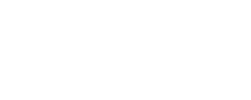
Thinking now about health care professionals in your community, would you rate your community as excellent, very good, good, fair, or poor on having the following?



Thinking about health and wellness services in your community, would you rate your community as excellent, very good, good, fair, or poor on having the following?



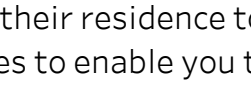
How often do you have contact with family, friends, or neighbors who do not live with you?



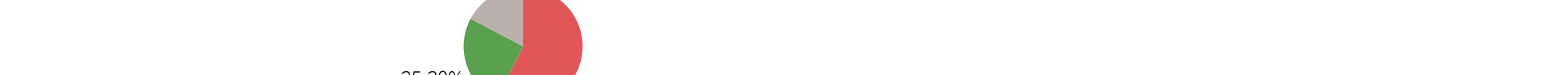
How often do you feel the following?



If you were in trouble, do you have friends or family who can help you at any time of the day or night?



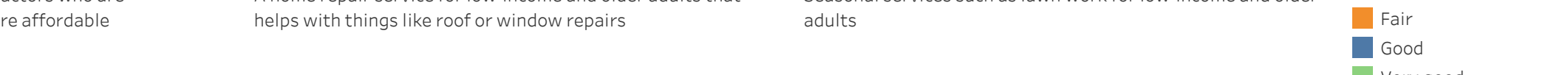
Do you use the following sources for continuing education or self-improvement classes or workshops in your community?



Would you rate your community as excellent, very good, good, fair, or poor on having the following?



Would you rate your community as excellent, very good, good, fair, or poor on having the following?



Which of the following best describes your current employment status?



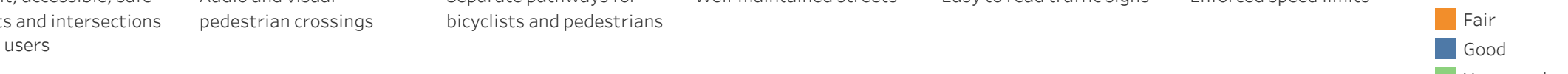
How likely is it that you will continue to work as long as possible, rather than choosing to retire and no longer work for pay?



Would you rate your community as excellent, very good, good, fair, or poor on having the following?



Would you turn to the following resources if you, a family member or friend needed information about services for older adults such as caregiving services, home delivery..



Would you rate your community as excellent, very good, good, fair, or poor on having the following?



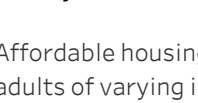
Are you male or female?



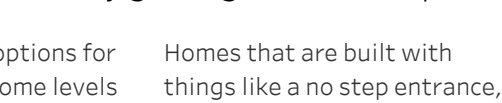
What is your age as of your last birthday?



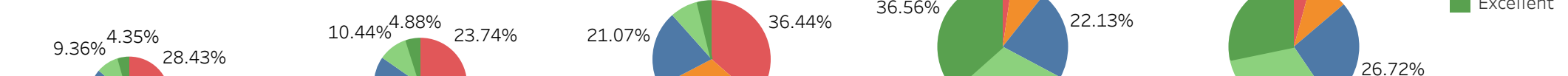
What is your current marital status?



Are you or your spouse or partner currently a member of AARP?



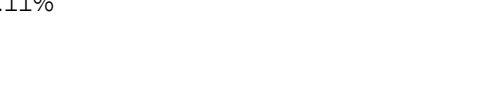
Besides you, do you have any of the following people living in your household?



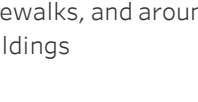
In general how would you rate your health?



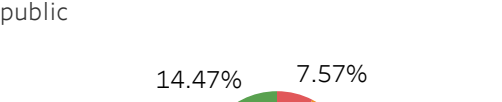
Does any disability, handicap, or chronic disease keep you or your spouse or partner from participating fully in work, school, housework, or other activities?



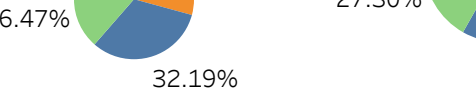
A family caregiver is someone who provides care for an adult loved one who is ill, frail, elderly, or has a physical, mental, or emotional disability. This care may include helping with personal needs like bathing or dressing, meals, household chores, shopping, transportation, managing medical care or finances, or even visiting regularly to see how they are doing. This adult need not live with you. Are you currently a family caregiver providing unpaid care to an adult loved one to help them take care of themselves?



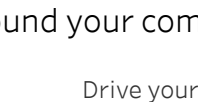
How likely is it that you will provide unpaid care to an adult loved one in the future?



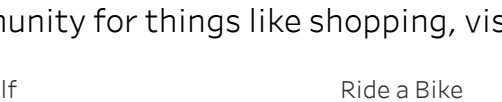
What is the highest level of education that you completed?



Are you of Hispanic, Spanish, or Latino origin or descent?



If you are Hispanic or Latino, please indicate which language best represents the



What is your race?



Thinking about your state elections for Governor and Legislators in the last 10 years, how often would you say you vote?



Do you consider yourself to be a Democrat, a Republican, an Independent, or something else?



What was your annual household income before taxes in 2019?



What is your 5-digit zip code?



Age-Friendly Community Survey of Carlsbad

We would like to find out about your community and what you'll need as you get older to make your community a great place to live. Your views are important and we would greatly appreciate your participation in this survey. All your responses will be kept entirely confidential. This survey will take about 20 minutes to complete.

Your Home and Community

Q1. Do you reside within the city limits of Carlsbad, California?

- Yes
- No
- Not sure

Q1a. What is the name of your community? For some people, this would mean the town or village in which they live, or it could be their neighborhood. For some people, it could be their subdivision or development.

Q2. How long have you lived in your community?

- Less than 5 years
- 5 years but less than 15 years
- 15 years but less than 25 years
- 25 years but less than 35 years
- 35 years but less than 45 years
- 45 years or more

Q3. How long have you lived in your current residence?

- Less than 5 years
- 5 years but less than 15 years
- 15 years but less than 25 years
- 25 years but less than 35 years
- 35 years but less than 45 years
- 45 years or more

Q4. How would you rate your current community as a place for people to live as they age?

- Excellent
- Very good
- Good
- Fair
- Poor

Q5. Thinking about your future years, are you more likely to move to a different community, move to a different residence within your current community or stay in your current residence and never move?

[CHECK ONLY ONE]

- Move to a different community
- Move into a different residence within your current community
- Stay in your current residence and never move

Q6. Some people find that they need or want to move out of their home as they get older. If you were to consider moving out of your current residence, would the following be a major factor, a minor factor, or not a factor at all in your decision to move?

	Major factor	Minor factor	Not a factor	Not sure
a. Wanting a smaller size home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Wanting a larger size home.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. The cost of maintaining your current residence.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Wanting a home that will help you live independently as you age, for example a home without stairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q7. Some people find that they need or want to move out of their community as they get older. If you were to consider moving out of your current community, would the following be a major factor, a minor factor, or not a factor at all in your decision to move?

	Major factor	Minor factor	Not a factor	Not sure
a. Your personal safety or security concerns.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Wanting to move to an area that has better health care facilities.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Wanting to be closer to family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Needing more access to public transportation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Wanting to live in a different climate.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Wanting to live in an area that has a lower cost of living	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Wanting to live in an area with better opportunities for social interaction.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q8. How important is it for you to remain in your current community for as long as possible?

- Extremely important
- Very important
- Somewhat important
- Not very important
- Not at all important

Q9. Which of the following types of homes best describes where you currently live? [CHECK ONLY ONE]

- Single family house
- Two family house that has two separate living units
- Townhouse or row house
- Apartment
- Condominium or coop
- Mobile home
- Senior housing or assisted living facility
- Some other type of living arrangement

Q10. Do you own or rent your primary home or do you have some other type of living arrangement like living with a family member or friend?

- Own
- Rent
- Neither own nor rent but live with adult child or others

Q11. How important is it for you to be able to live independently in your own home as you age?

- Extremely important
- Very important
- Somewhat important
- Not very important
- Not at all important

Q12. Some people find that they need to make modifications to their residence to enable them to stay there for as long as possible. Does your current residence need any major repairs, modifications, or changes to enable you to stay there for as long as possible?

- Yes
- No
- Not sure

Homes, Public Buildings, and Spaces

Q13. Would you rate your community as excellent, very good, good, fair, or poor on having the following?

	Excellent	Very good	Good	Fair	Poor
a. Home modification and repair contractors who are trustworthy, do quality work, and are affordable.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. A home repair service for low-income and older adults that helps with things like roof or window repairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Seasonal services such as lawn work for low-income and older adults	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q14. Would you rate your community as excellent, very good, good, fair, or poor on having the following?

	Excellent	Very good	Good	Fair	Poor
a. Sidewalks that are in good condition, safe for pedestrians, and accessible for wheelchairs or other assistive mobility devices	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Well-lit, accessible, safe streets and intersections for all users	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Audio and visual pedestrian crossings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Separate pathways for bicyclists and pedestrians	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Well-maintained streets	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Easy to read traffic signs.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Enforced speed limits.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q15. Would you rate your community as excellent, very good, good, fair, or poor on having the following?

	Excellent	Very good	Good	Fair	Poor
a. Well-maintained homes and properties	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Affordable housing options for adults of varying income levels such as older active adult communities, assisted living and communities with shared facilities and outdoor spaces.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Homes that are built with things like a no step entrance, wider doorways, and first floor bedrooms and bathrooms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Well-maintained, safe low-income housing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Well-maintained parks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Safe parks.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Public buildings and spaces including restrooms that are accessible to people of different physical abilities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. Enough benches for resting in public areas like parks, along sidewalks, and around public buildings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i. Conveniently located emergency care centers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q15 Continued. Would you rate your community as excellent, very good, good, fair, or poor on having the following?

	Excellent	Very good	Good	Fair	Poor
j. Well-maintained hospitals and health care facilities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k. Neighborhood watch programs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l. Conveniently located public parking lots and areas to park including handicapped parking.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
m. Affordable public parking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Transportation

Q16. How do you usually get around your community for things like shopping, visiting the doctor, running errands, or other things?

	Yes	No
a. Walk	<input type="checkbox"/>	<input type="checkbox"/>
b. Drive yourself	<input type="checkbox"/>	<input type="checkbox"/>
c. Have others drive you	<input type="checkbox"/>	<input type="checkbox"/>
d. Take a taxi	<input type="checkbox"/>	<input type="checkbox"/>
e. Use a ride source company such as Uber or Lyft	<input type="checkbox"/>	<input type="checkbox"/>
f. Use a special transportation service, such as one for seniors or persons with disabilities	<input type="checkbox"/>	<input type="checkbox"/>
g. Use public transportation	<input type="checkbox"/>	<input type="checkbox"/>
h. Ride a bike	<input type="checkbox"/>	<input type="checkbox"/>
i. Some other way	<input type="checkbox"/>	<input type="checkbox"/>
j. I do not get out of the house	<input type="checkbox"/>	<input type="checkbox"/>

Q17. Would you rate your community as excellent, very good, good, fair, or poor on having the following?

	Excellent	Very good	Good	Fair	Poor
a. Accessible and convenient public transportation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Affordable public transportation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Well-maintained public transportation vehicles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Timely public transportation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Safe public transportation stops or areas that are accessible to people of varying physical abilities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Special transportation services for people with disabilities and older adults	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Health and Wellness

Q18. Thinking now about health care professionals in your community, would you rate your community as excellent, very good, good, fair, or poor on having the following?

	Excellent	Very good	Good	Fair	Poor
a. Well-trained certified home health care providers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Affordable home health care providers .	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. A variety of health care professionals including specialists	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Health care professionals who speak different languages	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Respectful and helpful hospital and clinic staff	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q19. Thinking about health and wellness services in your community, would you rate your community as excellent, very good, good, fair, or poor on having the following?

	Excellent	Very good	Good	Fair	Poor
a. Affordable health and wellness programs and classes in areas such as nutrition, smoking cessation, and weight control.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Affordable fitness activities specifically geared towards older adults.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Conveniently located health and social services.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. A service that provides people to help seniors easily find and access health and supportive services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Affordable home care services including personal care and housekeeping.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Easily understandable and helpful local hospital or clinic answering services.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Social Participation, Inclusion and Education Opportunities

Q20. How often do you have contact with family, friends, or neighbors who do not live with you?

- Everyday
- Several times a week, but not everyday
- Once a week
- Once every 2 or 3 weeks
- Once a month
- Less than monthly
- Never

Q21. How often you feel the following?

	Often	Sometimes	Rarely	Never
a. I lack companionship.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. I feel left out.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. I feel isolated from others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q22. If you were in trouble, do you have friends or family who can help you at any time of the day or night?

- Yes
- No

Q23. Do you use the following sources for continuing education or self-improvement classes or workshops in your community?

	Yes	No
a. Department of Parks and Recreation..	<input type="checkbox"/>	<input type="checkbox"/>
b. Faith community.....	<input type="checkbox"/>	<input type="checkbox"/>
c. Local organizations or businesses.....	<input type="checkbox"/>	<input type="checkbox"/>
d. Community center.....	<input type="checkbox"/>	<input type="checkbox"/>
e. Senior center.....	<input type="checkbox"/>	<input type="checkbox"/>
f. Offerings through my work.....	<input type="checkbox"/>	<input type="checkbox"/>
g. Online programs.....	<input type="checkbox"/>	<input type="checkbox"/>
h. Some other source.....	<input type="checkbox"/>	<input type="checkbox"/>
i. I do NOT participate in any continuing education/self-improvement classes...	<input type="checkbox"/>	<input type="checkbox"/>

Q24. Would you rate your community as excellent, very good, good, fair, or poor on having the following?

	Excellent	Very good	Good	Fair	Poor
a. Conveniently located entertainment venues.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Activities geared specifically towards older adults.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Activities that offer senior discounts.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Activities that are affordable to all residents.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Activities that involve both younger and older people.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. A variety of cultural activities for diverse populations.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Local schools that involve older adults in events and activities.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. Continuing education classes or social clubs to pursue new interests, hobbies or passions.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i. Driver education or refresher courses...	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Volunteering and Civic Engagement

Q25. Would you rate your community as excellent, very good, good, fair, or poor on having the following?

	Excellent	Very good	Good	Fair	Poor
a. A range of volunteer activities to choose from	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Volunteer training opportunities to help people perform better in their volunteer roles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Opportunities for older adults to participate in decision making bodies such as community councils or committees.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Easy to find information on available local volunteer opportunities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Transportation to and from volunteer activities for those who need it.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Job Opportunities

Q26. Which of the following best describes your current employment status?

- Self-employed, part-time →GO TO Question 27
- Self-employed, full-time →GO TO Question 27
- Employed, part-time →GO TO Question 27
- Employed, full-time →GO TO Question 27
- Unemployed, but looking for work →GO TO Question 27
- Retired, not working at all →SKIP TO Question 28
- Not in labor force for other reasons →SKIP TO Question 28

Q27. How likely is it that you will continue to work as long as possible, rather than choosing to retire and no longer work for pay?

- Extremely likely
- Very likely
- Somewhat likely
- Not very likely
- Not at all likely
- Not sure

Q28. Would you rate your community as excellent, very good, good, fair, or poor on having the following?

	Excellent	Very good	Good	Fair	Poor
a. A range of flexible job opportunities for older adults	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Job training opportunities for older adults who want to learn new job skills within their job or get training in a different field of work.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Jobs that are adapted to meet the needs of people with disabilities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Policies that ensure older adults can continue to have equal opportunity to work for as long as they want or need to regardless of their age	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Community Information

Q29. Would you turn to the following resources if you, a family member or friend needed information about services for older adults such as caregiving services, home delivered meals, home repair, medical transport, or social activities?

	Yes	No	Not sure
a. Local Senior Centers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Office of Healthy Aging (formerly Dept. of Elderly Affairs)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Family or friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Local nonprofit organizations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. AARP	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Faith-based organizations like churches or synagogues	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Internet.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. Phone book.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i. Your doctor or other health care professional.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j. Local government offices like the Health Department.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k. Library	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l. Some other source.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q30. Would you rate your community as excellent, very good, good, fair, or poor on having the following?

	Excellent	Very good	Good	Fair	Poor
a. Access to community information in one central source	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Clearly displayed printed community information with large lettering	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Free access to computers and the Internet in public places such as the library, senior centers or government buildings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Community information that is delivered in person to people who may have difficulty or may not be able to leave their home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Community information that is available in a number of different languages	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Demographics

D1. Are you male or female?

- Male
- Female

D2. What is your age as of your last birthday? **[AGE IN YEARS]**

D3. What is your current marital status?

- Married
- Not married, living with partner
- Separated
- Divorced
- Widowed
- Never married

D4. Are you or your spouse or partner currently a member of AARP?

- Yes
- No
- Not sure

D5. Besides you, do you have any of the following people living in your household?

- | | Yes | No |
|---|--------------------------|--------------------------|
| a. Child/children under 18 | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Child/children 18 or older | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Child/children away at college | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Parents..... | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Other adult relative or friend 18 or older | <input type="checkbox"/> | <input type="checkbox"/> |

D6. In general, how would you rate your health?

- Excellent
- Very good
- Good
- Fair
- Poor

D7. Does any disability, handicap, or chronic disease keep you or your spouse or partner from participating fully in work, school, housework, or other activities? [CHECK ONLY ONE]

- Yes, myself
- Yes, my spouse or partner
- Yes, both me and my spouse or partner
- No

D8. A family caregiver is someone who provides care for an adult loved one who is ill, frail, elderly, or has a physical, mental, or emotional disability. This care may include helping with personal needs like bathing or dressing, meals, household chores, shopping, transportation, managing medical care or finances, or even visiting regularly to see how they are doing. This adult need not live with you.

Are you currently a family caregiver providing unpaid care to an adult loved one to help them take care of themselves?

- Yes [SKIP TO D10]
- No [GO TO D9]

D9. How likely is it that you will provide unpaid care to an adult loved one in the future?

- Extremely likely
- Very likely
- Somewhat likely
- Not very likely
- Not at all likely

D10. What is the highest level of education that you completed?

- K-12th grade (no diploma)
- High school graduate, GED or equivalent
- Post-high school education/training (no degree)
- 2-year college degree
- 4-year college degree
- Post-graduate study (no degree)
- Graduate or professional degree(s)

D11. Are you of Hispanic, Spanish, or Latino origin or descent?

- Yes →GO TO Question D12
- No →SKIP TO Question D13

D12. If you are Hispanic or Latino, please indicate which language best represents the language you speak at home?

- English
- Spanish
- Do not have a preference

D13. What is your race? [CHECK ALL THAT APPLY]

- Black or African American
- White or Caucasian
- Asian
- American Indian or Alaska Native
- Native Hawaiian or other Pacific Islander
- Other, please specify: _____

D14. Thinking about your state elections for Governor and Legislators in the last 10 years, how often would you say you vote?

- Always
- Most of the time
- About half of the time
- Seldom
- Never

D15. Do you consider yourself to be a Democrat, a Republican, an Independent, or something else?

- Democrat
- Republican
- Independent
- Something else

D16. What was your annual household income before taxes in 2019?

- Less than \$10,000
- \$10,000 to \$19,999
- \$20,000 to \$29,999
- \$30,000 to \$49,999
- \$50,000 to \$74,999
- \$75,000 to \$99,999
- \$100,000 to \$149,999
- \$150,000 or more

D17. What is your 5-digit zip code? _____

D18. Please enter your email, if you'd like to be included in future communications (optional)

**Thank you very much for completing this survey.
Your assistance in providing this information is very much appreciated.**



Encuesta de la comunidad, de AARP de Carlsbad, California

Nos gustaría conocer su comunidad y lo que necesitará a medida que envejece para hacer de su comunidad un excelente lugar para vivir. Sus opiniones son importantes y le agradeceríamos mucho su participación en esta encuesta. Todas sus respuestas serán totalmente confidenciales. Esta encuesta tomará unos 20 minutos para completar.

Su hogar y comunidad

Q1. ¿Resides dentro de los límites de la ciudad de Carlsbad, CA?

- Sí
- No
- No está seguro

Q1a. ¿Cómo se llama su comunidad? Para algunas personas, esto significaría la ciudad o pueblo en el que viven, o podría ser su vecindario. Para algunas personas, podría ser su subdivisión o desarrollo.

Q2. ¿Cuánto tiempo ha vivido en su comunidad?

- Menos de 5 años
- Entre 5 y 14 años
- Entre 15 y 24 años
- Entre 25 y 34 años
- Entre 35 y 44 años
- 45 años o más

Q3. ¿Cuánto tiempo ha vivido en su residencia actual?

- Menos de 5 años
- Entre 5 y 14 años
- Entre 15 y 24 años
- Entre 25 y 34 años
- Entre 35 y 44 años
- 45 años o más

Q4. ¿Cómo calificaría a su comunidad actual como un lugar para que las personas vivan a medida que envejecen?

- Excelente
- Muy buena
- Buena
- Regular
- Mala

Q5. Pensando en sus años futuros, ¿es más probable que se mude a una comunidad diferente, se mude a una residencia diferente dentro de su comunidad actual o se quede en su residencia actual y nunca se mude? [MARQUE SOLO UNA]

- Mudarse a una comunidad diferente
- Mudarse a una residencia diferente dentro de su comunidad actual
- Permanecer en su residencia actual y no mudarse nunca

Q6. Algunas personas descubren que necesitan o desean mudarse de su hogar a medida que envejecen. Si usted considerara mudarse de su residencia actual, ¿sería lo siguiente un factor muy importante, un factor menos importante, o no sería para nada importante en su decisión de mudarse?

	Muy importante	Menos importante	Nada importante	No está seguro
a. Quiere una casa de menor tamaño.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Quiere una casa de mayor tamaño.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. El costo de mantener su residencia actual.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Desea un hogar que lo ayude a vivir independientemente a medida que envejece, por ejemplo, un hogar sin escaleras.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q7. Algunas personas descubren que necesitan o desean mudarse de su comunidad a medida que envejecen. Si considerara mudarse de su comunidad actual, sería lo siguiente un factor muy importante, un factor menos importante, o no sería para nada importante en su decisión de mudarse?

	Muy importante	Menos importante	Nada importante	No está seguro
a. Su seguridad personal o preocupaciones de seguridad	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Querer mudarse a un área que tenga mejores instalaciones de atención médica.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Querer estar más cerca de la familia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Tener más acceso al transporte público	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Querer vivir en un clima diferente	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Querer vivir en un área que tenga un costo de vida menor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Querer vivir en una zona con mejores oportunidades de interacción social	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q8. ¿Qué tan importante es para usted permanecer en su comunidad actual durante el mayor tiempo posible?

- Extremadamente importante
- Muy importante
- Algo importante
- No muy importante
- Nada importante

Q9. ¿Cuál de los siguientes tipos de hogares describe mejor donde vive actualmente? [MARQUE SOLO UNA]

- Una casa unifamiliar
- Una casa de dos familias que tiene dos unidades de vivienda separadas
- Una casa adosada
- Un apartamento
- Un condominio o coop
- Una casa móvil
- Alojamiento para personas mayores o vivienda asistida
- ¿O vive en algún otro tipo de vivienda?

Q10. ¿Es usted propietario o alquila el lugar primario donde vive, o tiene algún otro tipo de modalidad de vivienda, como vivir con un familiar o amigo?

- Soy propietario
- Alquilo
- No es propietario ni alquila. Vive con hijos adultos u otras personas.

Q11. ¿Qué tan importante es para usted poder vivir independientemente en su propio hogar a medida que envejece?

- Extremadamente importante
- Muy importante
- Algo importante
- No es muy importante
- Nada importante

Q12. Algunas personas descubren que necesitan realizar modificaciones en su residencia para poder permanecer allí el mayor tiempo posible. ¿Su residencia actual necesita reparaciones, modificaciones o cambios importantes que le permitan permanecer allí el mayor tiempo posible?

- Sí
- No
- No está seguro

Casas, edificios públicos y espacios

Q13. ¿Calificaría a su comunidad como excelente, muy buena, buena, regular o mala al tener lo siguiente?

	Excelente	Muy buena	Buena	Regular	Mala
a. Contratistas de reparación y modificación de viviendas que son confiables, realizan trabajos de calidad y son asequibles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Un servicio de reparación de viviendas para adultos mayores y de bajos ingresos que ayuda con cosas como reparaciones de techos o ventanas	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Servicios estacionales como mantenimiento del césped para adultos mayores y de bajos ingresos	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q14. ¿Calificaría a su comunidad como excelente, muy buena, buena, regular o mala en tener lo siguiente?

	Excelente	Muy buena	Buena	Regular	Mala
a. Aceras en buen estado, seguras para peatones y accesibles para sillas de ruedas u otros dispositivos de movilidad asistida.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Calles e intersecciones seguras, accesibles y seguras para todos los usuarios	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Cruces peatonales audiovisuales y visuales	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Vías separadas para ciclistas y peatones	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Calles bien mantenidas.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Señales de tráfico fáciles de leer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Límites de velocidad obligatorios.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q15. ¿Calificaría a su comunidad como excelente, muy buena, buena, regular o mala en tener lo siguiente?

	Excelente	Muy buena	Buena	Regular	Mala
a. Viviendas y propiedades bien mantenidas	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Opciones de viviendas asequibles para adultos de distintos niveles de ingresos, como comunidades para adultos mayores activos, centros de vida asistida y comunidades con instalaciones compartidas y espacios al aire libre	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Hogares con entradas sin escalones, puertas más anchas y dormitorios y baños en el primer piso.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Viviendas de bajos ingresos seguras y bien mantenidas.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Parques bien mantenidos	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Parques seguros.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Edificios y espacios públicos con baños accesibles para personas con diferentes capacidades físicas.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- | | | | | | |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| h. Suficientes bancos para descansar en áreas públicas como parques, a lo largo de aceras y alrededor de edificios públicos..... | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| i. Centros de atención de emergencia convenientemente ubicados | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| j. Hospitales y centros de salud bien mantenidos | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| k. Programas de vigilancia vecinal | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| l. Estacionamientos públicos convenientemente ubicados y áreas para estacionar, incluidos los estacionamientos para discapacitados . | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| m. Estacionamiento público asequible | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Transporte

Q16. ¿Cómo suele desplazarse por su comunidad para hacer compras, visitar al médico, hacer mandados y otras cosas?

- | | Sí | No |
|---|--------------------------|--------------------------|
| a. Camina..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Conduce usted mismo | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Otras personas lo llevan | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Toma un taxi | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Usa una empresa de viajes compartidos como Uber o Lyft | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Usa un servicio de transporte especial, como uno para personas mayores o con discapacidades..... | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Usa transporte público | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Monta en bicicleta | <input type="checkbox"/> | <input type="checkbox"/> |
| i. Alguna otra manera | <input type="checkbox"/> | <input type="checkbox"/> |
| j. No sale de la casa | <input type="checkbox"/> | <input type="checkbox"/> |

Q17. ¿Calificaría a su comunidad como excelente, muy buena, buena, regular o mala en tener lo siguiente?

	Excelente	Muy buena	Buena	Regular	Mala
a. Transporte público accesible y conveniente.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Transporte público asequible	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Vehículos de transporte público bien mantenidos	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Transporte público puntual.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Paradas seguras de transporte público o áreas que son accesibles para personas con diferentes capacidades físicas.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Servicios especiales de transporte para personas con discapacidad y adultos mayores	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Salud y bienestar

Q18. Pensando ahora en los profesionales de la salud en su comunidad, ¿calificaría a su comunidad como excelente, muy buena, buena, regular o mala, teniendo en cuenta lo siguiente?

	Excelente	Muy buena	Buena	Regular	Mala
a. Proveedores de atención médica domiciliaria certificados y bien capacitados.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Proveedores de atención médica a domicilio asequibles.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Una variedad de profesionales de la salud que incluye especialistas.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Profesionales de la salud que hablan diferentes idiomas.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Personal hospitalario y clínico respetuoso y servicial	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q19. Pensando ahora en los servicios de salud y bienestar en su comunidad, ¿calificaría a su comunidad como excelente, muy buena, buena, regular o mala, teniendo en cuenta lo siguiente?

	Excelente	Muy buena	Buena	Regular	Mala
a. Programas y clases de salud y bienestar asequibles en áreas como nutrición, dejar de fumar y control de peso	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Actividades de acondicionamiento físico asequibles, dirigidas a adultos mayores	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Servicios sociales y de salud convenientemente ubicados	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Servicios de identificación de recursos de salud y apoyo para adultos mayores	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Servicios asequibles de atención domiciliar que incluyen cuidado personal y servicio de limpieza	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Servicios telefónicos de hospitales y clínicas locales fáciles de entender y serviciales	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Participación social, inclusión y oportunidades educativas

Q20. ¿Con qué frecuencia tiene contacto con familiares, amigos o vecinos que no viven con usted?

- Todos los días
- Varias veces a la semana
- Una vez por semana
- Una vez cada 2 o 3 semanas
- Una vez al mes
- Menos que mensualmente
- Nunca

Q21. ¿Con qué frecuencia siente lo siguiente?

	A menudo	Algunas veces	Casi nunca	Nunca
a. Me falta compañía.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Me siento excluido.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Me siento aislado de los demás.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q22. Si estuviese en problemas, ¿tiene amigos o familiares que pueden ayudarlo en cualquier momento del día o de la noche?

- Sí
 No

Q23. ¿Utiliza los siguientes recursos para la educación continua o las clases o talleres de desarrollo personal en su comunidad?

	Sí	No
a. Departamento de Parques y Recreación	<input type="checkbox"/>	<input type="checkbox"/>
b. Comunidades religiosas.....	<input type="checkbox"/>	<input type="checkbox"/>
c. Organizaciones locales o empresas	<input type="checkbox"/>	<input type="checkbox"/>
d. Centros comunitarios.....	<input type="checkbox"/>	<input type="checkbox"/>
e. Centros para adultos mayores.....	<input type="checkbox"/>	<input type="checkbox"/>
f. Recursos a través de mi trabajo	<input type="checkbox"/>	<input type="checkbox"/>
g. Programas en línea	<input type="checkbox"/>	<input type="checkbox"/>
h. Otros	<input type="checkbox"/>	<input type="checkbox"/>
i. NO participo en ninguna clase de educación continua / desarrollo personal	<input type="checkbox"/>	<input type="checkbox"/>

Q24. ¿Calificaría a su comunidad como excelente, muy buena, buena, regular o mala en tener lo siguiente?

	Excelente	Muy buena	Buena	Regular	Mala
a. Lugares de entretenimiento convenientemente ubicados	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Actividades dirigidas específicamente a adultos mayores.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Actividades que ofrecen descuentos para adultos mayores	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Actividades que son asequibles para todos los residentes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Actividades que involucran tanto a personas jóvenes como a personas mayores	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Una variedad de actividades culturales para poblaciones diversas	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Escuelas locales que involucran a adultos mayores en eventos y actividades	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- | | | | | | |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| h. Clases de educación continua o clubes sociales para seguir nuevos intereses, pasatiempos o pasiones | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| i. Cursos de actualización para conductores | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Voluntariado y compromiso cívico

Q25. ¿Calificaría a su comunidad como excelente, muy buena, buena, regular o mala en tener lo siguiente?

- | | Excelente | Muy buena | Buena | Regular | Mala |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| a. Una gama de actividades voluntarias para elegir | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Capacitación de voluntarios para ayudar a las personas a desempeñarse mejor en sus roles | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Oportunidades para que los adultos mayores participen en organismos de toma de decisiones, como consejos o comités comunitarios | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Información sobre oportunidades locales de voluntariado fácil de encontrar | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Transporte desde y hacia actividades de voluntariado para quienes lo necesiten | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Oportunidades de trabajo

Q26. ¿Cuál de las siguientes opciones describe mejor su situación laboral actual?

- Trabajo por cuenta propia a tiempo parcial → **PASAR A LA pregunta 27**
- Trabajo por cuenta propia a tiempo completo → **PASAR A LA pregunta 27**
- Empleado a tiempo parcial → **PASAR A LA pregunta 27**
- Empleado a tiempo completo → **PASAR A LA pregunta 27**
- Desempleado y en busca de trabajo → **PASAR A LA pregunta 27**
- Jubilado y no trabaja → **PASAR A LA pregunta 28**
- Fuera de la fuerza laboral por otras razones → **PASAR A LA pregunta 28**

Q27. ¿Qué tan probable es que continúe trabajando el mayor tiempo posible, en lugar de optar por jubilarse y ya no trabajar por un salario?

- Extremadamente probable
- Muy probable
- Algo probable
- No muy probable
- Nada probable
- No está seguro

Q28. ¿Calificaría a su comunidad como excelente, muy buena, buena, regular o mala en tener lo siguiente?

	Excelente	Muy buena	Buena	Regular	Mala
a. Una gama de oportunidades de trabajo flexible para adultos mayores	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Oportunidades de capacitación laboral para adultos mayores que desean aprender nuevas habilidades laborales dentro de su trabajo o recibir capacitación en un campo de trabajo diferente	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Trabajos adaptados para satisfacer las necesidades de las personas con discapacidades	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Políticas que aseguren que los adultos mayores puedan seguir teniendo las mismas oportunidades de trabajar durante el tiempo que deseen o necesiten, sin importar su edad	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Información de la comunidad

Q29. ¿Utilizaría los siguientes recursos si usted, un miembro de su familia o un amigo necesitaran información sobre servicios para adultos mayores, como servicios de cuidado, comidas a domicilio, reparaciones en el hogar, transporte médico o actividades sociales?

	Sí	No	No está seguro
a. Centros locales para adultos mayores	<input type="checkbox"/>	<input type="checkbox"/> ₂	<input type="checkbox"/> ₀
b. Agencia de Área Local sobre el Envejecimiento (AAA)	<input type="checkbox"/>	<input type="checkbox"/> ₂	<input type="checkbox"/> ₀

- c. Familia o amigos.....
- d. Organizaciones locales sin fines de lucro
- e. AARP
- f. Organizaciones basadas en la fe como iglesias o sinagogas.....
- g. Internet.....
- h. Directorio telefónico.....
- i. Su médico u otro profesional de la salud
- j. Oficinas del Gobierno local como el Departamento de Salud
- k. Biblioteca
- l. Alguna otra fuente.....

Q30. ¿Calificaría a su comunidad como excelente, muy buena, buena, regular o mala en tener lo siguiente?

	Excelente	Muy buena	Buena	Regular	Mala
a. Acceso a información comunitaria en una fuente central	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Información impresa visible, clara y en letras grandes sobre la comunidad.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Acceso gratuito a computadoras e internet en lugares públicos como bibliotecas, centros para adultos mayores o edificios públicos	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Información comunitaria que se entrega personalmente a quienes tienen problemas de movilidad o no pueden salir de su hogar	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Información de la comunidad disponible en varios idiomas.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Demografía

D1. ¿Es usted hombre o mujer?

- Hombre
- Mujer

D2. ¿Cuál es su edad a partir de su último cumpleaños?
[EDAD EN AÑOS]

D3. ¿Cuál es su estado civil actual?

- Casado
- No casado, vive con su pareja
- Separado
- Divorciado
- Viudo
- Nunca se casó

D4. ¿Es usted o su cónyuge actualmente socio de AARP?

- Sí
- No
- No está seguro

D5. Además de usted, ¿vive alguna de las siguientes personas en su hogar?

- | | Sí | No |
|--|--------------------------|--------------------------|
| a. Hijos menores de 18 años | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Hijos mayores de 18 años | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Hijos que vivan en la universidad | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Sus padres | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Otro pariente adulto o amigo de 18 años o más | <input type="checkbox"/> | <input type="checkbox"/> |

D6. ¿En general diría que su salud es...?

- Excelente
- Muy buena
- Buena
- Regular
- Mala

D7. ¿Alguna discapacidad, incapacidad o enfermedad crónica le impide a usted o a su cónyuge participar plenamente en el trabajo, la escuela, las tareas domésticas u otras actividades? [MARQUE SOLO UNA]

- Sí, a mí
- Sí, a mi cónyuge
- Sí, tanto a mí como a mi cónyuge
- No

D8. Un cuidador familiar es alguien que atiende a un ser querido adulto que está enfermo, frágil, anciano o que tiene una discapacidad física, mental o emocional. Esta atención puede incluir ayuda con necesidades personales como bañarse o vestirse, comer, hacer tareas domésticas, ir de compras, transportarlo, administrar el cuidado de salud o finanzas, o incluso visitarlo regularmente para ver cómo está. Este adulto no necesita vivir con usted.

¿Le brinda usted actualmente atención no remunerada a un ser querido adulto para ayudarlo a cuidarse a sí mismo?

- Sí [PASAR A D10]
- No [PASAR A D9]

D9. ¿Qué tan probable es que proporcione cuidado no pagado a un ser querido adulto en el futuro?

- Extremadamente probable
- Muy probable
- Algo probable
- No muy probable
- Nada probable

D10. ¿Cuál es el nivel más alto de escolaridad que completó?

- K a 12 grado, pero sin diploma
- Graduado de secundaria, GED o equivalente
- Educación postsecundaria, pero sin diploma
- Título de dos años (completo)
- Título de cuatro años (completo)
- Estudios de postgrado, pero sin diploma
- Licenciatura o título profesional

D11. ¿Es de origen o ascendencia hispana, española o latina?

- Sí → PASAR A LA pregunta D12
- No → PASAR A LA pregunta D13

D12. Si usted es hispano o latino, indique cuál de las opciones a continuación representa mejor el idioma que habla en su hogar.

- Inglés
- Español
- No tiene preferencia

D13. ¿Cuál es su raza? [MARQUE TODAS LAS OPCIONES QUE CORRESPONDAN]

- Negra o afronorteamericana
- Blanca o caucásica
- Asiática
- Nativa estadounidense o nativa de Alaska
- Nativa de Hawái o de las islas del Pacífico
- Otra, especificar: _____

D14. Pensando en las elecciones de su estado para gobernador y legisladores en los últimos 10 años, ¿cuál de los siguientes describe mejor su comportamiento de voto? ¿Con qué frecuencia diría que vota?

- Siempre
- La mayor parte del tiempo
- Alrededor de la mitad del tiempo
- Raramente
- Nunca

D15. ¿Se considera usted demócrata, republicano, independiente u otra opción?

- Demócrata
- Republicano
- Independiente
- Otra opción

D16. ¿Cuál fue el ingreso anual de su hogar, antes de pagar impuestos, en el 2018?

- Menos de \$10,000
- \$10,000 a \$19,999
- \$20,000 a \$29,999
- \$30,000 a \$49,999
- \$50,000 a \$74,999
- \$75,000 a \$99,999
- \$100,000 a \$149,999
- \$150,000 o más

D17. ¿Cuál es su código postal de 5 dígitos? _____

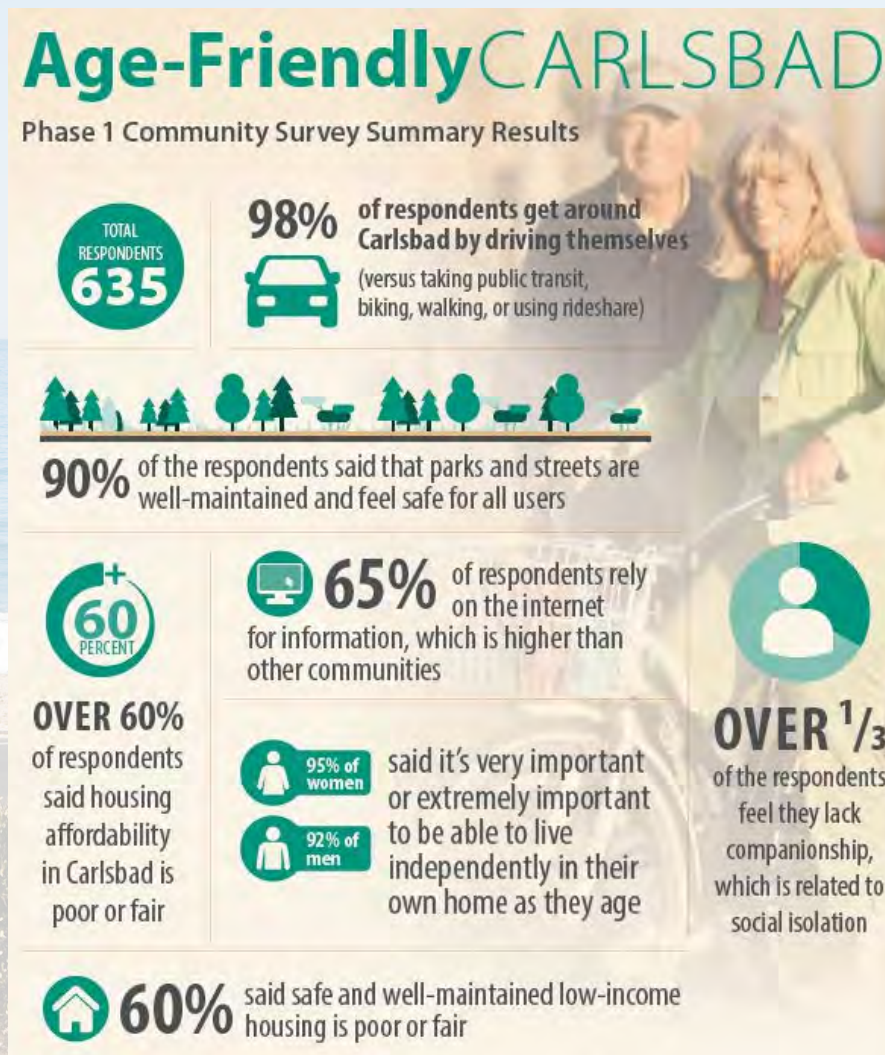
D18. Incluya su correo electrónico si desea ser incluido en futuras comunicaciones, por favor (opcional)

**Muchas gracias por completar esta encuesta.
Le agradecemos por su asistencia para proporcionar esta información.**



This workshop will provide an opportunity for your valuable input and in-depth analysis of the recent resident survey and Age-Friendly Carlsbad Initiative. It will build on the first workshop although Workshop #1 attendance is not required. This is a project through AARP’s Livable Communities Initiative with support from The San Diego Foundation Age-Friendly Communities Program. Key findings from the survey are below and the full list of results can be found on the project website at <https://carlsbadca.gov/agefriendlycarlsbad>.

Key Findings



Age-Friendly CARLSBAD
Phase 1 Community Survey Summary Results

- 635** TOTAL RESPONDENTS
- 98%** of respondents get around Carlsbad by driving themselves (versus taking public transit, biking, walking, or using rideshare)
- 90%** of the respondents said that parks and streets are well-maintained and feel safe for all users
- 60%+** of respondents said housing affordability in Carlsbad is poor or fair
- 65%** of respondents rely on the internet for information, which is higher than other communities
- 95% of women** and **92% of men** said it's very important or extremely important to be able to live independently in their own home as they age
- 60%** said safe and well-maintained low-income housing is poor or fair
- OVER 1/3** of the respondents feel they lack companionship, which is related to social isolation

ZOOM WORKSHOP

Thursday, Dec. 3, 2 p.m.

Register online at:

www.carlsbadconnect.org

More Info:

760-602-4620



Age-Friendly CARLSBAD

Age-Friendly Carlsbad is a project through AARP's Livable Communities Initiative with support from The San Diego Foundation Age-Friendly Communities Program. As the city develops its first Age-Friendly Carlsbad plan, your continued input about the livability in Carlsbad remains vital.

What is a livable community? A well-designed, age-friendly community that fosters economic growth and makes for happier, healthier residents of all ages.

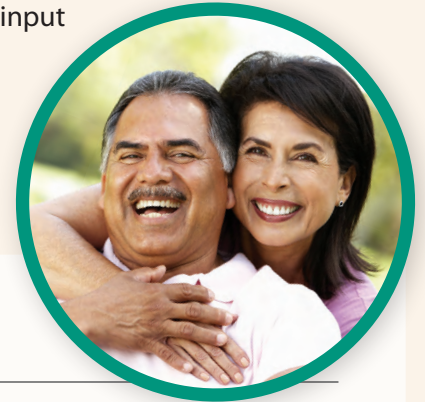
The project recently completed a community input survey, but we still want to hear from you! For Carlsbad residents 45 years or older, share your input in two easy ways.



Fill out this flyer and return it to the Senior Center, 799 Pine Ave.



Go to carlsbadca.gov/AgeFriendlyCarlsbad to provide further feedback



Name _____

Which topic is most important to you when it comes to livability in Carlsbad? (Pick one)

- Outdoor spaces and buildings
- Civic participation and information
- Health and wellness
- Transportation
- Housing
- Respect and social inclusion

Why is the topic you selected above the most important to your livability in Carlsbad?

Are there specific locations or situations that impact livability for you in Carlsbad?

Visit carlsbadca.gov/AgeFriendlyCarlsbad to learn more and provide further input.

Flip the page to see the results of the initial community input survey.

Visit carlsbadca.gov/AgeFriendlyCarlsbad to learn more and provide further input.

Flip the page to see the results of the initial community input survey.



Age-Friendly CARLSBAD

Phase 1 Community Survey Summary Results



98% of respondents get around Carlsbad by driving themselves



(versus taking public transit, biking, walking, or using rideshare)



90% of the respondents said that parks and streets are well-maintained and feel safe for all users



OVER 60% of respondents said housing affordability in Carlsbad is poor or fair



65% of respondents rely on the internet for information, which is higher than other communities



95% of women



92% of men

said it's very important or extremely important to be able to live independently in their own home as they age



OVER 1/3 of the respondents feel they lack companionship, which is related to social isolation



60% said safe and well-maintained low-income housing is poor or fair

**Thank you
for participating!**

Learn more and provide further input at carlsbadca.gov/AgeFriendlyCarlsbad

Comunidades amigables con la edad Carlsbad

Comunidades amigables Carlsbad es un proyecto de la Iniciativa de Comunidades Habitables de AARP con apoyo del Programa de Comunidades Amigables con la Edad de la Fundación San Diego. Su opinión continua sobre la habitabilidad en Carlsbad permanece vital durante el proceso de desarrollo del primer plan Amigable con la Edad de Carlsbad.

¿Qué es una comunidad habitable? Una comunidad bien diseñada, amigable con la edad que promueve el crecimiento económico y fomenta que residentes de todas las edades sean más felices y saludables.

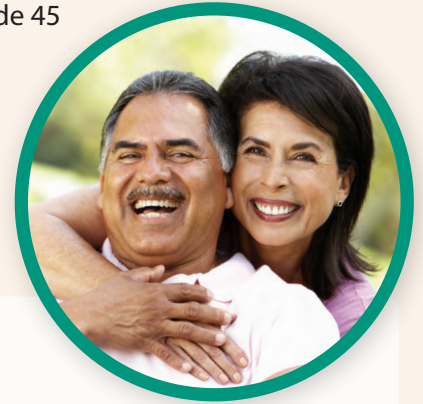
El proyecto recientemente completó una encuesta en la comunidad, pero aún queremos oír de usted. Si es residente de Carlsbad mayor de 45 años, comparta su opinión de dos maneras sencillas:



Llene este folleto y regréselo al Centro de Personas Mayores, 799 Pine Ave.



Visite carlsbadca.gov/AgeFriendlyCarlsbad para darnos su opinión más detalladamente



Nombre _____

¿Qué tópico es el más importante para usted cuando se trata de la habitabilidad de Carlsbad? (Escoja uno)

- Transporte
- Vivienda
- Respeto e inclusión social
- Espacios al aire libre y edificios
- Participación e información civil
- Salud y bienestar

¿Por qué el tópico que escogió arriba es el más importante para usted sobre la habitabilidad de Carlsbad?

¿Existen lugares o situaciones específicas que impactan la habitabilidad de Carlsbad para usted?

Visite carlsbadca.gov/AgeFriendlyCarlsbad para más información y dar su opinión más a fondo. Vea el otro lado de la página para ver los resultados de la primera encuesta de la comunidad.



Comunidades amigables con la edad Carlsbad

Fase 1 – Resumen de los resultados de la encuesta comunitaria



98% de los participantes se mueven en Carlsbad conduciendo sus propios vehículos (en lugar de usar transporte público, bicicleta, caminando, o utilizando servicios viajes compartidos)

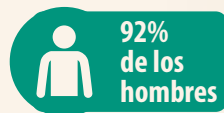


90% de los participantes dijeron que los parques y las calles están bien mantenidas y se sienten seguras para todos los usuarios



Más de 60% de los participantes opinan que el costo de la vivienda en Carlsbad es pobre o justa

65% de los participantes cuentan con el internet para recibir información, lo cual es más alto que en otras comunidades



dijeron que es muy importante o extremadamente importante tener la posibilidad de vivir independientemente en su propio hogar cuando envejezcan



Más de 1/3 de los participantes sienten que les falta compañía, lo cual está relacionado con el aislamiento social



60% dijeron que la vivienda para personas de bajos recursos segura y bien mantenida es pobre o justa

¡Gracias por participar!

Aprenda más sobre este tema y denos su opinión visitando carlsbadca.gov/AgeFriendlyCarlsbad

Seaside Insider

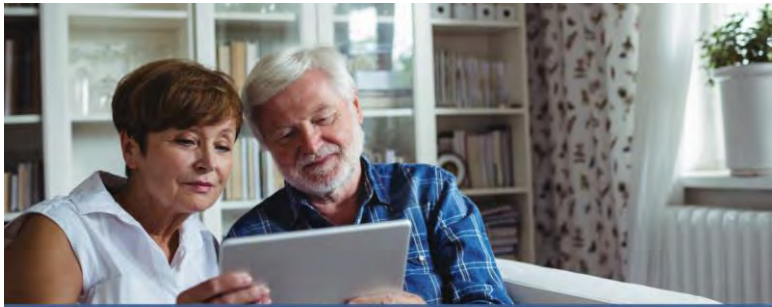


June 2021

Age-Friendly DRAFT Action Plan Review

Thursday, June 3, 2–3 p.m., Free Workshop, Register here: <https://carlsbadca.gov/AFCActionPlanWorkshop>

More information on Page 6



Age-Friendly Carlsbad Zoom workshop - June 3, 2-3 p.m.

Review the draft action plan and provide feedback



LEARN SOMETHING NEW!

UCSD Osher Lifelong Learning

Wednesdays, June 2–30, 9:30–10 a.m., Free

The Carlsbad Senior Center partners with UCSD Osher to offer viewings of recorded lectures. There will be weekly discussions on Zoom where participants can discuss their thoughts on the week's lecture. **Every Friday evening, a link will be sent out to all registered participants to access the week's video.** This month's weekly lecture discussions:

- **June 2:** Voting in the Ancient World
- **June 9:** Balance Problems: Peripheral Neuropathies
- **June 16:** The Prescription and Opioid Epidemic
- **June 23:** The Fascinating Lives of America's First Ladies
- **June 30:** Headaches and Eye Aches: Which Ones Matter

Healthier Living with Chronic Conditions: *Learn to Manage Your Health, Not Let Your Health Manage You*

Mondays, June 7–July 12, 10 a.m.–12:30 p.m.

Nearly 60% of Americans have a chronic health condition such as heart disease, arthritis, diabetes and anxiety among others. Although sometimes it feels like these conditions are taking over your life, the good news is that there are simple things you can do to feel better, improve your quality of life and take control of your health, rather than letting it control you.

Developed by Stanford University, this evidence-based program meets 2½ hours once a week for five weeks, virtually. The classes are fun, highly interactive and focus on support, sharing, skill development and building confidence to manage a chronic health condition. Topics include:

- Problem-solving and weekly goal setting
- Relaxation techniques
- Nutritious eating and appropriate exercise
- Improving communication with doctors, family and friends
- Medication “how-tos”

Program workshops are facilitated by two trained leaders, who have used the program to manage their own health conditions. You must have an internet-connected device (computer, laptop, or tablet) and a working webcam to participate. Register [here](https://www.healthierlivingsd.org/).

For more information, please visit <http://www.healthierlivingsd.org/>, email healthierliving.hhsa@sdcounty.ca.gov, or call (858) 495-5500.

